

Thursday, January 18, 2018

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## Harlow's MP calls for a new hospital to be built in town

### PAH has longest waiting times in England

By Piers Meyler  
[piers.meyler@essexlive.news](mailto:piers.meyler@essexlive.news)

HARLOW MP Robert Halfon has called for the building of a new hospital in the town.

Mr Halfon has argued that capital funding needed to avoid the shocking waiting times that Princess Alexandra Hospital has been blighted by over Christmas.

Former health minister Philip Dunne commended Mr Halfon's consistent campaigning to improve the hospital and referred to his previous visits when he was able to see the difficulties the hospital was facing for himself.

However, Mr Dunne lost his job as minister in the Department of Health the day after he told Robert Halfon in the House of Commons on January 8 that the Princess

Alexandra Hospital Trust, which has put in an application for a significant rebuild, will be considered in the allocation of the next phase of sustainability and transformation plan funding.

Recently published figures have revealed the hospital had the longest A&E waiting times in all of England last month.

Just under a third of people who attended the hospital's A&E department had to wait more than four hours in December before being dealt with.

The experiences of one patient who had to wait 10 hours for an ambulance has been used by Mr Halfon to prove another hospital is needed to avoid the chaotic scenes that have left the hospital languishing at the bottom of the A&E league tables.

A spokeswoman for Princess Alexandra Hospital Trust said the trust's board had been highlighting the need for the existing 1960s building to be replaced for a number of years.

She added: "The Trust Board's priority is to ensure high quality care is provided for our patients, and our staff are committed to this; but they are working in aged infrastructure. We have submitted a strategic outline case for the redevelopment of the hospital that serves the communities of Harlow, West Essex and Hertfordshire, and this is being discussed with NHS Improvement, NHS England and the Department of Health & Social Care."



MP Robert Halfon has called for a new hospital to be built in Harlow after Princess Alexandra reportedly failed to hit its winter targets

'Shocking scenes of patients queuing outside': **Page 4**



## FAMILY'S SHOCK AS BROTHER AND SISTER BOTH HAVE BABIES ON SAME DAY AT HARLOW HOSPITAL

FULL STORY: **PAGE 6**



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## BRIEFING

in this week's paper...



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■ Genesis, 3 High Street, Old Harlow	■ Future Let, 52 Market Street, Old Harlow
■ Kings, Unit 4, Church Langley Way, Harlow	■ Reyland Johnson, 1 Acorn Mews, Harlow
■ Kings, 19 East Gate, Harlow	■ Howick & Brooker, 1 High Street, Old Harlow
■ Geoffrey Matthews, 47 High Street, Old Harlow	■ Belvoir, 40 High Street, Old Harlow

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## THE TOP 10 THINGS TO DO THIS WEEK



High School Musical auditions take place at Harlow Playhouse next week

## MUSICAL DREAM

**COCO: CINEMAS NATIONWIDE, RELEASED FRIDAY, JANUARY 19**  
 Miguel dreams of becoming a huge accomplished musician just like his idol Ernesto de la Cruz.

Yet the only problem is that his family have a ban on music.  
 Will his dreams come true as he makes his way through the Land of the Dead in a mysterious chain of events?

## IT'S PARTY TIME

**30S TO 50S PARTY: CANONS BROOK, FRIDAY, JANUARY 19, FROM 8.30PM UNTIL 1AM**

The popular monthly disco night is back as hosted by Dance Parties Plus. All parties are held in the main clubhouse which is home to a fully stocked bar and has plenty of room for dancing.  
 Be sure to dress to impress - no trainers, T-shirts or ripped jeans are allowed.  
 Admission is priced at £8 online or £10 on the door.  
 To book or for more information call 0800 313 441 or visit www.dance-parties.co.uk

## LUNCHTIME TREAT

**LUNCHTIME CONCERT: ST JOHN'S ARC COMMUNITY ARTS & RECREATION CENTRE, OLD HARLOW, FRIDAY, JANUARY 19, FROM 12.45PM**  
 Come along for a delicious light lunch and stunning music from pianist Waka Hasegawa.

Lunch is priced at £5 and includes artisan bread from Mayfields Bakery and a free glass of wine or hot beverage.  
 Food is served from 12.45pm ahead of the concert starting at 1.30pm. Donations are welcome at the end.  
 For more information call 01279 442447.



Coco is now showing in cinemas

Photo: DISNEY/PIXAR

## POPULAR PANTO

**ROBINSON CRUSOE AND THE PIRATES: LITTLE HADHAM VILLAGE HALL, STARTS ON FRIDAY, JANUARY 19, AT 7.30PM**

Get ready to sail the seas in this show presented by the Little Hadham pantomime group.  
 Robinson Crusoe and the Pirates is directed by Sue Wetherall.  
 Some performances have already sold out, so be sure to get your tickets soon to avoid disappointment.  
 Performances on January 19, 20, 21, 25, 26, 27 and 28.  
 Adult tickets are priced at £16.50 and £10 for children - plus booking fee.  
 Tickets can be bought by visiting www.ticketsource.co.uk/lhpg or calling the box office on 07764 192133.

## CHARITY CONCERT

**PIANO AND GUITAR RECITAL: ST MICHAEL'S CHURCH, WINDHILL, BISHOP'S STORTFORD, FRIDAY, JANUARY 19, AT 7.30PM**  
 Enjoy live music from former BBC Young Musician winner Lara Melda and guitarist Richard Burrell.  
 It's all for a good cause with proceeds going towards Grove Cottage.  
 Adult tickets are priced at £10 on the

Of course, there will also be plenty of fun and games for the whole family. To book a space on one of the free workshops, visit [www.petsathome.com/workshops](http://www.petsathome.com/workshops)

## GET JAMMING

**FAMILY JAM! PERCUSSION: SAFFRON HALL, SAFFRON WALDEN, SUNDAY, JANUARY 21, AT 11AM AND 2PM**

A fun and interactive workshop where the whole family can shake, rattle, crash and jangle.

It is led by Colin Currie - the man they call "the world's most daring percussionist".

Tickets are priced at £10 and can be bought by calling the box office on 0845 548 7650 or by visiting [www.saffronhall.com](http://www.saffronhall.com)

## THAT'S THE SPIRIT

**CLAIRVOYANT NIGHT: ROSEY LEA, WICKHAM HALL, BISHOP'S STORTFORD, MONDAY, JANUARY 22, FROM 7PM UNTIL 10PM**

Head along to an evening with spiritualist medium Ronnie Buckingham.

Tickets are priced at £30 per person.

## AIMING HIGH

**HIGH SCHOOL MUSICAL AUDITIONS: HARLOW PLAYHOUSE, MONDAY, JANUARY 22, FROM 5PM UNTIL 7PM**

The smash hit Disney musical is coming to town - and you could be in it.

There's no need to prepare beforehand, just come with your dancing feet! You will be taught an excerpt of a song, a short dance routine and asked to read a short piece of dialogue.

Children aged eight to 12 years old will audition between 5pm and 6pm, and teenagers and young adults between 13 and 21 years old from 6pm.

Another audition day will also be held at the start of February.

door and are £5 for students.

## MOCK AND ROLL

**CROCODILE MOCK: THE ELTON JOHN TRIBUTE: THE RHODES ARTS**

**COMPLEX, BISHOP'S STORTFORD, SATURDAY, JANUARY 20, AT 8PM**

There's still a chance for you to snap up tickets to see an eight-piece band recreate Elton John's best hits.

You can expect an energetic evening with plenty of singing and dancing to the likes of Your Song, Rocket Man and of course, Crocodile Rock.

Tickets are priced at £18.

To book call the box office on 01279

710200 or visit [www.rhodesbishopsstortford.org.uk](http://www.rhodesbishopsstortford.org.uk)

## FLYING FRIENDS

**WILD BIRD WORKSHOP: PETS AT HOME, ST JAMES CENTRE, HARLOW, SATURDAY, JANUARY 20, AND SUNDAY, JANUARY 21**

The popular store will be hosting a series of My Pet Pals Wild Bird workshops that aim to educate the next generation of animal lovers on how to care for our flying friends. Workshops will cover what to feed birds, how they survive in winter months and how human behaviour affects wildlife.



# Jobs boost in work to create science hub



An artist's impression of Public Health England's new Harlow science hub

£400 million campus project will offer 'significant opportunities'

By James Gregory  
james.gregory@essexlive.news

A SCIENCE hub which was approved by Harlow Council last month is set to create thousands of jobs for the town.

Bosses at Public Health England have revealed that work on their £400m science hub, located on Coldharbour Road, will start next month after the health agency agreed contracts with three leading construction firms.

PHE claim that the appointment of the three contractors to carry out the construction of the site will be a huge boost to local employment, particularly with the selection of local firm VolkerFitzPatrick, whose main office is in neighbouring Hoddeston.

PHE Harlow, as the campus will be known, is expected to employ up to 2,750 people by 2024, with scope for further expansion.

The project will see new laboratories and

## Who is working on which lot?

■ **Lot 1** – New build of specialist bioscience laboratory building – Kier Group  
■ **Lot 2** – Refurbishment of main building, including laboratories and offices –

Wates Construction  
■ **Lot 3** – Arrivals, administration and logistics buildings – Wates Construction  
■ **Lot 4** – Site-wide infrastructure, external

works and energy centre – VolkerFitzPatrick (Royal VolkerWessels)  
■ To view PHE's application for more details, visit <https://planningonline.harlow.gov.uk/>

office areas built and refurbishment of existing ones, construction of a new arrivals area and logistics centre and development of its site-wide infrastructure including car parking.

Richard Gleave, PHE deputy chief executive, said: "PHE is delighted to have secured three of the leading construction companies in the UK to deliver what will be a world-leading national and international resource."

"Much of the work to create PHE Harlow is highly specialised so it's especially pleas-

ing to have secured three of the best companies in their fields to deliver that work.

"This is yet another milestone for PHE and we can now look forward to the chosen contractors coming on board and bringing their considerable wealth of experience and skills to our programme."

## Significant

"We are also delighted at the very significant opportunities that the construction of PHE Harlow will offer in the surrounding area."

It is expected to be PHE's most important UK hub after it was picked out of a shortlist of ten other potential sites. Facilities from Porton in Wiltshire and Colindale in north London, as well as PHE's central London headquarters, will be relocated to Harlow.

Councillors sitting on the development management committee were unanimous in their decision to approve the plans for the new centre on December 13.

Speaking after the meeting, Councillor Maggie Hulcoop, vice-chair of Harlow Council, said: "This is major for the town."

"PHE has been so dedicated to help us – the benefits for the young people in terms of apprenticeships and jobs will be great. Everyone is winning and this is not a short-term commitment but a long-term one. The town is changing from an industrial one to a digital and scientific one – it is reborn."



Mr Kelly choked on his Burger King meal

## Pensioner's choking death was 'accidental'

A PENSIONER from Harlow with dementia died after choking on a Burger King meal despite warnings from his carers, an inquest heard.

Graham Kelly, 79, choked on food that was too big for him after buying a meal from Burger King.

An inquest into his death was held on Tuesday (January 16).

The pensioner was living in a sheltered accommodation at the time of his death and was supposed to eat only soft foods due to his ailments.

On October 11, 2017, the pensioner went shopping with a carer where he bought a meal from Burger King.

## Pieces

He got home at around 1.30pm and his carer prepared his meal by cutting it into little pieces.

The carer warned him that he should be having soft food only.

When the carers returned, they found him unresponsive.

They attempted to do CPR on him and the paramedics were called but he was pronounced dead at 4.23pm the same day.

A post-mortem was carried out on October 18 at Princes Alexandra Hospital in Harlow where his cause of death was confirmed as choking due to larynx obstruction.

The examination also picked out the pensioner's heart disease as a contributing factor to his death.

Senior coroner, Caroline Beasley-Murray, recorded that Mr Kelly's was an accident.

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The picture, posted on Facebook, is allegedly of a nurse at Princess Alexandra Hospital allegedly booking a holiday while patients wait

## A&E nurse looking at holiday site goes viral

A NURSE was pictured apparently booking a holiday by an angry patient at Princess Alexandra Hospital – who said they were waiting for more than five hours to be seen.

The picture, which was posted on the Spotted in Harlow Facebook group, was accompanied with an anonymous post attacking the nurse who was working at the A&E department.

The poster wrote: "Been in A&E for five hours... Meanwhile the nurse is booking her holidays."

The picture shows the back of a nurse, who is on the phone while looking at what appears to be pictures of a holiday resort.

### Break

Despite the annoyance of the patient, many came to the defence of the hospital worker, saying that nurses deserve a break.

One person said: "With the hours they do, it might be the only chance she gets."

Another said: "They work hard, they deserve a break."

The Princess Alexandra Hospital Trust (PAHT) has been notified.

A spokesperson for PAHT said: "The trust was made aware of this issue immediately and can confirm the individual pictured in the photograph is being managed accordingly."

Figures reveal Princess Alexandra had longest A&E wait in England

# Long queues prove need for new hospital MP tells Government



Harlow MP Robert Halfon has called for a new hospital following reports of long waiting times at Princess Alexandra Hospital over the Christmas period

By Piers Meyler  
piers.meyler@essexlive.news

SHOCKING scenes of patients queuing for hours outside Princess Alexandra Hospital (PAH) A&E department has proved the need for a new hospital, the MP representing the town has told the Government.

However, Philip Dunne lost his job as minister in the department of health the day after he told Robert Halfon in the House of Commons on January 8 that the Princess Alexandra Hospital Trust, which has put in an application for a significant rebuild, will be considered in the allocation of the next phase of sustainability and transformation plan funding.

Mr Halfon has argued that capital funding is vital to avoid the

shocking waiting times that Princess Alexandra Hospital has been blighted by over Christmas.

New figures have revealed the hospital had the longest A&E waiting times in all of England last month.

Just under a third of people who attended the hospital's A&E department had to wait more than four hours in December before being dealt with.

The experiences of one patient who had to wait 10 hours for an ambulance has been used by Mr Halfon to prove another hospital is needed to avoid the chaotic scenes that have left the hospital languishing at the bottom of the A&E league tables.

In response, Mr Dunne commended the Harlow MP's consistent campaigning to improve the hospital and referred to his pre-

vious visits where he was able to see the difficulties the hospital was facing for himself.

The minister also acknowledged PAH's application for this project and promised it would be considered in the Health Department's next round of hospital funding.

He was removed by Theresa May the next day in her reshuffle.

Commenting on his campaign, Mr Halfon said: "I'm very pleased that the Government gave Princess Alexandra Hospital an additional £2.7 million from the Winter Funding Boost to help nurses, doctors and staff cope with winter pressures over Christmas. However, capital funding for a new hospital is vital.

"The doctors, nurses, management team and support staff at the

Princess Alexandra Hospital work so hard, every single day, but their working lives are made so much harder by the hospital's deteriorating facilities and infrastructure.

### Healthcare

"I will continue to work hard and campaign on this issue until healthcare services in Harlow are brought into the 21st Century."

Only 67.3 per cent of the patients who attended A&E at PAH in December were admitted, discharged, or transferred within four hours. The trust's target is to see 95 per cent of patients wait less than four hours.

December was the worst month ever for all A&E departments across England, not just in Harlow, with 14.9 per cent of patients in England having to wait four

hours to be seen.

This is the worst monthly performance since records began in August 2010.

The number of people waiting more than four hours topped 300,000 for the first time as well, the equivalent of one in seven people attending A&E.

This was an increase of 11.9 per cent compared to 268,818 in December 2016.

A spokeswoman for Princess Alexandra Hospital Trust said: "The Trust Board at Princess Alexandra Hospital Trust (PAHT) has, for a while, been highlighting the need for a new hospital to replace the 1960s buildings. The Trust Board's priority is to ensure high quality care is provided for our patients, and our staff are committed to this; but they are working in aged infrastructure."

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# Husband and wife stabbed in attack

Couple's terrifying ordeal on South African holiday

By **Hannah Kane**

[hannah.kane@essexlive.news](mailto:hannah.kane@essexlive.news)

A HUSBAND and wife from Harlow have been stabbed in a vicious attack while in South Africa.

Yvonne Cormack, 67, and husband Don, 71, were part of a group of nine walking near Table Mountain in Cape Town when they were attacked by two men.

The men pretended to be part of the group for about 30 minutes before brandishing knives and demanding they hand their belongings over, the Mirror Online reports.

The couple resisted and were then stabbed and had their heads

smashed with rocks.

Yvonne was stabbed in the arm and back of her head, while Don suffered nine stab wounds and remains in hospital.

Yvonne bravely attacked one of the robbers with a stick while trying to save her husband.

She said: "We were walking and the guys came running at us with knives.

"They first attacked one of the women, who was standing on a rock taking photos.

"Then they told us to throw our phones and bags to the ground.

"Next they started attacking my husband Don, who they stabbed nine times all over his



Yvonne and Don Cormack were robbed while on a walking holiday in South Africa

body.

"I took a stick and started hitting at the robber then he started stabbing me too. He stabbed me in my arm and back of my head.

"We are lucky to be alive. I won't forget that knife coming at me and cutting into my skin."

The couple were brutally attacked on Saturday (January 13), as they were hiking in the

Silvermine Nature Reserve.

Another hiker is in a critical condition in hospital after he was struck on the head with a rock when he tried to make a phone call for help.

The robbers fled after taking the bags and phones of their victims.

Don is still recovering from his wounds after being airlifted to

hospital.

The hikers were saved when another group with a doctor among them arrived at the scene by chance.

There have been at least eight muggings or attempted muggings of hikers and cyclists reported so far this year.

The South African National Parks (SANParks) authority,

which runs the National Park, has now stepped up patrols.

SANParks spokesperson Merle Collins said: "Given the extent and remoteness of the park, it is a challenge to have a presence everywhere at all times.

"Our team is deeply concerned about any incidents and we request that hikers please save our emergency number."

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Picture for illustration purposes only.



# Supermarket is sealed off by police to investigate burglary

A SUPERMARKET in Old Harlow was sealed off after a reported burglary at the premises.

Police investigators spent much of Friday (January 12), at the Co-op shop in High Street which was targeted overnight.

## Sign

It is not known if anything was taken at the store, although there does not appear to be any sign of forced entry from the outside.

The alarm was heard going off throughout the morning.

It was in November that another Harlow shopping area

was branded an 'easy target' for thieves after a ram raid burglary.

Four men carried out a raid on the Premier store, in The Stow, at about 4am on Monday, November 20.

The assailants, who hid their faces and wore dark clothing, were seen removing the free-standing ATM after using a stolen green Land Rover to smash into the shop's window.

Footage captured by a resident shows the group dragging and shoving the cash machine into the boot of a dark-coloured Ford Focus.

Essex Police have been approached for comment.



There was a large police presence outside the shop

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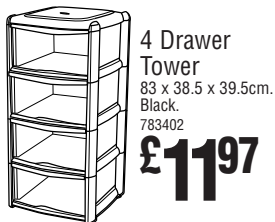
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The cousins were born on the same day in rooms next door to each other in hospital

# Siblings have their babies on same day

## ...and next door to each other in hospital

By Piers Meyler  
piers.meyler@esssexlive.news

HOSPITAL staff have been left flabbergasted after two siblings became parents for the first time on exactly the same day – in hospital rooms next door to each other.

The unlikely turn of events has left parents Mike, Sophie, Lauren and Frank delighted after becoming parents to two baby girls – cousins to one another – after the double birth at Harlow's Princess Alexandra hospital on Saturday (January 13).

It was Frank Jones' wife Lauren's due date when they went into the maternity unit for the birth of their daughter, Reeva.

But then, to his shock, he saw his sister Sophie and her partner Mike Argent who were in the adjacent maternity room where Sophie was recovering from a Caesarean section.

The coincidence has stunned staff at the hospital, which has been rated outstanding by the Care Quality Commission and where thousands of babies are delivered every year.

Frank, 32, who lives with wife

Lauren, 27, in Ongar said: "My wife had a baby and my sister had a baby. Basically my sister Sophie was 11 days overdue and our daughter was born on her due date."

"We arrived at the hospital, we

*"It was a bit like something from Father of the Bride"*

Frank Jones

were in the labour ward, and I walked out of the door in the ward and they were in the room next to us.

"It was the maddest thing."

"I walked in and saw my mother-in-law and my sister walk in and said 'you have got to be kidding me'."

"It was pretty funny."

"It was a bit like something from Father of the Bride."

The two mothers are now in separate rooms for health and safety reasons.

Frank continued: "They can't be in the same room because they are the same surname. To avoid any mix-ups they have to be in separate rooms."

"Because my wife is on antibiotics they don't want to give it to the wrong baby."

"But everyone was really surprised."

Evie was born at 8lbs 8oz while Reeva was born 7lbs 3oz.

Mike, 28 who lives with his partner Sophie, 29, in Colchester, said: "It has been unbelievable."

"I think the weirdest bit was when my partner Sophie was in labour and I could hear in the room next to us the birth of her brother's daughter."

"Sophie is doing really well. She had a C-section and she is doing really well."

He added: "They were due two weeks apart but actually they'll be sharing a birthday."

"Everyone is shocked. It must be a million to one."

"It was a bit mad for my mother-in-law who was in the room and she could hear the birth of her other granddaughter next door."

"It was a bit overwhelming for her."



# Jon Clempner is thanked for his service after announcing decision to step down

## Council leader who oversaw regeneration projects resigns

By James Gregory  
james.gregory@essexlive.news

THE leader of Harlow Council, who oversaw the approval of a number of regeneration projects for the town, has announced his resignation.

Jon Clempner, who was appointed as leader in June 2014, oversaw the approval of Public Health England's science hub and the redevelopment of Little Walk by the Harvey Centre in December.

### Re-elected

He was elected Labour councillor for the Little Parndon and Hare Street ward in May 2012, and was re-elected in May 2016.

Briane Kean, Harlow Council's acting managing director, said: "Councillor Jon Clempner has this morning (Thursday, January 11) informed me that he has resigned as both the Leader of Harlow Council and a councillor with immediate effect.

"I would like to place on record my thanks to Jon for his service to both this council and to Harlow while he has been the leader and a councillor."

The councillor is also well



Councillor Tony, Durcan, Councillor Jon Clempner and architect Mark Cotton visit the Feasants Croft, site in 2015. Inset, Jon Clempner, who has announced his resignation

known for his hard-line stance on illegal traveller encampments, after he called for central government to give greater powers to

local authority's to evict.

Deputy Leader of the Council, Councillor Emma Toal, will chair the next meeting of the cabinet

next Thursday before the decision on a leader is made on February 1.

Cllr Clempner has been

approached for a comment by The Star.

### TIMELINE:

- **May 2012** Jon Clempner wins a seat on council
- **June 2014** Clempner becomes leader of council
- **August 2015** Jon Clempner, Cllr Tony Durcan and architect Mark Cotton, visit the site of the first council houses in the town for 25 years
- **May 2016** Jon Clempner is re-elected
- **December 2017** Jon Clempner oversees regeneration projects, including the PHE Science Hub and Little Walk
- **January 11, 2018** Jon Clempner steps down



## Fashion chain 'considering closures'

FASHION retailer New Look – which has a branch in Broad Walk, Harlow – is reported to be considering the closure of 60 of its UK stores.

The closures would see around a 10 per cent reduction in the number of stores, allowing for significant savings on rent, Mirror Online reports.

It is thought that the final decision will be made in the coming weeks, with a number of options being considered.

There are currently more than ten New Look stores in Essex, including Chelmsford, Billericay Braintree, Brentwood, Basildon as well as Harlow.

South African-owned New Look is the latest in a number of high profile high street names to face financial struggles.

Toys R Us was saved from collapse before Christmas thanks to a last-ditch deal, however, it plans to axe 26 of its 105 stores in the early part of this year, with up to 800 job losses.

Mothercare has also revealed it stands to make an annual profit of between just £1 million and £5 million.

New Look is one of a number of retailers facing financial woes



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# 'I had an infection but doctors put me in a mental health unit'

Woman says six-week stay was 'awful and dreadful'

By **Lottie O'Neill**  
[lottie.oneill@essexlive.news](mailto:lottie.oneill@essexlive.news)

A WOMAN claims she missed spending Christmas and New Year at home during a six-week stay in a mental health unit because doctors didn't realise she had a urinary tract infection (UTI).

She says her infection was so severe that doctors didn't know what was wrong with her, and believed she had mental health difficulties which she needed support for. Julie Sparrow, from Harlow, claims she spent the next month and a half at the Linden Centre in Chelmsford, until a blood test confirmed that she had a UTI.

Julie, 51, who is registered disabled, said: "It has been awful, absolutely dreadful in there."

"They were shocked and so was I. I had no symptoms, I have never had a urine infection."

She began to feel unwell at the end of November, and so, visited Princess Alexandra Hospital's Accident and Emergency (A&E) department. However, she says doctors could not find any physical problems they needed to address and sent her home.

Her GP then conducted a home visit after learning that she had gone to the hospital and found her collapsed on the ground.

Julie, who is a wheelchair user and has carers support her at home, said: "He found me collapsed on the floor at home."

After returning to Princess Alexandra Hospital, Julie was eventually transferred to the Linden Centre in Broomfield on November 30, where she remained until Monday (January 8) after spending Christmas and New Year at the unit.

During her stay, another blood test was conducted and found that she had been suffering with a severe UTI, and



## MEDICAL FACTS

### ■ What is a urinary tract infection?

A urinary tract infection (UTI) is a common infection that can affect the bladder, kidneys and the tubes connected to them. Anyone can get them, but they're mostly common in women. They can be uncomfortable and painful but are usually easily treated with antibiotics.

once antibiotics were administered and she recovered, she was sent home. She said: "I haven't got any mental health problems."

### ■ What is honeymoon cystitis?

Honeymoon cystitis (or "honeymoon disease") is cystitis caused by sexual activity. The symptoms are the same as cystitis, triggered by something other than sex, for example: burning sensation when passing water, as well as a frequent urge to go to the bathroom.

She is also now worried that if she were to call the emergency services that her medical record will state that she has mental health problems, which she is adamant she does not have, and that the ambulance won't come.

A spokesperson for Essex Partnership University NHS Foundation Trust said: "In respect of our patients' confidentiality we are unable to comment on individual cases. However, we would encourage anyone who is not

happy with any of our services to come and speak to us directly." Angela Killmartin, who is an expert on cystitis and wrote the first book about the condition in 1971, said: "Absolutely, any bodily infection that is not treated will go into the blood brain barrier and cause confusion, then it gets into the blood stream whatever the infection is. Patients become exceedingly confused."

### Suffering

Angela, 76, from Brentwood, suffered with 'honeymoon cystitis' when she was aged 24.

After suffering with cystitis for seven years and having to have antibiotics every two weeks, Killmartin then went on to write several books on the subject.

She also said that patients need to assess the causes of the UTI to understand how to prevent further risk.

The Princess Alexandra Hospital NHS Trust has been approached for comment.

## Business owner fined after protected tree is pruned

A ROYDON business owner has been fined £1,000 after branches were cut from a tree in the middle of a conservation area.

Helen Kelly-Howe, of Chingford, pleaded guilty to instructing works on a tree without proper consent.

In June, Epping Forest District Council officers were told branches from a sycamore tree had been cut back at 10 High Street, where they overhung onto the neighbouring property.

Six weeks' notice should have been provided, although the council has said it would have refused the application.

Further investigation revealed Kelly-Howe, a director of the company owning 10 High Street, told tree surgeon John

McAllister to cut the branches back to the boundary.

No checks had been made to find out if the tree was protected and neither sought consent to carry out the works undertaken.

McAllister was fined £300 and ordered to pay a contribution of £250 towards the council's prosecution costs plus a victim surcharge of £30.

The magistrates said Kelly-Howe had a greater role in the matter and was fined £1,000, ordered to pay a contribution of £750 towards the council's prosecution costs plus a victim surcharge of £100.

**The protected tree was cut back illegally**





# Driver banned for reversing into an unmarked police car

Court told man 'panicked' when he saw plain clothes officers approach vehicle

By Sophie Finnegan  
sophie.finnegan@essexlive.news

A MAN who reversed into an unmarked police car and jumped off a balcony to evade police has been disqualified from driving.

Abdoulage Haidara, 20, of Windmill Fields, was cleared of the original charge of dangerous driving but was convicted by jury of the lesser charge of driving without due care and attention on Friday (January 12).

He previously pleaded guilty to driving without a license and driving without insurance.

At Chelmsford Crown Court, prosecuting lawyer Lee Sergeant outlined the case to the court.

On March 1, Haidara was in a VW Golf parked up in a car park to the rear of Harlow College, facing towards some shrubbery which prevented him from driving forward.

Prior to the incident, the Golf was a vehicle of interest to the police.

Police constable Tom Bennett and his colleague PC Spinks were conducting general patrols when they spotted the Golf in the car park which lies adjacent to the sports ground.

They pulled up around two or



The police officers who approached Mr Abdoulage Haidara were in plain clothes at the time of the incident

three feet behind him in an unmarked white Ford Focus.

As PC Bennett, who was wearing plain clothes, approached the car, Haidara reversed backwards hitting the unmarked police vehicle in an attempt to get away from them, causing £1,200 of damage.

The police officer then smashed the window to stop the man from driving away which resulted in the defendant getting out of the car and running off.

In a statement provided by PC Bennett, the court heard "I made my way to the passenger's side of the Golf. My intentions were to make the vehicle safe by removing the key to detain the man and conduct further enquiries.

#### Hammer

"I had a glass hammer in my hand used to smash glass should the doors be locked.

"The Golf reversed backwards at speed and crashed into the

police vehicle parked two to three feet behind."

PC Bennett then smashed the window and the defendant ran off into the shrubbery causing a foot chase to ensue on Maddox Road.

The officer shouted: "Stop police" at Haidara before following him into a building of flats.

He went on: "I saw him crawling on all fours upstairs to the first floor and I ran upstairs just after to see him on the balcony.

"I shouted: 'Stop running, stand

still.'

He was desperate to escape the police. I saw him climbing over the balcony and drop down eight to ten feet below. He landed on both feet falling forwards."

The officer continued to chase him before spraying him in the face and arresting him on suspicion of dangerous driving.

In his police interviews, Haidara said: "I was in my car listening to the radio when all of a sudden you pulled up behind me. I started panicking and I reversed.

"The reason why I reversed into the police car was because it was an unmarked car, I didn't know who was in there. It was not my intention to reverse into the car, if it was a marked police car I would have not have reversed into it."

Mitigating lawyer, Barry Gilbert, urged the jury not to look at Haidara as a "master criminal" and highlighted the fact that he had no previous convictions.

He said: "Put yourself in the car, pretend that this has got nothing to do with this case.

"You are parked in a parking space and a car with two young plain clothed men comes in right behind you.

"It's not a normal place to park and the next thing you see is the

passenger jumping out with this thing which we now know is a glass hammer.

"Whether you are male, female, old or young you might think at that time 'I am being attacked.'

"It is very easy now we know but did he at the time because that is what counts?

"Had it been a marked police car he would have not have reversed but he didn't know that when he reversed.

"He might be guilty of panicking but panicking is not a criminal offence.

Judge David Turner described how the "extremely murky" circumstances surrounding the case did not give him a clear explanation as to what he was doing on that day.

He told the defendant: "I will not deny, having looking at all the evidence, that you were probably in some sort of panic trying to escape. You were in an unregistered vehicle, you held a provisional license and you had no insurance at all. I'm not sure if you got in with the wrong crowd, but you have a future and it would be a shame if you threw it away."

The judge disqualified him from driving for eight months and imposed a £250 fine.



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# Deputy Chief Constable of Essex is accused of swearing and acting aggressively

## Senior police officer's alleged tirade just ten days into his job

By **Sophie Finnegan**

sophie.finnegan@essexlive.news

ESSEX Police's Deputy Chief Constable called a junior colleague a "\*\*\*\*\* c\*\*\*\*" ten days into his new job in a state of "anger", a hearing has been told.

Matthew Horne, who has been on secondment with the National Crime Agency, attended a misconduct hearing to deny the three allegations against him.

At Chelmsford Civic centre on Monday, prosecutor, John Beggs QC, outlined the allegations to the panel.

The first allegation refers to an incident in June 2015 when Superintendent Glenn Maleary became involved in a conversation with Mr Horne outside the Force Control Room in Chelmsford near the Orchard car park.

Mr Maleary was appointed to tackle some of the issues within the control room after he was transferred from Stansted Airport in June 2015.

There were issues with lack of staff and with response timings, especially in relation to domestic abuse situations.

The misconduct panel heard how he had approached Mr Horne

and asked: "Hi Sir, how are you?" to which Horne replied: "Not very well Glenn."

Maleary said: "Sorry to hear that anything I can do?"

This when the chief superintendent says Horne became aggressive as he told him: "Anything you can do? Anything you can f\*\*\*\*\* do? What sort of f\*\*\*\*\* c\*\*\* are you to let this get into such a f\*\*\*\*\* mess?"

The constable claims he "stood over him with narrow eyes and clenched fists" to intimidate him and accused him of being negligent.

### History

Mr Horne went on: "You have got 24 f\*\*\*\*\* hours, make every one count otherwise you are history."

He then allegedly said he had to leave before he hit anything, which Mr Maleary replied with: "Or someone."

The second and third allegations are said to have occurred sometime between October 16, 2015 and May 9, 2016.

Chief Superintendent Carl O'Malley was engaged in a conversation about work with Mr Horne and retired Assistant Chief

Constable Maurice Mason when a disagreement arose.

They were all standing at this time when Mr Horne is said to have pushed Mr O'Malley, which caused him to fall onto a desk.

Although it did not hurt him, O'Malley described how it seemed like he used considerable force and he lost his balance.

Mr Beggs QC said: "At the time, O'Malley was trying for a promotion and wanted to be chief assistant constable and was well aware the panel included Mr Horne. It is not terribly surprising Mr O'Malley did nothing about the incident."

The third incident is alleged to have happened a week or two after and again occurred following a professional disagreement.

Mr Horne is again alleged to have used force on Mr O'Malley for "no apparent reason".

He allegedly picked up a stress ball that was on the desk and threw it at Mr O'Malley hitting him in the throat and leaving a red mark.

Mr O'Malley described how the incident hurt and became angry at the treatment he endured by his superior officer.

He again chose not to take it any

further, but spoke to another chief superintendent about the incident.

Mr Horne denies all three allegations against him, stating that he couldn't recall ever pushing or throwing a stress ball at a colleague. He did recall having a conversation with Mr Maleary, where he expressed significant disappointment but did not recall acting in an aggressive or threatening manner.

### Denied

The senior officer also denied swearing at Maleary, saying he does not use the 'c' word.

Mr Maleary has been in the police force since March 20, 1990, and left Essex Police in October 2016 to move to London.

He told the court: "I was taken aback by the manner, the language and the abuse that came out."

He described how Mr Horne made reference to a domestic abuse case in the area on Tending that had not been responded to in six weeks.

"He continued to litter the conversation with the 'f' word and the 'c' word. He stood above me on a slope leaning towards me.

Mr Maleary began to explain the work he is doing to improve the control room and explained how they were seeing results.

He explained how the control room was in a "dire state" with overtime costing £750,000, 2,400 incidents with 384 domestic cases left waiting to be followed up on some of which were weeks old.

Mr Maleary continued: "Mr Horne was most adamant that I had 24 hours to make the changes needed to get this under control."

"Then he said he had to go before he punched something, he said it through tight lips and narrowed eyes."

"Never have I been spoken to like that in any circumstances let alone in a public place."

"I rather cockily said: 'Or someone' expecting there was to be some sort of physical assault and I was prepared and honestly thought that that was what was going to happen."

"Coombes' arrival was probably the point at which it drew

the incident to a close and nothing more was said."

"He had no idea what I gave up in order to be there to better protect the public, absolutely no idea."

"I felt like I was just being used as something to blame someone to blame."

"I had no career left in Essex it appears to me that there was an agenda and I can't understand what or why or how it came about."

"It was clear I had no future of serving in Essex."

The misconduct hearing continues.

**Matthew Horne is accused of throwing a stress ball at a junior colleague**



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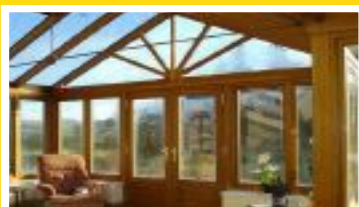
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family-announcements.co.uk/essex

### Bereavements

#### Avril Margaret ANDREWS Nee Trigg

Passed away on the 25th December 2017 aged 73 years.

A very special Mum, Sister, Auntie & Nan to Daniel, Ella, Lily-Mae, Evie-Louise, Lewis & Macy.

Sadly missed but always in our hearts. Funeral service to take place at Cam Valley Crematorium, Great Chesterford on Friday 26th January 2018, at 3:00pm. Cheerful colours preferred. Family flowers only please but donations for Macmillan Cancer Support may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishop's Stortford, Herts. CM23 3AL or via the In Memory page www.drobinson.co.uk

#### Iris Lilian CHILD

Affectionately known as "Ginger"

It is with great sadness that the family announce the passing of Iris Lilian Child, aged 85 years, on 29th December 2017.

She will be sadly missed by Colin & Chris, Tony & Helen, Grandchildren & Great Grandchildren. Forever in our hearts, she will be missed by all who knew her. Funeral service to take place at Parndon Wood Crematorium on 1st Feb 2018 at 1:00pm.

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#### Audrey Violet CLARK

Audrey passed away peacefully at home on 1st January 2018. She will be greatly missed by her family and friends.

Audrey's funeral service will be held at Great St Mary's Church, Sawbridgeworth, on Wednesday 24th January 2018 at 10.45am.

Her family would like to invite all those who knew her to join them for the service and for refreshments afterwards.

Flowers or donations to the RNIB may be sent to Daniel Robinson & Sons, Sawbridgeworth, Tel: 01279 722476

### Bereavements

#### Barry Michael COOPER

Passed away peacefully at St. Clare Hospice on 10th January 2018 aged 72 years,

following a long illness courageously fought. Beloved husband to Tina, devoted dad to Sharon, father-in-law to Andy and a wonderful grandad to Jack and Olivia.

Funeral service to be held at Rickling Parish Church on Thursday 25th January at 2.30pm. Family flowers only please, but donations, if desired, made payable to St. Clare Hospice may be sent c/o Peasgood & Skeates, Shire Hill, Saffron Walden, CB11 3AQ or via Barry's In Memory page at www.peasgoodandskeates.co.uk

### Bereavements

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#### Catherine EDWARDS Kitty

Passed away on 15th January 2018 aged 97 years. Sadly missed by her family, seven Grandchildren and three Great Grandchildren.

Funeral service to take place at Cam Valley Crematorium, Great Chesterford on Friday 26th January 2018 at 10.00am. All enquiries to Daniel Robinson & Sons, Bishops Stortford. 01279 655477

#### Pamela Ann FOGARTY

Latterly of Thorley Park and formerly of Clayhall, Essex passed away peacefully on Friday 5th January 2018.

Her funeral will take place at Parndon Wood Crematorium, Harlow, Essex on Monday 22nd January 2018 at 2.30pm.

Funeral directors Daniel Robinson & Sons, Bishops Stortford will be handling delivery of flowers.

LIGHT A CANDLE

LEAVE A MESSAGE

Search any announcement online or place a notice 24/7

#### ARTHUR EDWARD GREEN

Passed away peacefully on the 22nd December 2017. Aged 84 years.

He will be sadly missed by all his family.

A Funeral Service will be held on Friday 26th January 2018 at 11am at St. Mary the Virgin Church, Church End, Great Dunmow.

Family flowers only please. Donations if desired to Dementia UK c/o Dunmow Co-op Funeral Directors, 10 Jutland House, White Hart Way, Great Dunmow, CM6 1WX.

### Bereavements

#### Ruby Irene GREEN

Sadly passed away on Monday 1st January 2018 aged 91 years.

Dearly loved Mum to Susan, Paula, Darren and their partners, Wonderful Nan, Great-nan and Auntie.

Sadly missed by all who knew her.

Her funeral service will be held on Monday 29th January at St Mary at Latton Church at 12.45pm followed by a cremation service at Parndon Wood Crematorium at 1.45pm. All welcome.

Flowers or donations, made payable to 'NSPCC' may be sent to Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP Tel: 01279 426990

#### Theresa HUDSON Terry

Sadly passed away on Saturday 30th December 2017 aged 90 Years. Reunited with her loving Husband Ernest Hudson and her beloved Son Tom Sawyer.

She was the Daughter of the late Ann Anderson, Devoted Mum to Tessa & Tom, Grandmother of Tanja, Great Grandmother to Tristan, and Sister to Audrey & Elizabeth (Canada).

Theresa worked at STC as an Engineer Support. She was a worldwide traveller and an avid cook and gardener.

Theresa will be greatly missed by all her Family & Friends in the UK, USA and Canada.

A private service has already taken place. Donations can be made in Theresa's memory, made payable to

'Dogs Trust' or 'The Salvation Army' and sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP Tel: 01279 426990

#### Marg MANN



Passed away peacefully on 10th January 2018 aged 86 years. Our dear old Mum and Nan.

Julie, Gary, Gary, Kate, Charlie and Jack will welcome everyone at the funeral service which will be held at

Parndon Wood Crematorium on Friday 9th February 2018 at 2:30pm.

Flowers may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP Tel: 01279 426990

To make a donation for a loved one resting with Daniel Robinson & Sons you can make a donation by visiting the In Memory pages at: www.drobinson.co.uk

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### Bereavements

#### Pat MARTIN Formerly Adams

Passed away suddenly in hospital on 23rd December 2017 aged 85 years.

A much loved Wife, Mum, Nanny & Great Nanny who will be sadly missed.

Funeral Service to take place on Friday 26th January 2018 at Parndon Wood Crematorium at 3.15pm.

Family flowers only please but donations for Diabetes Research may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishops Stortford, Herts CM23 3AL or via In Memory Page www.drobinson.co.uk

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#### Kelly McCARTHY

Sadly passed away on Saturday 23rd December 2017 aged 33 years.

Very much loved Wife to Alex, Daughter of Lynda & Stephen (& Jim), Step-Mum to Lauren & Olivia and Sister to Sarah & El.

Funeral Service will be held at Parndon Wood Crematorium on Friday 19th January 2018 at 10.00am.

Family flowers only please. If desired, donations may be made payable to 'British Heart Foundation' and sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP Tel: 01279 426990. Alternatively, please visit Kelly's In Memory Page at www.drobinson.co.uk

#### Terence NUNAS (Terry)

Sadly passed away on 31st December 2017 aged 86 Years.

He will be greatly missed by all his family & friends.

Funeral service will be held at Parndon Wood Crematorium on Friday 2nd February 2018 at 1.45pm.

Family flowers only please.

If desired, donations for Terry's Wednesday Club, may be made payable to and sent c/o 'Daniel Robinson & Sons' Wych Elm, Harlow, CM20 1QP Tel: 01279 426990

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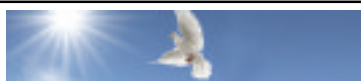
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## Bereavements



### JOHN WILLIAM PATTERSON (BASIL)

Suddenly, but peacefully in the Princess Alexandra Hospital on 5th January 2018. Aged 81 Years. The beloved Husband of Esther, a dear Dad to Lesley and Neil and a wonderful and loving Grandad to his 9 Grandchildren and 9 Great Grandchildren. He will be sadly missed by his 7 Brothers and Sisters and all his family and friends. Basil's Funeral Service is to be held on Monday 22nd January 2018, at Parndon Wood Crematorium at 1.00 p.m. Family flowers only please. Donations if desired to be divided between the British Heart Foundation and the Macmillan Nurses Fund. Cheques made payable to MFH Charities Account. All enquiries and donations to Masterson Funeral Home Ltd, Independent and Family Owned Funeral Directors, Station Road, Old Harlow, Essex. CM17 0AS. Tel: 01279 626238.

MASTERTSON FUNERAL HOME LTD

### Trevor Frederick George POWTER

A well known local character  
Passed away unexpectedly on 10th January 2018 aged 79 years.

He will be sadly missed by family, friends & neighbours.

Funeral service to take place on Tuesday 23rd January 2018 at St Mary's Church Elsenham at 11.30 followed by a burial in Elsenham cemetery. All welcome at the service.

Flowers or donations for 'Elsenham PCC (New Annex Fund)' may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishops Stortford, Herts CM23 3AL Tel 01279 655477 or via the in memory pages, [www.drobinson.co.uk](http://www.drobinson.co.uk)

### Geoffrey George SNOW

Formerly of The Thatch, Burton End, Stansted. Peacefully on 7th January 2018 at Hargrave House, Stansted aged 93 years.

Funeral service to take place at Cam Valley Crematorium, Great Chesterford on Friday 9th February 2018 at 2.00pm.

Flowers may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishops Stortford, Herts CM23 3AL tel 01279 655477

### Harry John TALBOT



We are heartbroken to announce that Harry (87yrs) passed away 7th January, there ending his last, long and valiant fight.

We lost a loving and awesome father, grandfather and best friend. He was a true hero and legend who fought the corner of the working man/woman, the homeless and people in need, his whole life. We could not be more proud.

His farewell service will take place at Great Parndon Crematorium at 11:30 Mon 5th February.

Anyone that would like to pay their respects are welcome to attend (Please wear something red if possible) Or contact the family via [debrathompson06@gmail.com](mailto:debrathompson06@gmail.com).

Any kind donations made in his honour, to Harlow's Streets2Homes, would be gratefully received on the day OR flowers can be sent via Coop Funeral Services. His wake will be held at The Shark, Hobtoe Rd thereafter.

Keith, Chris, Debra and Dean & 11 grandchildren

## Bereavements



### CYRIL RAYMOND TAYLOR

Passed away peacefully on Monday 1st January 2018.

Husband to the late Doris (Dolly). Devoted father, grandfather and great grandfather.

He will be forever in our hearts.

Funeral service to be held at Parndon Wood Crematorium on Friday 26th January 2018 at 1.45pm.

Flowers or donations payable to

'R.N.L.I.' may be sent c/o

Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990

Alternatively, please visit the 'In Memory page' at [www.drobinson.co.uk](http://www.drobinson.co.uk)

## Acknowledgements

### Alan Raymond TAYLOR

Sue, Thanes, Charuna and family wish to express our most sincere thanks to all of Alan's friends and work colleagues who attended his funeral.

Thank you to everyone for the lovely cards, expressions of sympathy and kind donations to the British Heart Foundation.

A very special thank you to Jerome, Elizabeth, Pat and dedicated staff of Masterson Funeral Home, for their professionalism, caring support and sensitivity ensuring Alan's funeral was carried out with dignity at this very sad time. Nothing was too much, thank you, bless you all.

Thank you also, to Pastor Rev Tony Mayes for the beautiful service, to Rev Paul Wilkins, Ambulance crews and also to Pauline and Carl of The John Barleycorn for the lovely funeral reception.

## In Memoriam

### Tony ASHWORTH

Not a day has passed in the 10 years you have been gone when I don't think of you, remember the wonderful life we shared, see your mad infectious smile. You will remain in my heart always.

Yours Margaret xx

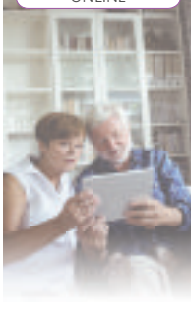
### JUNE ANNE TILL

In loving memory of our lovely Mum and Nan who passed away 20th January 2017.

We miss you so much rest in peace with Stephen who's now with you.

All our love your  
E.L.D  
Eve xxx  
Alanna x  
Jim x  
and Great Grandchildren  
xxx

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## Memorial Services

### Reginald Herbert SIMONS

To celebrate the life of

Reg Simons

A memorial service will take place at

Hatfield Broad Oak Church

Friday 26th January 2018 at 2.30pm

All attending are warmly invited to join the family for light refreshments afterwards at Hatfield Broad Oak Village Hall.

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# YOUR VIEWS

## Compassion is needed for those who are less fortunate

### LETTERS

Get in touch - tell us what you think

Email: [community@hertsessexnews.co.uk](mailto:community@hertsessexnews.co.uk)

Twitter: @Harlowstar

Facebook: /HarlowStar

AT this season of the year most people do spare a thought for the poor and disadvantaged but the poor are not just for Christmas.

What can we do which will permanently help the poor? I would suggest we become more honest, empathetic and compassionate for those less fortunate than ourselves.

The poor in our society begin to lose the basic benefits to which they are legally entitled (Council Tax and Rent Rebate) when their income and savings reach the "applicable amount", which is the weekly amount the Government regards is sufficient to meet the basic living needs of the applicant and family.

At present these are totally unrealistic and unjust and the vast majority of your readers would find it impossible to live on them.

Nor is it just the very poorest who are unfairly treated. For those on benefit

“  
What can we do which will permanently help the poor?  
The Rev Dennis Nadin

who have manage by sacrifice and economy to save for a rainy day or future care and death expenses, any savings over £8,000 or £10,000 for pensioners are regarded as receiving £1 a week for every £500 savings and this is taken from their benefit.

That would require an interest rate of more than ten per cent.

If anyone has found such a bargain could he please

advise me of the details. Compare this to the richer who are excused any inheritance tax on inheriting £325,000.

**The Rev Dennis Nadin**  
Address not supplied

### Let customers use empty boxes

AM I being unduly cynical at the support from retailers for compulsory plastic bag charging? Apart from the few companies who claim to donate this income to charity, the rest will be laughing their way to the bank!

More to the point would be to allow customers to use the empty cardboard boxes in which products have been delivered to the shop. My local supermarket used to have piles of these freely available at the checkout and plastic bag use was minimal as a result. Nowadays, these

have to be disposed of by retailers at vast cost – surely far better for them to be taken home and disposed of by customers as domestic waste at no cost to traders?

**John Hein**  
Address supplied

### CONTACT US

■ Please enclose your full address and daytime telephone number. Keep your letter to no more than 200 words. The News reserves the right to edit material.

■ Email your pictures in JPEG format marked 'Your Views' Please add your name, where you're from and where you took the photo. We reserve the right to reuse pictures at our discretion.



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**PHOTO**  
of the week

Fields view near the Rodings  
by Tom Lawrence

Simon Glover  
PHOTOGRAPHY



# TALKING POINT

## Renters and owners will need to get the best deal

### THE BIG QUESTION:

House prices in London and the South East are set to fall in 2018, how will this affect our local area?



#### GREEN PARTY



Hannah Clare

An Essex Insight report in 2016 showed that just 57 per cent of people in Harlow own their home, which is lower than the national average of around 65 per cent. Below average home ownership means that the remainder of people in the town are renters and there is nothing to guarantee this fall in house prices will translate to a fall in rent. The same report also claims a 13.5 per cent increase in housing prices in the five years between 2011 and 2016.

For young people like myself, owning a home seems an unattainable goal. At 24, I am still burdened with student debt and living with one of my parents. I have no savings and do not recognise any prospect upcoming that may mean I can own. This is a familiar

picture to young people, often named Generation Rent, with the idea of owning a home becoming less of an expectation and more an aspiration.

That's why the Young Greens manifesto calls for an introduction of a Living Rent, including secure tenancies for renters and rent controls.

But on top of this, it also calls for widening the ability of council's to build more social housing, which they often struggle to raise the capital for. Harlow Council has had some success in the past few years with building social housing, but we need much more.

Ultimately, we need the best deal for all people, whether they are renters or homeowners. I'd welcome any move towards this.

## WHAT QUESTIONS DO YOU WANT ANSWERED?

Every week, we'll be putting your questions to representatives of each of your main local parties. So get involved! Email your questions to get the issues that matter to you on the agenda.

EMAIL YOUR QUESTIONS TO COMMUNITY @HERTSSESSEX NEWS.CO.UK

#### CONSERVATIVE



Joel Charles

ONE of my local priorities is to support efforts to restore the dream of home ownership. Ensuring future generations can climb the housing ladder and avoid being priced out of the housing market is important. The Help to Buy scheme has been successful, but more needs to be done to help first-time buyers.

A fall in prices is positive news for first-time buyers in Harlow, but there always needs to be a balanced approach to ensure current homeowners are protected against market volatility. The

Government and banking regulators have worked to toughen lending so that overstretch and financial shocks are more protected against.

Affordability is a key concern for first-time buyers in Harlow. I share this concern as I am looking to buy a home for the first time this year. The Government has taken recent steps to tackle housing affordability. It was right that the Chancellor scrapped stamp duty for most first-time buyers in the Budget. The £44 billion Government

package to support the housing market over the next five years will help deliver much needed momentum in the sector too. It is time for house builders to deliver better and more affordable housing that is in keeping with the local area through the help available to stimulate construction.

I believe in the stability delivered by our home owning democracy, helping more residents to buy a home will allow local families and individuals to build greater financial security in the long-term.



# YOUR COMMUNITY NEWS

## Diahanne earns national accolade for leading war on domestic abuse

ONE of Britain's leading domestic abuse campaigners has been recognised with a national honour.

Dr Diahanne Rhiney, from Essex, has been given a British Citizen Award for her services to education and the community.

The British Citizen Awards (BCAs) were launched in January 2015 to recognise exceptional individuals who work tirelessly and selflessly to make a positive impact on society. BCAs are awarded twice annually, and recognise "everyday" people whose achievements may otherwise be overlooked.

Dr Rhiney turned her focus to the area of domestic abuse after surviving a murder attempt by her former partner.

She has dedicated hundreds of hours a year to mentoring young single mothers, fostering children from abusive backgrounds and establishing her domestic abuse charity SWIM – Strength With In Me. Her work provides ways to ensure young people are as confident, balanced, heard and equipped as possible.

Frequently speaking at schools, universities and to

groups and organisations, she uses her multiple platforms and enterprises to raise awareness on the social, psychological and political issues that most affect women and girls.

Last year, Dr Diahanne Rhiney was busy forming an All-Party Parliamentary Group (APPG) to have healthy relationships taught in all UK schools as compulsory. The Government will finally implement this amendment to the Children and Social Work Bill.

Diahanne is one of 35 medallists who will be honoured at a prestigious ceremony next Thursday at the Palace of Westminster. All BCA recipients have selflessly undertaken various activities in support of a number of worthy causes. Each will receive a Medal of Honour, inscribed with the words "For the Good of the Country". Medallists are also invited to use the initials BCA after their name.

Speaking about her nomination, Diahanne said: "At first I thought 'is it the wrong email?'. Even though I am humbled beyond words, I just do what I do because

that's who I am but this isn't about me, it's about raising awareness of the issues that affect today's young people.

"My mum died suddenly eight years ago in January but she provided the foundation of how I think about life. She was truly my best friend and an amazing woman but incredibly quiet and humble. We were amazed when more than 2,000 people attended her funeral but that just goes to show that you can have a huge impact on your community by simply going about your business and making a difference.

"My proudest achievements are setting up the Rhiney Awards, which supports under-privileged people through university, and SWIM. More than 750,000 young people live with domestic abuse and it has to stop.

"I think you have to give people a sense of hope but as a nation we've become too selfish. We should remember that no act of kindness is too small."

The awards are sponsored by the world's largest optical retailer, Specsavers; one of the largest property and



Dr Diahanne Rhiney, from Essex, is one of 35 medallists who will be honoured

leisure management, development and regeneration companies in the UK, Places for People; leading ethical law firm Irwin Mitchell; specialist PR, branding and communications agency, Nathan Rous PR; and worldwide leader in IT and networking, Cisco. Each will be presenting the awards in January, alongside TV star host Bradley Walsh.

Nathan Rous, from Nathan Rous PR, said: "It's an absolute pleasure to be involved with the British Citizen awards and to hear inspirational stories such as Diahanne's. There's so many good people doing great things across the country and they deserve to be recognised in this way."

Diahanne was nominated for a BCA at the request of the women and young

people she supports. They said: "When Diahanne was nominated out of 20,000 people for a National Diversity Positive Role Model Award, she was incredibly touched by the vast many nominations she received from women of all ages who wrote in to express just how much their lives have been positively impacted, and often dramatically changed, by Diahanne."

## If you hate Valentine's Day you will love pop-up adventure...





# Creating a healthier county in just 21 days

A COUNTYWIDE project to get Essex healthy has been launched, in a move which sees all local councils including Harlow Council and health organisations working together for the first time to promote public health advice.

The website [www.livewellcampaign.co.uk](http://www.livewellcampaign.co.uk) officially launched on Monday, January 8, and acts as the countywide one-stop-shop for everything residents need to know about local health initiatives and activities in Essex.

One of the website's aims is to encourage Essex residents to be more active and to make healthier lifestyle choices for themselves and their families. The website will focus on the issues that are common in the county so that issues affecting the 12 local council areas can be targeted more effectively.

To celebrate the launch of the website, residents are being encouraged to take part in a number of #21 challenges – a nod to the idea that it takes 21 days to break or create a new habit.

The first part of the campaign is #21situps21days and it will run on social

media for three weeks. Those who take part will be in with the chance to win prizes such as Fusion Gym memberships, the new Jamie Oliver cookbook and healthy food products. Residents can find out more information on @livewelllocal on Twitter or @livewellcampaign on Facebook.

Councillor Emma Toal, Harlow Council's portfolio holder for youth & community, said: "We want to support residents so they have good health and wellbeing. The Livewell campaign is all part of this and is about providing information and advice on what people can do and what is available to help people lead a happy and healthy lifestyle. In Harlow there is lots to see and do and we want more residents to be aware of all the opportunities and support that is available to them. This is not something the council can do on its own; by working with other organisations we can all do more to help residents live long and healthy lives. There's no better time than the start of the new year to launch this campaign."

Cllr John Spence, Essex



Representatives from Livewell councils and partners

County Council's cabinet member for health and adult social care, said: "We hear so much about over-eating and obesity across all ages and I can't be the only Essex resident who knows they've overdone it during Christmas! But this is not just a passing fad; the scale of the issue is demonstrated by the scale of collaboration between councils and partners across the county; let's learn to live healthier, happier and longer."

Mike Gogarty, public health director at Essex County Council, said: "The start of the year is a good time to think about our lifestyle choices. We can all benefit from making changes and 21 days is an achievable goal that may lead to longer-term health improvements. Why not choose an easy goal to start with? It doesn't matter if we have an off day, don't stop, just let that go and do as best we can towards the 21 days!"

## YOUR NEWS

We compile our Community News pages two weeks in advance of publication.

If you'd like to include a future event please make sure you tell us in plenty of time so our readers can come along.

IN September 2017, Harlow Playhouse unveiled a brand-new bar, transforming the upstairs café into a space where guests can be welcomed day and night.

By day, this café space serves delicious cakes and pastries away from the hustle and bustle of town. You can enjoy a bite to eat and a coffee, catch up on emails, meet friends or take advantage of the dedicated children's area.

The café caters to families and is breastfeeding-friendly. By night, it offers a relaxed place to meet friends for a drink and wind-down.

In October 2017, it launched the now infamous

UKG Chronicle Nights, allowing audiences to relive the UK garage music scene live at Harlow Playhouse. The night was a resounding success, with stellar sets from DJ Luck and MC Neat and Sweet Female Attitude. This season, they have dates in April and October. April's date sold out in just three days, off the back of a successful launch. The next two events will see Lisa Maffia & Romeo, from So Solid Crew & The Artful Dodger, in April and October respectively.

Harlow Playhouse's next off-site pop-up adventure will be an Anti-Valentine's-Day-inspired takeover, this

February. In collaboration with Pecho Mama, they are taking over a disused shop unit in the Harvey Centre, transforming it into a gig-theatre venue.

Along with DJ sets and cheap drinks, the headline act will be award-winning gig theatre piece Medea Electronica, an intense drama played out amidst the brilliant chaos of a live-synth gig. Expect DJ sets, Greek tragedy, cheap drinks and electronic music.

BBC Music Introducing in Essex has now moved to Friday nights – the best in up-and-coming Essex band, perform live every month, starting in February. BBC

Music Introducing showcases the best unsigned artists around and has launched the careers of Florence And The Machine, George Ezra and Rizzle Kicks, among many others!

And all the fun doesn't necessarily all happen at night!

They have also successfully launched Afternoon Glee, a monthly event, which includes an afternoon of tea, cake and pastries with soundtrack you will not forget!

Harlow's very own drag queen Fanny will be your host! Why not book a table and treat yourself and a friend to afternoon tea?

You'll get tea for two, a selection of sandwiches, cakes and pastries to share and a glass of something fizzy. Taking place every month, until October 2018.

Rory Davies, Harlow Playhouse manager, said: "As the centre of cultural excellence in Harlow, we feel developing the night economy in the town as the next exciting step forward."

"A thriving town centre benefits all of the local community residents and businesses alike."

"We know these events and the many others we have planned will take the town's night-time economy from strength to strength."

These nights are designed to be accessible for the whole community and we encourage as many people as possible to give them a try.

"We strive to create a both safe and enjoyable atmosphere. We look forward to working and building on current relationships, with the excellent businesses and the caring residents of Harlow."

For more information, visit its website [www.harlowplayhouse.co.uk](http://www.harlowplayhouse.co.uk), Facebook [www.facebook.com/HarlowPlayhouse](https://www.facebook.com/HarlowPlayhouse) or Twitter [www.twitter.com/harlowplayhouse](https://www.twitter.com/harlowplayhouse)



# YOUR EDUCATION NEWS

## 'Children cannot believe what life was like at their school back then'



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QUESTIONS TO  
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NEWS.CO.UK

## Scare tactics pay off for academy's fearless debaters

UNUSUAL techniques are paying off for school debate society students.

Members of the debate society of Burnt Mill Academy, in Harlow, have been practising their speeches – by talking across the street to lampposts.

The technique, to teach students how to project their voices, has resulted in success at the Youth Speaks public speaking competition, held at Bishop's Stortford College.

Students spoke passionately about LGBTQ+ rights, suffragettes and our

obligation to vote, with Year 8 pupils Lauren Burgess, Isobel Baker and Josephine Edwards overcoming stiff competition to become runners-up.

Maths teacher Angus Hally, who runs the after-school club, said: "Like all great success, this has come from pure hard work."

The successful students have trained twice to three times each week to perfect their speeches.

"They have to think about their voice, gesticulation, movement, humour, passion and tone to make sure their

speeches are incredibly polished. To prepare, I put students in front of parents, teachers and, most intimidatingly, Year 10 students, so that on the night nothing could scare them."

"On the night itself, I took them out into the cold and made them project their voices as if they were talking to the lamppost across the street – an exercise the judges said paid off!"

The school relaunched its debate society recently where students in Year 7 to 11 come together to express



Kieron Barwick with the Rotary Club president, Lauren Burgess and Lauren Martin

their views.

The club is also promoted as a way of keeping up to date with current events, to build confidence, to become part of a team and to take

part in competitions.

Each week, students practise their debating as well as train to improve their skills.

The club members will

take part in the Oxford Schools Debate Competition in January and February, competing with other students from around the country.





77 year old former Roydon Primary School student Rob Harknett sharing memories from his time at the school

A 77-year-old former pupil at Roydon Primary School is helping to bring history to life for today's children.

Rob Harknett was a pupil at the school, then named Roydon County Primary School, between 1945 and 1953. His father Arthur attended in 1907 and his three siblings, seven cousins and two sons followed.

The family moved into a newly built house in Hansells Mead in 1939, with Mr Harknett's mother living there until she died in 2012 at the age of 96.

Mr Harknett, who still lives in the village, is sharing his memories and photos with the school as they piece together its 140-year history. Head of school Michael

Clark is keen to develop a timeline through the corridors to show children the history of their community since the school was built in 1877.

The collection already includes a punishment book from 1954, photos of the school's football teams throughout the generations and original logbooks.

Mr Harknett has supplied images from his life in Roydon and at the school where his overriding memory of attending Roydon was the harsh conditions.

He said: "It was always cold. I can remember walking to school in really bad weather wearing shorts and shoes that leaked. When it snowed, our boots would fill up and we would get chilblains. We would spend all day at school cold. The only heater was in the corner where the teacher sat.

"It was pretty strict. To get your attention, the teacher would just clump you around the ear, as they would if you misbehaved. I never really got into trouble, though, I was accused instead of being the teacher's pet!

"I can remember one day when I had pleurisy (inflammation of the lungs) I could hardly breathe and so was making a lot of noise. The teacher clumped me and told me to go home. I got as far as the school gate and collapsed; I couldn't walk I was so unwell."

Mr Harknett also remembers school dinners as being "not very nice", with a rotation of stew, toad-in-the-hole and shepherd's pie followed by semolina or custard served at the nearby Congregation Hall. While they were occasionally served a spoonful of malt and concentrated orange, Mr Harknett said: "We all have bowed legs as we didn't have a very good diet or

vitamins."

Despite these difficult moments, Mr Harknett's overriding memories of school are happy. He said: "I have a lot of fond memories. You remember the cold as it was so uncomfortable, but the memories are happy."

While so much has changed since Mr Harknett's days at Roydon, much has stayed the same. He said: "My last teacher at the school, Mrs Bull, used to keep me back at the end of school for extra English lessons as I was never top of the class. I was not very happy about staying back at the time as I had a paper round to get home for, but she was trying to help me."

Children then were not allowed to use pen and ink until they reached the seniors, while today's children are not given a pen licence until they develop good handwriting.

While "reading, writing and arithmetic" were top of the agenda, much like today, by contrast boys were taught gardening while the girls learnt how to cook.

When it came to physical activity, Mr Harknett remembers the rush for the basket of plimsols before PE. He said: "Nobody had much of their own, it was all school equipment. The school provided plimsols and everyone would dive into the big box to try and find the right size and a matching pair. We had a school football team and played against other schools and we were taken to an

outdoor swimming baths for swimming lessons."

As Harlow town celebrates its 70th anniversary this year, Mr Harknett remembers: "We didn't travel much in those days and Harlow was five miles away. I did go to Mark Hall School, but it was not completely built when I started there.

"We used to have an annual school excursion from Roydon to Southend instead which was a good memory. That one-day trip was all we had to look forward to as we didn't have holidays. The whole school would go, as well as our parents. There would be five or six coaches lined up outside school to take us."

Mr Harknett said without TV, radio or sweets, his day consisted of going to school, going home for tea and in bed for 6pm – a treat would be staying up until 7.30pm.

Mr Clark said: "The children today would not believe what life at their school was like back then. It's amazing how different it is in such a small period of time, while some things are still the same, like the things we teach.

"History is something the children are interested in and want to learn about. We are using all of these anecdotes to teach them."

If you have memories, stories, photos, reports or books from you or your family's time at Roydon Primary, particularly during the 1920s to 1950s, get in touch on [admin@roydon.essex.sch.uk](mailto:admin@roydon.essex.sch.uk)

# Passmores leads fight on bullying in classroom

IN recognition of its commitment to tackling and preventing bullying in school, Passmores has achieved the BIG Award (Bullying Intervention Group) for the fourth consecutive year. This is a national award for excellence in bullying intervention and is endorsed by national awarding organisation NCFE.

Val McFarlane, director of BIG Award Training and

Resources, said: "I am delighted that Passmores has continued their good practice and has been consistent in their approach to bullying and friendship issues, which occur in every school or organisation. Congratulations to staff, students and parents for excellence in challenging bullying."

Notably, Passmores is the first school in Harlow to

receive this accolade, which was awarded after they demonstrated commitment to ensuring that students learn in a positive and inclusive environment. Roxy Ahmad, specialist support co-ordinator at Passmores, explained that to achieve the award, evidence must be provided which proves that effective strategies for challenging bullying are in place.

These include showing that staff and student prefects are well trained in ensuring the safety and good behaviour of all students. In addition, there must also be an up-to-date, robust anti-bullying policy in place. Passmores was also praised for its approach which includes students' families in its anti-bullying work and for the work of peer mentors. The mentors have been specially trained in active listening skills and act as a first point of contact for anyone who wishes to discuss issues with their peer group, before taking any serious concerns to an



appropriate adult.

The Passmores principal, Vic Goddard, said: "As a dad I know how upsetting the thought of my child being bullied is.

"As a teacher I know that in a building with almost 1,200 young people in, there are going to be times when not everyone gets on.

"Striving to achieve the BIG Award means that we review our systems and processes thoroughly to try and ensure that we are doing all that we can to prevent, avoid and stop bullying happening. Bullying is such an emotive issue and, as parents, we naturally see things through our own

child's eyes and it can cause real tension. However, by achieving the BIG Award we are clearly demonstrating that we take these situations seriously and are learning from the best practice out there so we can continue to live up to our school motto of "improving upon our best."



# FILM REVIEWS

With Damon Smith

## ALSO OUT THIS WEEK



Tom Hanks and Meryl Streep in *The Post*

### THE POST (12A) ★★★★★

IN 1971, *The New York Times* successfully petitioned the Supreme Court to uphold the rights of a free press in response to a challenge from President Richard Nixon to suspend publication of classified reports detailing US military involvement in Vietnam.

Director Steven Spielberg's handsome dramatisation of events leading up to this high-profile legal showdown feels uncomfortably relevant in a modern era of fake news and presidential Twitter outbursts.

*The Post* is also a timely depiction of gender inequality in the workplace and lionises the achievements of Katharine Graham, publisher of *The Washington Post*, who risked losing the business her father bought in 1933 because she refused to be bullied into submission by a patriarchal establishment.

Tubs are repeatedly thumped in Spielberg's picture, most powerfully in Meryl Streep's tour-de-force portrayal of Graham, which captures every facet of a working mother's resolve, inner turmoil and defiance.

It seems almost redundant nowadays to draw attention to her ability to delve beneath the skin of her characters but Streep's work here is sublime.

The film opens in 1966 Vietnam, where military analyst Daniel Ellsberg (Matthew Rhys) witnesses first-hand the loss of US troops and reports back his grave concerns to Secretary of Defence Robert McNamara (Bruce Greenwood).

Fearful that the administration is whitewashing the unflattering truth, Ellsberg photocopies classified reports and leaks pages to *The New York Times* under editor Abe Rosenthal (Michael Stuhlbarg).

Over in Washington, Bradlee (Hanks) reads his rival's front scoop with envy. Bradlee encourages reporter Ben Bagdikian (Bob Odenkirk) to chase down a copy of the report so *The Washington Post* can bloody its nose too.

Publisher Katharine Graham (Streep), who is a good friend of McNamara, faces an impossible decision and seeks guidance from the chairman of the board, Fritz Beebe (Tracy Letts).

After a slow opening, *The Post* whirrs smoothly into action, cutting back and forth between Graham and Bradlee's personal odysseys.

Period detail is impeccable and Spielberg's frequent cinematographer Janusz Kaminski and composer John Williams add lustre to the stylish project.

Streep is in imperious form and she richly deserves a 21st Oscar nomination. Hanks issues the picture's rallying cry for the media to hold a microscope to the political elite and expose every ugly blemish.

"We have to be the check on their power," he sermonises. "If we don't hold them accountable, who will?"

## MOVING MODERN CLASSIC

Miguel (voiced by Anthony Gonzalez) and Hector (Gael Garcia Bernal) have a sing in *Coco*

### COCO (PG) ★★★★★

**F**amily values resonate far beyond the land of the living in Disney Pixar's uplifting computer-animated coming of age story.

Sensitively scripted by Alfred Molina and Matthew Aldrich, *Coco* is a visually sumptuous valentine to Mexican culture and the importance of passing down memories to the next generation lest they be lost forever in the mists of time.

Co-director Lee Unkrich, who deservedly collected an Oscar for *Toy Story 3*, strikes a joyous universal chord with an all-Latino voice cast and an irresistible blend of heart-tugging emotion, uproarious comedy and toe-tapping musicality.

You can feel the love in every jaw-dropping frame, which shimmers with vibrant colour

and exquisite attention to detail. It's a ravishing feast for the senses.

*Coco* nimbly addresses thorny issues of mortality and reminiscence for audiences of all ages, skilfully employing a goofy stray dog called Dante as the broad comic relief to keep little ones gurgling with glee in between poignant and painful lessons on the natural cycle of life.

Tears flow freely – and genuinely – throughout the briskly paced narrative that conceals a couple of delightful surprises.

Twelve-year-old dimple-cheeked Miguel Rivera (voiced by Anthony Gonzalez) lives in the bustling Mexican village of Santa Cecilia, where his family have worked as shoemakers for generations.

His grandmother Abuelita (Renee Victor) rules the roost and she strictly enforces a ban

on music, which dates back to a doomed romance between Miguel's great-great-grandmother Mama Imelda (Alanna Ubach) and a fame-seeking guitarist.

"Being part of this family means being here for this family," Abuelita warns her grandson, who secretly yearns to be a musician like his hero, Ernesto de la Cruz (Benjamin Bratt).

To this end, on *Dia de los Muertos* – the Day of the Dead – when Miguel is supposed to be honouring his ancestors, the boy sneaks into the ornate burial tomb of his idol to "borrow" a guitar so he can perform at the village talent show.

One strum of the instrument magically transports the youngster to an alternate plane, where he can communicate with long-lost skeletal relatives.

FILM OF THE WEEK

## Neeson goes off the rails in clunky thriller

### THE COMMUTER (15) ★★★★★

SPANISH director Jaume Collet-Serra's high-octane action thriller careens along the Hudson Line of New York City's busy Metro-North Railroad for a preposterous high-stakes game of hide and seek aboard an evening rush hour train.

Logic is left standing on the platform of Grand Central

station as three scriptwriters merrily propel their two-dimensional characters down narrative sidings in order to extend our journey time and give the false impression of dramatic momentum.

A ridiculously overblown finale, which begs unfavourable comparisons to *Jan de Bont's Speed*, temporarily quickens the pulse but *The Commuter* has already derailed before this

spectacular, special effects-laden flourish.

Collet-Serra reunites with gruff leading man Liam Neeson after their testosterone-fuelled collaborations on *Unknown*, *Non-Stop* and *Run All Night*, and he borrows elements from those

three bruising skirmishes for this rickety runaway train.

*The Commuter* is riddled with gaping plot holes that undermine the central race against time.

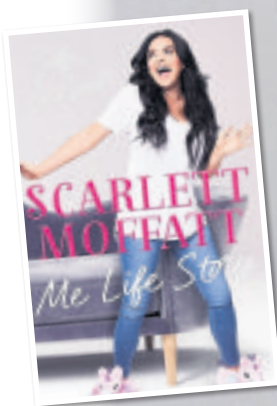
However, there's not one instance when we fear for Neeson's flawed hero's safety, even when his head is being thrust out of a smashed window into the path of an oncoming train.





# CELEBRITY WELLBEING

## Be a Froot Loop in a bowl of Cheerios



**GOGGLEBOX STAR 'SCARLETT MOFFATT TELLS PRUDENCE WADE WHY SHE'S MORE CONFIDENT THAN EVER BEFORE**

Scarlett has turned her cheerful charm into a career, but her autobiography reveals a different side to her life

**Y**OU rarely expect people to be exactly what they're like on the television, but what you see is what you get with Scarlett Moffatt.

The country first fell in love with her on Gogglebox, and then again when she was crowned Queen of the Jungle on I'm A Celebrity... Get Me Out Of Here 2016 – and it's hard not to do the same when you meet her. Speaking to Scarlett is just like chatting with a friend: everything she says is funny and kind, in her signature Geordie accent.

Even though her new autobiography might have a jokey title to match her personality, *Me Life Story*, *Sofa*, *So Good*, don't make the mistake of not taking her seriously.

Here, Scarlett tells us all about how she's learnt to fight her demons and why she wants to spread a body positive message on Instagram.

### OPENING UP ABOUT HER BELL'S PALS

SHE might have a glamorous career presenting on shows like *Ant and Dec's Saturday Night Takeaway* and the newly rebooted *Streetmate*, but life hasn't always been easy for 27-year-old Scarlett.

She writes in her autobiography about some pretty serious topics that have affected her – from childhood bullying to a bike

accident which changed her life. Just before starting secondary school, Scarlett was diagnosed with Bell's palsy – a type of facial paralysis that was the result of her being hit by a car while cycling.

This, coupled with subsequent bullying at school made life difficult, but she's glad she's finally opened up about it all. "I'm so pleased that I wrote about it, because it was almost like therapy," she admits. "I feel like a lot of weight has been lifted off."

That's not to say sharing was easy. "It was harder opening up about the Bell's palsy and how I have anxiety and panic attacks," says

Scarlett, "because they're sides of me I don't ever show publicly."

### TACKLING ANXIETY

SCARLETT is frank about her struggles with anxiety. "When you

talk about it, it becomes less stressful," she says. "I don't think anyone should feel like it's a problem, because it's not something you can help: that's just how our brains work."

"There's such a stigma attached to anxiety, so it's good to brush that away, nobody should feel embarrassed or alone. The more people talk about it, the more people will understand it and know how to act."

"I still have bad days," she says of her own issues. "What people need to understand about anxiety and panic attacks is that it isn't necessarily the big things that can make you feel nervous, it can be little things too."

### HOW FAME HAS HELPED HER LOVE HERSELF

CONTRARY to what you might expect, being in the spotlight has actually helped Scarlett deal with her anxieties and the negative self-image she had as a child.

"I never thought as a kid, when I had the accident with my teeth

(they were smashed in the bike accident) and the Bell's palsy, that I would be taking selfies and posting them on the internet. I think it's actually given me more confidence."

"I've learned – and I mean this in a non-big headed way – to love myself. This is what I look like, flaws and all. If I didn't have them, I wouldn't be me."

Scarlett credits her 11-year-old sister, Ava, as one of the reasons she's so vocal about being body confident, both online and in person.

"Because my sister's 11, I want to give a clear message to her that you don't have to look a conventional way," she says. "I make sure on Instagram I also post pictures without make-up, because I think it's important for people to realise that it isn't real life. People don't look glamorous 24/7. Most of the time I'm in a onesie, with my hair in a topknot and no make-up on."

And the best piece of advice Scarlett has given to her sister? "I always tell her to be a Froot Loop in a bowl of Cheerios," she says with a laugh.

■ *Me Life Story: Sofa So Good* by Scarlett Moffatt, Blink Publishing, priced £18.99.



**1** BLUEBERRIES have little sugar and a lower GI than many other fruits and so they have become fashionable.

**2** THEY'RE an excellent source of disease-fighting polyphenols and vitamins K and C, along with manganese.

**3** THEIR purported health benefits range from helping to protect against heart disease and some cancers, as well as improving memory.

**4** BLUEBERRIES are a good addition to your diet, but a mixture with other berries (strawberry, raspberry, goji) is best.

**5** A 2012 study showed a one-third reduction in the risk of heart disease risk among women who ate a mixed bowl of blueberries and strawberries three times a week.



## LOOK AFTER YOUR SKIN IN THE WINTER

■ **MOISTURISE MORE:** Use oil-based, rather than water-based moisturiser, as the oil will create a protective layer on the skin that retains more moisture than cream or lotion.

■ **USE SUNSCREEN:** Winter sun can still damage your skin. Apply broad-spectrum sunscreen to your face and hands about 30 minutes before going outside, and reapply frequently.

■ **LOOK AFTER YOUR HANDS:** In cold dry weather your hands are prone to itchiness and cracking, so wear gloves.

■ **USE A HUMIDIFIER:** Central heating and space heaters blast hot dry air, and a humidifier gets more moisture in the air, which helps to prevent skin from drying out.

■ **DON'T FORGET YOUR FEET:** Try lotions which contain petroleum jelly or glycerine and exfoliate periodically to remove dead skin.



TV presenter Scarlett looking glam and, right, on the sofa where it all began with her mum and dad, Betty and Mark





# HEALTH & LIFESTYLE



Not everyone has perfect eyesight - but lasers can be used to correct many problems

**I**F YOU'RE sick of wearing glasses or contact lenses, the only other option to achieve clear vision is laser eye surgery - a procedure now thought to account for around 75% of UK surgical procedures.

Such operations, which are also known as refractive surgery or laser vision correction (LVC), correct eye problems such as short sight, long sight and astigmatism, using a laser to reshape the front of the eye, which improves the ability to focus.

It's an increasingly popular option for people with sight problems, and the Royal College of Ophthalmologists (RCOphth) says more than 100,000 refractive surgery procedures are performed every year in the UK.

However, surgery to correct the need for glasses or contact lenses isn't currently available on the NHS, and it also isn't covered by private health insurance.

Private clinics charge from £595 up to £2,175 per eye, depending on the type of procedure, so it's a big investment that needs careful, well-informed consideration before you decide to take the plunge.

## WHO CAN HAVE LASER EYE SURGERY?

MOST people aged over 18 can have laser eye surgery, as long as they've had a stable spectacle prescription for at least two years. Short sight typically stabilises by late teens or early twenties.

Mr Bruce Allan, a consultant ophthalmic surgeon at Moorfields Eye Hospital in London, says: "Laser eye surgery has been very widely used for the correction of short sight and astigmatism for over 20 years - we perform about 3,000 procedures a year at Moorfields, and over 16 million people worldwide have had LVC.

"Modern laser systems are also very effective at correcting long sight, which tends to affect people more in mid-life, and LVC for older patients is increasingly popular."

He says around 99% of people in a large recent study published in the Review of Ophthalmology said that they were satisfied with the result of their laser treatment, and for the small minority of patients with a poor outcome, revision treatment is normally effective.

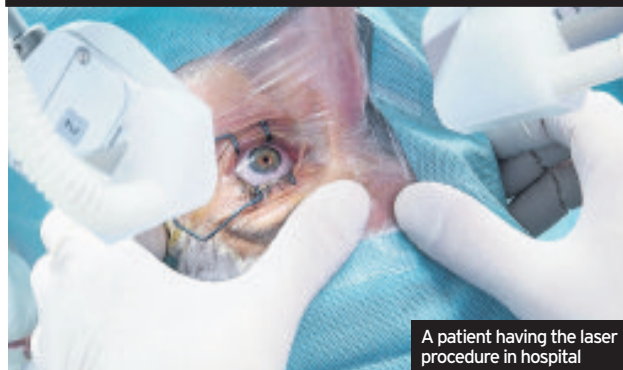
You're most likely to be suitable for laser eye surgery if your glasses prescription is in the range of:

- UP to -10.00D of myopia or short sight
- UP to +4.00D of hyperopia or long sight
- UP to +6.00D of astigmatism.

Patients may not be suitable for LVC if they have other eye conditions

# EYES RIGHT

## LISA SALMON LOOKS AT WHO LASER SURGERY IS SUITABLE FOR, HOW IT'S DONE, AND WHAT THE RISKS AND BENEFITS ARE



A patient having the laser procedure in hospital

including cataracts, or problems with their eye surface. It also isn't recommended for correcting reading prescriptions either, as these prescriptions change as you get older.

## OTHER SURGICAL OPTIONS

MR ALLAN explains that implant-based techniques may be more suitable for some patients.

Lens implantation techniques have two main categories: refractive lens exchange (RLE), which is identical to cataract surgery where the natural lens is replaced with a lens implant, and phakic intraocular lenses (PIOLs), where artificial lenses are

implanted in front of the natural lens without replacing it.

This is often used in younger patients where the spectacle prescription is outside the normal range for laser eye surgery.

## HOW DO YOU CHOOSE A CLINIC?

THE Royal College of Ophthalmologists (RCOphth) advises potential patients to think carefully before having refractive surgery.

The RCOphth has a helpful checklist on its website ([rcophth.ac.uk](http://rcophth.ac.uk)) that you can use in the consultation with the refractive surgeon.

Patients are strongly advised to

choose a surgeon on the General Medical Council's specialist register in ophthalmology ([gmc-uk.org](http://gmc-uk.org)), or who has the Cert LRS qualification, which can be checked via the Royal College of Ophthalmologists.

Also, make sure the hospital or clinic is regulated with the relevant regulator for the area of the UK it's based in.

The clinic should be clear from the start about the total cost of the procedure. This normally includes follow-up clinic visits and treatment for any problems resulting from surgery. Additional laser treatments to fine-tune the visual result, for two years after surgery, are normally included in the initial cost.

## WHAT HAPPENS DURING SURGERY?

THE treatment is usually carried out on both eyes during the same visit, and takes around 30 minutes, although the laser is applied for only a minute or two. All procedures use anaesthetic drops to keep patients comfortable, and a spring clip is used to hold the eyelids apart.

Patients will be asked to look up at a target light during the treatment to help keep the eye in the right position, and lasers are then used to remove a lens-shaped piece of tissue to reshape the cornea beneath. While

the three available treatments involve slightly different methods, all have similar results.

Patients can go home on the same day as surgery, with antibiotic and anti-inflammatory drops to help the eyes heal.

## RISKS AND SIDE-EFFECTS

PERMANENT loss of vision is rare after LVC, and the main risk is that further surgery may be needed for optimum results - up to one in 10 patients requires some form of additional surgery.

In the early period after surgery, patients may see glare, halos, starbursts and ghost images, but such problems usually resolve within a few months.

There may also be intermittent blurring, temporary red blotches on the eyes, and dry eye symptoms, which can be treated with artificial tears, and should get better within a few months.

## WHAT RESULTS CAN YOU EXPECT?

MORE than 95% of patients are satisfied with the outcome, and many describe it as life-changing.

Although glasses may still be needed for some activities after treatment, particularly for reading in older patients.

Mr Allan says: "A reasonable expectation is to have vision at the same level as you get in soft contact lenses, but without having to wear them."

"Another way of putting it is that you should see at least as well as a normal non-spectacle wearer."



## FOOD &amp; DRINK

## The art of eating solo

Cooking for yourself is worth the trouble, Janneke Vreugdenhil tells **ELLA WALKER**

## STEAK A CLAIM

GOOD OLD STEAK SANDWICH (SERVES 1)

IS THERE anything better than a proper grilled steak sandwich?

This one, from Janneke's new book, comes with a mustardy mayo and is topped with onions.

Whip one up for yourself as a treat...

## INGREDIENTS

1 shallot, sliced into rings  
A small splash of red wine vinegar  
1 entrecote steak (around 150g)  
¼ baguette or a crusty bread roll  
1-2tsp Dijon mustard  
1-2tbsp mayonnaise  
1 head little gem, leaves separated  
Salt and freshly ground pepper, to season

## METHOD:

1. Preheat the oven to 200°C/400°F/Gas 6. Put the shallot rings into a small bowl, add the red wine vinegar and let it sit for 10 minutes.
2. In the meantime, place a griddle pan over a high heat until it's very hot.
3. Rub some salt into both sides of the entrecote.
4. Fry the meat for one

- to one and a half minutes on each side.
5. Place it on a cutting board, grind over some pepper and let it rest for a bit.
6. Warm through the French bread or rolls in the hot oven (or slice them open and toast in the steak pan).
7. Meanwhile, stir the mustard into the mayo in a little bowl, to taste.
8. Slice the warmed bread in half lengthways, then spread both halves with a generous amount of the mustardy mayo and add some lettuce leaves.
9. Slice the entrecote on the diagonal and arrange the slices in the sandwich.
10. Squeeze as much liquid as you can out of the shallot rings and sprinkle them over the meat. Top with the other half of the bread, and dinner is served.

**E**ATING alone? So often, it just seems easier to chuck something on a slice of toast for dinner when you're dining solo, than go to the effort of cooking a proper meal.

For food writer Janneke Vreugdenhil, her toast topping of choice was anchovies and avocado – if she could bring herself to eat at all.

"After my husband left me three years ago, at first, I couldn't eat," she remembers. "I'm a food writer so I'm used to cooking, food is a big part of my life."

"I get up in the morning and I think about food; I go to bed and I think about food, and suddenly, food was the last thing on my agenda."

"I was so sad, I wasn't hungry. I was losing weight and I felt

miserable. Because divorce is not very good for your self-confidence and self-love, I didn't love myself enough to think I was worth the trouble of cooking."

"Then one day I thought, 'OK, I have to start taking better care of myself'."

After around six months of living alone – aside from when her two sons were with her – the Dutch cookery book author and critic finally seared a steak for herself.

"In the beginning, it felt really strange. I thought, 'It's silly, I'm all alone, why am I going to all this trouble? Why don't I just eat a bag of crisps in bed like I did in the first months?'"

Ditching dinners of crisps, supermarket soup and bowls of

oatmeal, led to her rediscovering her joy of food, and to recipe ideas, and finally to Solo Food, a cookbook of dishes for one.

She considers the book her "therapy" because it drove her to cook for herself daily, and enjoy it, until "it became a new normal thing to do".

Janneke's sadness and wobbly self-esteem were not the only obstacles to cooking well for one though. "Cooking for one is a different thing than cooking for two, or a crowd or a family," she explains. "Recipes are always meant for four people, and packaging in supermarkets is aimed at families."

On a practical level, solo cooking can be a logistical nightmare. "It is far easier to multiply a recipe for one, than to divide a recipe for four into

one-person portions – like a cauliflower, you're never going to eat a whole cauliflower all by yourself, even the natural packaging of it makes it difficult for one person," says Janneke.

"Meals have to be quick and practical. You have to be clever."

In Solo Food, she shares a lemon cake in a mug, a bowl of stir-fried prawns to dunk in harissa mayo, ideas for using up stuff across multiple days without rice-fatigue setting in, and a favourite green slush of quinoa that Janneke admits is "not something I would make for someone else, it doesn't really look good, it's a bit messy, but it tastes really, really nice".



Food writer Janneke Vreugdenhil, above, and her new book – Solo Food – inset left



"So many people live solo for some time in their lives," says Janneke. "Whether you're alone by choice or by chance, it doesn't matter, cooking for yourself is a very precious – and fun – thing to do."

Reflecting on how her dinners for one have changed how she works in the kitchen, Janneke says: "I am cooking more freestyle. I'm doing really funky stuff because there's no one to say, 'Oh, you can't have that with that!' I put all my leftovers together and sometimes it's amazingly good, and sometimes it doesn't work at all and I do

have to order pizza, but it's a real opportunity to cook on instinct, and by heart."

"Restaurant meals, takeouts, ready meals – they're made for the average palate," she adds, but when you're only feeding yourself, you can be specific, decadent, selfish even.

"You can really follow your own palate. You don't have to please anyone else."

■ **Solo Food** by Janneke Vreugdenhil, photography by Floortje van Essen-Ingén Housz, is published in paperback by HQ, priced £16.99.

I HAVE to be quick to keep up with the ever-changing selection of wines on our high streets and when I catch up with some wine ranges I wish I hadn't.

But there's a new range from Spar which has had people talking. I mentioned a couple of wines in my festive columns and promised I'd share more in the New Year. This is that time.

Spar has set itself a mission to make choosing wine simpler for customers and has begun its journey with the release of five entry level wines for £5 and, in the level above, has brought out a dozen varietal wines in an Alphabet Series at £6 each.

**Bold Red (£5, 13% abv)** is a Spanish wine made from 100% tempranillo, the grape at the heart of rioja. This wine has been

## RAISE A GLASS

WITH JANE CLARE



aged for two months in American oak and despite its name, isn't deep and gloopy. It is a medium-bodied red with a good nose of jammy fruits and a refreshing fruit flavour with a hint of spice.

**Fresh Rosé (£5, 11.5% abv)** is another offering from Spain, cerise in colour from Bobal grape, it has pretty aromas of strawberry and citrus with flavours reflecting much the same.

**Pinot Grigio Rosé (£6, 11.5% abv)** is in the Alphabet Series and for £1 extra offers

more of a pink sensation. Call me a pinot grigio snob, but when I see the grape on a label I always sigh "oh, well, if I must". But I really enjoyed this pink from Romania which has aromas of pear, stone fruit and fresh red fruits. It was tasty too.

New Zealand's sauvignon blanc wines have set the tone for many people who enjoy this grape. Spar has sourced grapes for its

**Sauvignon Blanc (£6, 12% abv)** from the Languedoc region of France so you don't get the punchy fruit notes of a New World version, but a gentler rolling style with citrus and apples. I tasted with a midweek cheese pie; very nice too.

The **Malbec (£6, 13% abv)** Alphabet Series varietal

is sourced from its homeland of France, despite Argentina making the grape its own in recent years. Try this wine with a warming weekend casserole after your toes have chilled from a football match or a dog walk. It has soft dark and red fruits and hints of chocolate.

■ **Also in my glass...** If you're thinking of celebrating Burns Night (Thursday, January 25) here's an idea for a whisky cocktail. This idea from Glen Moray is tasty.

**Glen Moray Classic Port Cask Finish Whisky (RRP £25, masterofmalt.com, thewhiskyexchange.com, Amazon and whisky specialists)**



is matured in American oak and spends eight months in port pipes sourced from the Douro Valley in Portugal.

To make the cocktail: In a glass add 15ml Earl Grey syrup (which is a mixture of 2:1 brown sugar – cooled, strong Earl Grey tea, reheated in a pan until sugar has dissolved) and three dashes of orange bitters. From a separate measure of 60ml whisky, pour a little bit into the tea. Add ice and pour over the remaining whisky. Stir and garnish with lemon zest.



■ Jane is a member of the Circle of Wine Writers. Find her on social media and online as One Foot in the Grapes.



SOME dishes you probably wouldn't serve up for visitors - but they can still be a delight for nights in on your own.

"This was one of the first things I made for myself after I was on my own," explains Janneke.

"This rather strange combination emerged out of a few things I happened to have on hand.

"(It's) typical solo food, actually, in that it's something I probably wouldn't make for a guest.

"But I like it so much that I now eat it fairly often, and every time I do, I hope I'll find the willpower to stop myself from eating the whole bowl."

#### INGREDIENTS:

Olive oil, for frying  
1 shallot, sliced into half rings  
1 small fennel bulb, cut in half and sliced



## BOWLED OVER

QUINOTTO WITH FENNEL  
ALMONDS AND AVOCADO  
(SERVES 1)

100g quinoa  
250ml hot vegetable stock (from a cube)

A small handful of almonds, with skin on  
1 small avocado  
Juice of ½ lime  
A small handful of fresh coriander leaves, coarsely chopped  
Salt and freshly ground pepper, to season

#### METHOD:

1. Heat the olive oil in a small heavy pan and add in the shallot, fennel and a small pinch of salt.
2. Sauté for a few minutes, then add the quinoa and fry a bit longer, stirring well.
3. Pour the stock into the

pan, bring to the boil, turn down the heat to low, then cover the pan and cook for 15-20 minutes until done.

4. Toast the almonds in a dry frying pan.

5. Remove the peel from the avocado and cut the flesh into largish chunks - sprinkle them with a little of the lime juice to keep them from turning brown.

6. Remove the pan with the quinoa from the heat and stir in the almonds, avocado and coriander.

7. Taste and season with black pepper, lime juice and, if necessary, a little more salt.  
8. Put everything into a bowl, grab a spoon and dig in.

IT MIGHT look like breakfast for dinner, but this easy dish is so much more.

Janneke calls this recipe "a kind of pisto manchego".

Whatever you call it, it's a quick, one-pan dinner that's ready in less than half an hour.

It's pretty healthy too. Here's how to do it...

#### INGREDIENTS:

Olive oil, for frying  
1 small (or ½ large) onion, sliced into half rings  
½ long red pepper, deseeded and sliced into strips  
4 slices of Serrano ham or chorizo, chopped  
½ courgette or 1 baby courgette, cut in half lengthways and sliced into half moons  
10 cherry tomatoes, halved

2 eggs

A few fresh basil or flat-leaf parsley leaves (or a pinch of dried oregano)  
Salt and freshly ground pepper, to season  
Bread, to serve

#### METHOD:

1. Heat a small splash of olive oil in a frying pan, add the onion and a pinch of salt and fry for two minutes over a high heat until the onion begins to brown.
2. Add the pepper and fry for two minutes more.



## ONE-PAN WONDER

A KIND OF PISTO  
MANCHEGO  
(SERVES 1)

3. Add the ham or chorizo and fry for another minute.  
4. Add the courgette and fry for two more minutes.

5. Add the tomatoes and fry for another two minutes.

6. Make two depressions in the vegetable mixture and break in the eggs, then cook for two to three minutes until the eggs are set, covering the pan for the last 30 seconds.

7. Sprinkle over a little more salt if necessary, and in any case with a generous amount of freshly ground pepper, and finish with one of the herbs.

8. Serve immediately with some kind of rustic bread, or just use whatever bread you've got on hand.

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- ✓ Discover bustling Limassol, with its old port and castle
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\*Book by 14 Feb 2018 quoting code JANSHB. Prices shown do not include discount. Offer subject to availability and may be withdrawn at any time.



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The timeless glories of the Eternal City, Pompeii's window on the Roman world, and the exquisite Neapolitan Riviera.

#### Tour highlights

- ✓ Three nights in Rome with a classic sightseeing tour
- ✓ Journey south to Sorrento via historic Monte Cassino
- ✓ Step back in time as you explore Pompeii's haunting ruins
- ✓ Spend four nights in delightful Sorrento
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- ✓ Fully escorted by a friendly, experienced tour manager
- ✓ Seven nights' touring hotel accommodation, return flights and transfers

\*Book by 14 Feb 2018 quoting code JANSHB. Prices shown do not include discount. Offer subject to availability and may be withdrawn at any time.

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Newmarket Holidays



## China's Terracotta Warriors in Liverpool

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3 days from £199.00, 15 April, 24 June & 9 September 2018

See the blockbuster *China's First Emperor and the Terracotta Warriors* exhibition at World Museum in 2018!

#### Highlights & inclusions

- Admission to *China's First Emperor and the Terracotta Warriors* exhibition
- Visits to Bakewell in the Peak District and Chester
- A panoramic guided tour of Liverpool
- Two nights' bed and buffet breakfast accommodation at the IBIS Styles, Liverpool Centre Dale Street (or similar)
- Coach travel from the local area
- Escorted by a friendly tour manager



## Edinburgh Tattoo, Lochs & Steam

Scenic splendour & Scottish Heritage

4 days from £369.00, 5 August 2018

A heritage railway journey, a cruise aboard 'SS Sir Walter Scott', military splendour & spectacular scenery!

#### Highlights & inclusions

- A visit to Edinburgh and a seat for the Tattoo
- A return journey on the Bo'ness and Kinneil Railway
- Visit to Gretna Green
- A cruise on Loch Katrine aboard SS Sir Walter Scott
- Three nights' bed and Scottish breakfast accommodation with two three-course evening meals
- Coach travel from the local area
- Escorted by a friendly tour manager

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# BEAUTY COUNTER

**KATIE WRIGHT** helps you melt away January stresses with this batch of scented salts and amazing aromatherapy oils

## WASH AWAY THE WINTER BLUES IN THE TUB



**I**n the dreary, bleak expanse of time known as January, when the fairy lights have come down but the sun barely seems to register on the horizon, having a range of spirit-lifting activities in your arsenal is a must.

This month, indulging in a steaming soak in the bath is the healthiest way to melt away New Year blues.

It doesn't have to be complicated. All you need is warm water and a dash of something scented, chosen according to your bathing desires, be that pure relaxation, stress relief or to soothe aching muscles.

And if you're saving pennies this month, a night in the tub is cheaper than a night in the pub – as long as you choose your bath oil or salt carefully.

From the calming to the energising, these are the aromatic additions that will take you to bath heaven...

### SLEEP INDUCING

**STRUGGLING** to get your requisite seven hours of slumber? Look for bath products that contain lavender (proven to help

L-R: Lush The Big Sleep Jelly Bath Bomb; Elemis Life Elixirs Sleep Bath & Shower Oil; Kneipp Joint & Muscle Arnica Bath Crystal, Holland & Barrett; Aromatherapy Associates De-Stress Muscle Bath and Shower Oil; Tisserand De-Stress Bath Oil; Espa Soothing Bath Oil; Floris Lime Bath Essence; Tropic Skincare Awaken the Senses Bath Soak

**“All you need is warm water and a dash of something scented...**

you drift off) and sweet scents like tonka bean and almond oil. Lie back and breathe in the fragrant fumes before bed to ensure a restful night's sleep.

**Why not try...** Lush The Big Sleep Jelly Bath Bomb, £4.95 each or Elemis Life Elixirs Sleep Bath & Shower Oil, £55

### MUSCLE RELAXING

**PERSISTENT** aches and pains can feel so much worse when it's cold out, but a warm bath can make all the difference.

Boost the healing powers of hot water with bath salts that contain arnica, a natural muscle and joint reliever, or massage your sore spots for a few minutes with oil, then hop into the bath to let the scent disperse.

**Why not try...** Kneipp Joint & Muscle Arnica Bath Crystals, £8.95, Holland & Barrett or Aromatherapy Associates De-Stress Muscle Bath and Shower Oil, £47

### STRESS RELIEVING

**FEELING** frazzled after just a week back at work? Reach for a luxurious oil packed with essential oils that will calm even the most stressed-out mind. A blend of floral and citrus notes will evoke sunnier days and

brighten your mood.

**Why not try:** Tisserand De-Stress Bath Oil, £10.95 or Espa Soothing Bath Oil, £30

### INVIGORATING

**NOT** everyone wants a bath that will prepare them for a good night's sleep. If you love to jump in the tub first thing in the morning, you'll want an energising aroma to wake you up.

Oils infused with zingy citrus and fresh floral scents will set you up for the day.

**Why not try...** Tropic Skincare Awaken the Senses Bath Soak, £28.50 until January 31 (from £38) or Floris Lime Bath Essence, £55



## BEAUTY BUZZ

THE LATEST PRODUCTS  
AND GLAMOUR  
GOSSIP



■ **COLOURED** hair needs special care and we have been blown away by the MINU Illuminating and Protective Shampoo for Coloured Hair, £15.45, and Illuminating and Protective Shampoo for Coloured Hair, £15.45, from Davines.

Part of its 'Essential Haircare' range, both products are free from parabens and sulphates and left our hair super shiny, tangle-free and moisturised. Find them at cultbeauty.co.uk

■ **IF** you care about looking good while you work out, then these two new launches are for you.

First up is Pretty Athletic (from £15.50), the UK's first skincare range designed especially for 'active women', targeting common gym skin issues like clogged pores, irritation and inflammation, prettyathletic.com

And once you've got on top of all that, CliniqueFit (from £13) features a host of workout-proof fixes, from sweat-resistant foundation and mascara to post-workout face powder to tone down redness, clinique.com

## CELEB SECRET

■ **THE** Duchess of Cambridge, Victoria Beckham, pictured, and Miranda Kerr are all said to be fans of Trilogy Certified Organic Rosehip Oil, below.

Packed with natural actives that are highly effective at treating dry and dehydrated skin, ageing skin and uneven skin tone, try applying at night for plump hydrated skin when you wake up next morning or add a few drops to your moisturiser.

Find it at Holland & Barrett priced £19.50 for 20ml.





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### FREDDIE MERCURY TRIBUTE

Dean Richardson as Freddie Mercury is here at the Stadium for a great night of entertainment. He will be performing all the best Freddie Mercury and Queen songs. Doors open: 7:30pm

£8

Tel: 01621 983150



### THE ED SHEERAN EXPERIENCE

Jack Shepherd performs The Ed Sheeran Experience. The performance will be full of looping, rapping and beat boxing. This is not to be missed!

Doors open: 7:30pm

£12

Tel: 01621 983150

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## Tickets



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Doors open: 7:30pm

£12

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**MADE TO MATTER** Art exhibition  
FREE ENTRY! Refreshments included. 29th Jan - 2nd Feb. Opening night 4.30pm 29th Jan, Art & Design Gallery, College Lane, Hatfield, AL10 9AB. Made to Matter invites the audience to consider how our interpretation of the world alters according to shifts in time, space and information. Particular places, particular materials and particular approaches to matter, become meaningful through these outside influences, and it is the attention the artist gives to these seemingly insignificant events through which the materials, matter, objects and artifacts they manipulate acquire significance. The exhibition aims to draw the observer into questioning their trust in image and text as a medium for carrying information and suggests that art operates through an alternative language. Meaning is constructed by the observer actively interpreting the space between text and picture, object and event. In effect, what matters is this direct experience of confronting the objects on show and meaning is generated by this proactive interpretation and in the imaginative space between the viewer and the artwork. £1 01707 284800 pandatebb@hotmail.com

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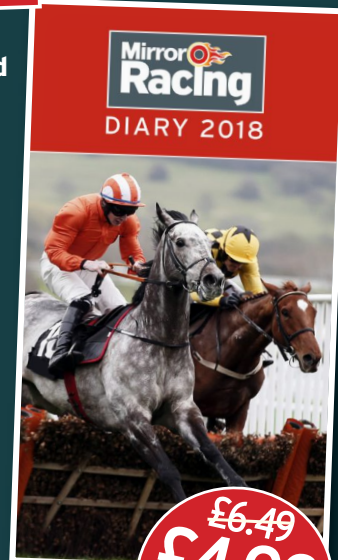
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## Baltic Cities & St Petersburg Cruise

14 days from £1229 Sailing from Tilbury on board Columbus, 12 September 2018

This classic, late summer cruise will bring to life a quartet of majestic capital cities.

### Cruise highlights

- ✓ Visit wonderful Copenhagen, Estonian capital Tallinn, mesmerising Stockholm, and Finnish capital Helsinki
- ✓ Take the optional shore excursion from Rostock to Berlin, Germany's historic capital
- ✓ Visit St Petersburg and Denmark's city of Aarhus
- ✓ Stylish entertainment, traditional British & International cuisine, guest lecturers & on-board leisure facilities
- ✓ 13 nights' full board accommodation on board Columbus

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14 days from £1079 Sailing from Tilbury on board Marco Polo, 23 October 2018

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### Cruise highlights

- ✓ Kristiansund is known as the 'City of Islands'
- ✓ Calls in Alta, Honningsvåg, Tromsø and Åndalsnes
- ✓ Discover Viking capital Trondheim
- ✓ Historic Bergen, 'Gateway to the Fjords'
- ✓ Stylish entertainment, traditional British & International cuisine, guest lecturers & on-board leisure facilities
- ✓ 13 nights' full board accommodation on board Marco Polo

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# PUZZLE TIME

## Pathfinder

Beginning with the top highlighted letter, follow a continuous path of words associated with the given subject. The trail goes through each letter once, twisting up, down and sideways, but never diagonally.

UK Eurovision acts

S E S C K L E J H A B A L L J  
A I H A L A C A C E L D N A E  
N D A W B L Y V I Z I Y A I M  
F O D N O T H I M Z F R B N I  
M A O B R O E N C K S A H E W  
P N O H R T L B U M A H T V A  
R A D O E H L O R K A N D E S  
I M N N N N C A R R T A D A J  
L O A R O I E E L I N A E E N  
I K C R A G A R Y T O B E N G  
V I I L N S C J E E N S W E E  
N A O N H C I S S I N R E B L  
E W T J O O O E N E W E K E R  
R A I R I L C H C N S E P M T  
D H C F F C H T K I D R E U H

## Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

R	M	U	E	T	S	I	Z	T	C
O	K		E	I				U	L
N	B	T	E	V	R	W	E	R	T
X	T		T	E				L	H
H	L	A	E	S	N	D			S

## Sudoku

There is one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

### Easy

8	2	3		4	1			5
		4		5			2	8
	5				3	1		
	6		1	9	7		3	
3			6				8	
2		7			5		1	
		1	5				6	
7	9			8				
		2		1		8	5	9

### Hard

				3		7		
		2		6		1		
9						6		
7	4		6	3		2		
		6			3			
	8			2	1	6	9	
		7						8
	3			7		5		
	1		5					

## Two Speed Crossword

This two-speed crossword has two sets of clues, but just one grid. If you can't solve the Cryptic clue, try the Quick.

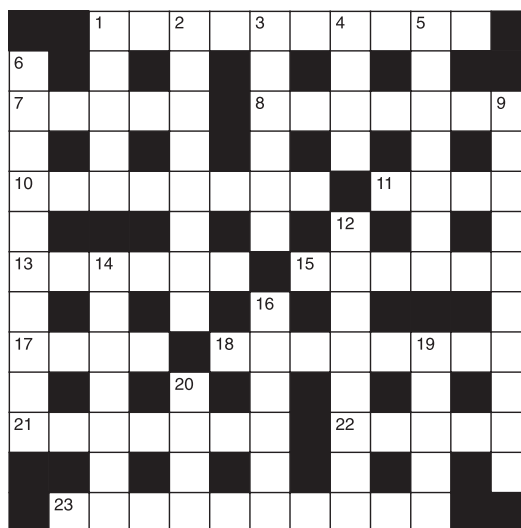
### Cryptic

#### Across

- 1 & 21Ac. Don't go into the vaults blindfold! (4,6,3,4)
7. Should be an expression of disgust in the Old Testament (5)
8. Neater hairdresser (7)
10. This mixed could do poet harm (8)
- 11 & 14 Dn. Will this give the dimensions of the teleprinter strip? (4,7)
13. Calling the man back to have gin cocktail (6)
15. He got confused by East German poet (6)
17. He will be seen during the National Anthem (4)
18. Insurance allowed for bed-linen (8)
21. See 1 Across.
22. He's a lot involved with the start of philosophy (5)
23. Poison a beautiful Italian girl (10)

#### Down

- 1 & 20Dn. For a snack I'll get ham (5,4)
2. Exhausted - unconscious - money used up (8)
3. Profound part for a Shakespearean actor (6)
4. It's just a description of a blonde (4)
5. Defensive mound to up with one piece (7)
6. A series of remarks associated with running? (10)
9. A second choice? (2-8)
12. Certainly not descriptive of factory-made yarn (8)
14. See 11 Across.
16. A little work in garbled code is enclosed (6)
19. Plant revealed by Australian aborigines (5)
20. See 1 Down.



### Scribble pad

## Quick

#### Across

- 1 & 21Ac. Be cautious (4,6,3,4)
7. Should (5)
8. Timber-shaping machine (7)
10. Figure of speech (8)
11. Record (4)
13. Terming (6)
15. German writer (6)
17. Man's name (4)
18. Bedspread (8)
21. See 1 Across.
22. Greek philosopher (5)
23. Deadly nightshade (10)

#### Down

1. Not heavy (5)
2. Tired out (8)
3. Base (6)
4. Impartial (4)
5. Embankment (7)
6. Spoken accompaniment (10)
9. Second vote (2-8)
12. Unsophisticated (8)
14. Determine the size of (7)
16. Confined (6)
19. Tropical plant (5)
20. Repast (4)

## Codeword

This puzzle has no clues. Instead, every number printed in the grid represents a letter, with the same number always representing the same letter. For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.

18	9	1	25		23		4	24	2	5
	20			8	20	14	13	1	20	
14	21	24	20	20		7	15	2	22	15
	14			9		14		20	17	2
	4	20	11	3	14	11	17	19	11	14
17				6		14			21	9
11	6	23	14	24	17		2	13	13	13
4		20				12		16		17
15	2	10		14	11	14	16	6	14	1
9		24		11		4		2		17
5	20	14	11	1		1		15	14	12
1		11		20	26	14	19	17		13
13	14	21	11			18		3	2	1

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
	A											
14	15	16	17	18	19	20	21	22	23	24	25	26
									L			

## Wordsquare

Give yourself ten minutes to find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.

### How you rate:

15 words - average; 25 words - good; 35 words - very good; 40 or more - excellent.

D	R	N
H	G	O
I	W	T

## Quiz

1. Which US drama on Fox, based on the X-Men series, stars Stephen Moyer and Amy Acker as parents on the run with their kids after discovering their mutant abilities?
2. What name is given to the deciduous dentition of young children?
3. Which style of painting was developed by Pablo Picasso and Georges Braque?
4. What is the maximum number of sets in a men's tennis match?
5. Which alcoholic drink



Q1 - Stephen Moyer

6. distilled from the agave plant is named after a town in Mexico?
7. Which colourless odourless gas has the chemical symbol O?
8. By what first name was Harry Lillis Crosby better known?
9. The childhood disease rickets is caused by a deficiency of which vitamin?
10. Which river flows to the North Sea at Berwick, forming part of the border between England and Scotland?
11. What sort of creature is a skink?

## LAST WEEK'S SOLUTIONS

### Pathfinder

Narrowboat, Aeroplane, Hot-air balloon, Cruise ship, Underground, Motorcycle, Catamaran, Double-decker bus, Limousine, Sidecar, Broomstick, Gondola, Helicopter, Hovercraft, Zeppelin, Horse and cart, Rocket, Stagecoach, Submarine, Toboggan, Schooner, Hang glider, Scooter, Tractor.

### Quiz

1. Balamory; 2. Tees; 3. Richmal Crompton; 4. Royal Mint; 5. Ten Commandments; 6. Twelve; 7. Termites; 8. Florida; 9. Antonin Dvorak; 10. Royal Society for the Prevention of Cruelty to Animals.

### Sudoku

7	8	5	3	9	2	6	1	4
4	9	6	5	1	7	8	2	3
3	1	2	8	4	6	5	9	7
6	3	9	2	7	4	1	5	8
8	5	4	9	3	1	7	6	2
2	7	1	6	8	5	3	4	9
5	4	3	1	2	8	9	7	6
9	6	7	4	5	3	2	8	1
1	2	8	7	6	9	4	3	5

9	5	7	3	6	2	1	4	8
1	2	6	9	4	8	5	7	3
3	8	4	7	5	1	9	2	6
6	9	5	1	3	4	7	8	2
2	7	3	8	9	5	6	1	4
4	1	8	6	2	7	3	9	5
7	6	1	4	8	3	2	5	9
5	4	9	2	1	6	8	3	7
8	3	2	5	7	9	4	6	1

### Codeword

1	2	3	4	5	6	7	8	9	10	11	12	13
L	N	O	E	M	X	S	B	P	H	F	R	U
14	15	16	17	18	19	20	21	22	23	24	25	26
Q	K	I	C	A	Y	T	D	W	V	J	Z	G

### Split Decision

P	R	O	O	F
A		L		I
G	O	I	N	G
E		V		H
S	L	E	P	T



THURSDAY, JANUARY 18, 2018

# PROPERTY & LIVING

## INNER SPACE

Our interiors expert looks at how you can make the best use of your rooms

PAGES 34&35



ESSEXLIVE.NEWS/PROPERTY

This large family home on the edge of Church Langley offers a nice luxurious touch PAGES 32-33



# A NICE SURPRISE IN THE GARDEN...



# HOT HOUSE



## FAMILY HOME THAT HAS ITS OWN POOL



A large family home has come on the market in Harlow and in the garden is an outdoor pool. The riptide swim-spa will be perfect once the better weather eventually arrives – either for a dip or relaxing with a glass of your favourite tipple.

The six-bedroom property is found in a secluded corner of Chelsea Gardens – on the edge of Church Langley.

On the ground floor is a large lounge, formal dining room, fitted kitchen and utility room. Just off the entrance hall is a cloakroom containing a toilet.

On the first floor is three bedrooms, a bathroom plus the master bedroom. This room contains fitted wardrobes and an en-suite bathroom.

There are a further two bedrooms on the top floor – together with large storage areas under the eaves. One of the bedrooms could also be used as a study.

Outside of the property is a single garage with driveway and a landscaped rear garden which benefits from decking, a patio and planting.

For those considering commuting from Church Langley the nearest stations are Harlow Mill (2 miles away), Harlow Town (2.6 miles away) and Sawbridgeworth (3.6 miles away).

The nearest primary school is Henry Moore which is 0.3 miles away. It has 567 pupils and is rated good by Ofsted.

Also close is Church Langley Community Primary School which is rated good by the Ofsted inspectors.

If your child is of secondary school age there is St Nicholas independent school plus the Passmores and Mark Hall Academies. Both of these are rated as good in their latest inspection reports.

The property is being marketed by Reyland Johnson Estate Agents, who are based in Acorn Mews, Harlow, for £549,995.

For further details call them on 01279 216216.







# YOUR HOME

## GET YOURSELF ORGANISED



### A SHAKER-STYLE ENTRANCE

A storage-lined open foyer is a great, versatile option for busy households. Taking inspiration from the Shaker use of peg rails to hang all manner of things, all you need to assemble your own version is a sliver of hall off your front or back door.

**Why it works:** Pegs close to the entrance help ensure kids' bags land in the right spot (parents' bags on other end), designated coat pegs offer a place for each family member, a Shaker-style hanging shelf provides a home for small items, a chalkboard marks daily reminders, and an Ikea Tjusig Bench (from £35, Ikea.com) doubles as a shoe rack.



### THE ULTIMATE COMPACT KITCHEN

A small workspace can still make good use of open and closed storage: Cookware and dishware are concealed behind cabinet doors, and a clever storage rail keeps often-used tools close at hand but off the counter.

**WHY IT WORKS:** Stacked dishware and decanted pantry goods maximise cabinet space, S hooks and metal clips hold kitchen scissors, coffee filters etc, trays anchor the counter, a small hanging basket holds utensils and a print adds an artful touch – a small detail that makes a big difference.



With creative fittings and a few good habits, any space can be streamlined and sorted – The Remodelista experts reveal how

**W**ho says storage can't be stylish? And for a sense of calm and control, Julie Carlson and Margot Guralnick, the authors of *Remodelista* – a new book packed with ultra-slick organisational tricks to deploy all over the house – also suggest embracing some 'Daily Rituals', little habits that often take no more than a few minutes but can have life-changing effects.

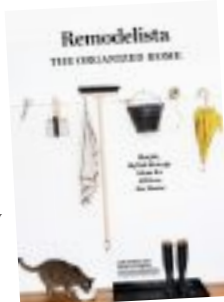
For instance, studies suggest that people who make their bed every day are not only more rested than non-bed-makers, but happier, healthier and more successful.

Opening your mail every day is another of their tips, to avoid that dreaded build-up of unsorted life admin that can weigh

heavily on the mind (and clog up drawers!).

Along with handy storage tactics – such as 'Hang It', 'Cart It', 'Label It' and 'Tray It' – the book sets out to illustrate how, with clever lay-outs and fittings and adopting a few simple habits, being sorted and tidy can be aesthetically-pleasing and make a huge difference to our wellbeing, even when space is tight.

So whether you need to know how to make the best of a compact kitchen, or want to edit your wardrobe ready for the new season, here are five ways to make an art out of order and live better through organisation, with the help of our design-minded friends at Remodelista.com...



■ **Tips from Remodelista:** The Organized Home by Julie Carlson and Margot Guralnick, photography by Matthew Williams, published by Artisan Books, priced £15.99





### AN ELEGANT ALL-IN-ONE LAUNDRY CUPBOARD

This compact laundry has birch plywood shelves and drawers for all the essentials. There's also room for general cleaning supplies, electronics and a fold-up ironing board tucked into the side,

which can be hidden behind closed doors.

**WHY IT WORKS:** Laundry detergent is decanted and stored in a stainless steel dispenser, a galvanized metal bucket holds household cleaning

supplies in a portable kit, laundry essentials are sorted by function in a combination of shelves and drawers, and the hard-to-reach top shelf is put to good use as a home for Wi-Fi equipment.

### A WELL-ORDERED WARDROBE

A fashionista's dream - fitted with floor-to-ceiling storage, this space holds a wardrobe's worth of clothing. Canvas bins, wire baskets, cardboard boxes and metal dividers - most from office and kitchen supply departments - make the shelf storage much more efficient.

**WHY IT WORKS:** Jumble-preventing bins and baskets create discreet storage zones on open shelves, piles of jeans, sweaters and T-shirts limited to six per stack, metal-rimmed paper key tags serve as labels on bins and baskets and allow for easy sorting, glass-fronted drawers are a bespoke detail worth copying (they protect shoes while enabling you to see what you've got), and an industrial kitchen stool provides a place to put on shoes, drape clothes and reach high shelves.



### THE INSTANT COCKTAIL PARTY



Let's face it, you're more likely to throw an impromptu drinks or dinner party when your tabletop elements are kept at the ready in one place. A kitchen or dining area drawer is especially handy for this kit.

**PRO TIP:** Store the items on trays so you can lift them out for quick delivery to the table - and then use trays for serving.

**PREPAREDNESS KIT:** Bar tools comprising corkscrew, bottle opener, jigger and mixing spoon; candles, tapers and tea lights, matches, ice bucket, glasses, serving trays, ready-for-the-table flatware in leather pockets, cloth napkins rolled into napkin rings.



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YOUR LOCAL PROPERTY EXPERTS

HarlowStar





# PROPERTY TALK

With Nigel Lewis

The terraced property in Fitzrovia, central London, and the interior, below right



## DANIEL'S PHANTOM ADDRESS



The film Phantom Thread will be released in the UK on February 2 and tells the story of a bachelor dressmaker working during the 1950s whose life becomes a lot harder when he finds love.

Starring Daniel-Day Lewis in what is said to be his final screen role, it also features Lesley Manville as his sister and Vicky Krieps as his lover.

The film has already garnered several awards and Day-Lewis was also nominated at the recent Golden Globes Awards for Best Actor. The film is up for five gongs at this year's British Academy Film Awards, too.

Phantom Thread was filmed



Daniel Day-Lewis

on location in the UK in two key places - Lythe in North Yorkshire and in Fitzrovia in central London.

In the capital, many of the scenes were shot at a Grade I listed, five-storey, seven-bedroom mansion on Fitzroy Square, which in the film is the workshop and home of the fictional Reynolds Woodcock, played by Day-Lewis.

Within its Georgian walls Woodcock is shown designing and making clothes for royalty and high society, and also wooing his waitress girlfriend.

The Robert Adams-designed terraced property is now for sale. Built in 1790, it features eight reception rooms, private parking, 3.5-metre high ceilings and a full height cantilevered stone staircase.

It has planning permission to turn the rear mews house into separate modern dwellings with a basement pool.

The property is for sale at £15m through Knight Frank (020 3813 3647).

## DRINK IN THE HISTORY

Dedicated fans of First World War TV comedy series Blackadder

Goes Forth - starring Rowan Atkinson, Tony Robinson, Stephen Fry and Hugh Laurie - will know that General Melchett, played by Fry, was heavily modelled on a real soldier.

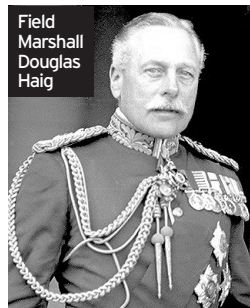
Field Marshall Douglas Haig, who commanded the British Expeditionary Force onto the bloody field of Flanders, has been heavily criticised since for his belief in near-suicidal frontal assaults, and the millions of casualties that followed.

But a change of heart among historians has occurred recently. A more balanced view of his military career has now been adopted, no doubt to the relief of his famous family.

One of his forebears, John Haig, helped found one of Scotland's most famous distilleries and by the time Douglas was commanding troops in France, Haig whisky was already a global brand.

This whisky wealth paid for

Field Marshall Douglas Haig



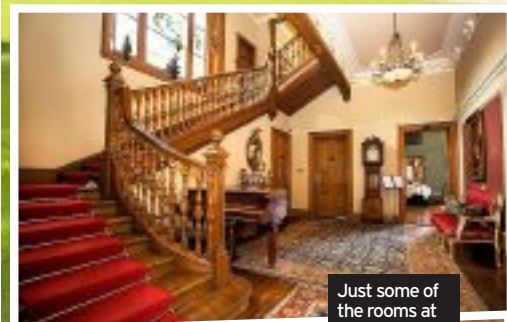
Eden Mansion, a sumptuous Victorian estate built by the family near St Andrews, a home Douglas would have known well.

Although no longer owned by the Haig family, it has recently been refurbished at great expense.

It has two halls, several reception rooms, a cinema and a main bedroom on the first floor, seven more bedrooms upstairs, a tower room and wine cellar, as well as a two-bedroom lodge, several outbuildings, garages and five acres of gardens.

It is currently operated as both a B&B and home and is on the market for offers over £1.75m. More information from Savills (0131 247 3738).

Eden Mansion near St Andrews



Just some of the rooms at Eden Mansion



The view from the property

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The exterior of Eden Lodge



**A**ctor Oliver Reed's drinking sessions were legendary. So much so, that on one occasion he is rumoured to have kidnapped his milkman and taken him to London for a two-day drinking binge.

When word got out, the milkman was sacked from his round, so Reed took him on as his gardener.

So which house did that milkman deliver to? Okewood Hill Estate, a sprawling country pile in Surrey which is now on the market.

Reed, the star of movies such as *Oliver!* and *Castaway* lived at Okewood Hill throughout the 1970s.

He isn't the only famous face to have graced the corridors of the Grade II listed

## REED ALL ABOUT OLIVER'S COUNTRY PILE...

The interior of Okewood Hill



property that features 16th-century timbers and leaded windows.

Comic Jim Davidson owned the estate until 2006 when he was forced to sell due to bankruptcy. He reluctantly had to give up a life

of luxury in the six-bedroom Surrey Hills home which features an indoor swimming pool, a gym, home cinema, helipad and a two-bedroom cottage.

The estate is for sale for £3.5m via Strutt & Parker (0203642 4591).



Oliver Reed

Okewood Hill



**E**asy listening pop music might have fewer fans these days than it used to, but there was a time when the charts were awash with artists such as The Carpenters, Andy Williams and Engelbert Humperdinck.

But let's not forget Roger Whittaker who, since his first successes during the 1960s and into the 1970s, has sold millions of records.

His hits included *The Wind Beneath My Wings* and *Durham Town* (*The Leavin'*) but his biggest was *The Last Farewell* - which was covered by Elvis - and reached No.1 in 11 countries.

He was a regular on the BBC's *Top of the Pops*, had his own TV show at one point and was famous for his

baritone singing voice and whistling, all of which helped him sell over 60 million records worldwide.

He last toured during the early Noughties and now, aged 81, lives in the South of France with his wife.

During his heyday, the couple lived in this quirky but luxurious thatched house near the

town of Saffron Walden in Essex. The Grade II listed property has six bedrooms, two reception rooms, an indoor heated pool and gym, tennis court, stables, paddocks and a three-bedroom cottage.

Roger's former home is for sale at £2.25m.

More information from Fine & Country (01279 757500).



The former home (and pool) of Roger Whittaker in Essex

## CHECK OUT THIS CROONER'S CRIB



## A GRAND PLACE TO CALL HOME

Just over a year ago Channel 4's *Grand Designs* TV show featured one of its most challenging builds, a partially cob-constructed home and cookery school built by food writer Mark Diacono and his wife Candida.

Otter Farm, which includes two buildings with hyperbolic roofs inspired by the shape of a plough, houses the couple's home as well as a winery, farm shop and cookery school. Both structures feature wall insulation made from old newspapers, are heated by thermodynamic panels, have mud or cob walls and a garden which supplies much of the food for the house.



Otter Farm near Honiton, Devon

Their home is timber-framed and clad in larch and both properties have grass roofs.

Perhaps the most extraordinary aspect of the build, however, was that they set out to complete the project despite knowing they didn't have enough money to finish it.

Consequently, one of the more gobsmacking parts of the programme was when the couple started an online crowdfunding campaign and raised an extra £60,000 to finish the property, which was estimated to cost £560,000.

But they have decided to move on. The stunning property is now for sale and comes with nearly 16 acres of land including a river meadow and fishing rights on the adjoining Otter river. The home has two reception rooms and a study downstairs and four bedrooms upstairs. The second building includes a huge studio-style open space.

It's near Honiton in Devon and is for sale for around £1.6m. Exact price on application from Stags, 01404 45885.

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# YOUR GARDEN

With Diarmuid Gavin



Mimosa

Don't sit back and wait for the spring bulbs... plant right and January has its own delights

One of the delights of gardening in Britain is that when winter weather allows there's always something to entice you outside. When the trees are stripped of their leaves, when bulbs are still hiding, when our herbaceous perennials don't dare to peep their heads from under their compost and soil blankets, the plants that are performing shine like precious jewels in otherwise dormant plots.

And the rewards for searching for these jewels are immense. In cold weather and against a backdrop of icy clear skies, scent and colour are enhanced, leading us to appreciate the gift that gardening brings to our temperate havens.

With plots getting smaller, the most sensible style of gardening to have is a mixed one with something happening all year round.



The flowers of a witch hazel bloom on bare wood

So don't let your interest jump from autumnal leaf colour to spring bulbs – the winter gems can be a rare delight.

There are some special plants you should consider for your plot. The witch hazels (*Hamamelis*) cast a magic spell. They flower on bare wood so they are not fighting with foliage for attention. And what flowers! Delicate paper fronds in bright yellows ('*Pallida*'), coppery oranges ('*Jelena*') and reds ('*Diane*') which offer up a spicy smell.

They prefer neutral to acidic soil but generally do well if the ground is humus rich and well drained. They won't thrive on a shallow chalky soil and will do much better if sheltered from cold harsh winds.

Wintersweet, or *Chimonanthus praecox*, is another treasure to be found at this time of year. Its pale yellow waxy flowers on bare stems emit a delicious scent. It's best grown against a warm south-facing wall.

Daphnes are classic winter beauties, '*Jacqueline Postill*' being a star performer. This needs to be planted near a path where you can get up close to drink in the intensely fragrant flowers which are purple-pink outside and white within.

For an easy to grow fragrance, try *Viburnum farreri* which never disappoints.

Flowers of white tinged with pink have an exquisite bouquet, again produced on bare stems.

If there's a space for a small tree, *Azara microphylla* emits a gorgeous vanilla scent from tiny greenish yellow flowers in late winter and early spring. It's a small evergreen shrub or tree with small dark green leaves which will tolerate some shade.

More space is required for the mimosa tree, *Acacia dealbata*. It has beautiful silvery fern-like foliage that florists like for their arrangements and is covered in yellow pom-pom flowers in January which give off the most delicious fragrance.

However, it can be a bit tender, especially when young, although it hardens with age. It may only be suitable for the south and west of the country, or a conservatory.



Dogwood

It's not just scent though – when foliage drops, it can reveal hitherto hidden beauty.

Dogwood shrubs really come into their own in winter – fully clothed they are unremarkable but when their bare stems are revealed, you can appreciate the vivid colour of their stems. *Cornus alba* '*Sibirica*' is the bright red one, *Cornus flaviramea* has yellow green stems.



Daphne



Wintersweet

## JOBS FOR THE WEEK

■ It's not too late to protect plants from cold weather. Make sure any tender species are either indoors in the conservatory or greenhouse, or wrapped up outside with some hessian or horticultural fleece.

■ If you're feeling energetic, you could do a bit of

pruning. Wisteria, which has thrown out long whippy stems, can be clipped back to about two or three buds.

■ Order seed potatoes and start chitting them – pop them eyes up in an egg box near some light.

■ It's a good idea to check on dahlia and begonia

tubers that you are over-wintering. Remove anything that looks rotten as that can spread to the others.

■ Summer may seem a long way off but you could start sweet peas from seed now. If you sowed them in autumn, you've had a head start and could be potting them on now.

■ You can also be planning your hanging baskets – ordering seeds and plug plants. It's always great to dream about colour in the dull days of January.

■ Make sure your peaches and nectarines are protected with a cover.







## A garden where cold is best

To see winter gardening done by the experts, take a trip to the Winter Garden at Sir Harold Hillier Gardens in Romsey, Hampshire.

Developed over many years by Sir Harold, a renowned plantsman, it is now managed as a charity by Hampshire County Council and includes plants from its founder's trips to Korea, Japan, New Zealand, Australia and the US.

Within its 180 acres, four acres are

devoted to the Winter Garden and here you will find 650 shrubs chosen for their winter effect.

These include scented plants such as daphne and witch hazel, shrubs and trees with interesting bark such as Acer griseum, birches, Rubus cockburnianus and species of dogwood, underplanted with bergenias and cyclamen.

For details see [hilliergardens.org.uk](http://hilliergardens.org.uk), or call 01794 369 318.

## ASK DIARMUID

**Q** I have bought dwarf lupins and at the moment they are under a small polytunnel. Do I keep them there and do I need to feed them?

GW Dutton

**A** Lupins are very hardy so you don't need to keep them in a polytunnel.

They don't like sitting in wet soil, however, so bear this in mind when planting them - add some grit if necessary.

Lupins are nitrogen fixers, which means they can convert nitrogen from the atmosphere into nitrates in the soil, via bacteria on their roots. This ability allows them to thrive on poor soil, so don't worry too much about feeding them.



## PLANT OF THE WEEK

### SUNBELIEVABLE

Let's get 2018 off to a colourful note with this new introduction from Thompson and Morgan.

The result of eight years' work from their breeding team, this sunflower can be used as a bedding or container plant and will bloom continuously from June until November.

It's very floriferous, producing a 1,000 blooms per plant and its

compact shape will suit the front of a border. With all those blooms, you'll get a couple of vases of cut flowers as well every month.

'Sunbelievable' is available exclusively from [thompson-morgan.com](http://thompson-morgan.com) for delivery from April. The price is £14.99 for a 9cm potted plant or £19.99 for two (saving £9.99).



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## ...A Selection Of Homes From Our Extensive Portfolio...



### REGENCY COURT, HARLOW

- One Bedroom
- Lounge/Diner
- Communal Garden
- Chain Free
- Ground Floor
- Apartment
- Residents Parking
- EPC Rating: D

£149,995



### HOLLYFIELD, HARLOW

- One Bedroom
- Lounge/Diner
- Chain Free
- Close To Amenities
- First Floor
- Apartment
- Popular Location
- EPC Rating: C

£159,995



NEW

### SPENCERS CROFT, HARLOW

- Two Bedrooms
- Balcony
- Lounge/Diner
- First Floor
- Flat
- Chain Free
- Popular Area
- EPC Rating: C

£174,995



### FELMONGERS, HARLOW

- Two Bedrooms
- First Floor
- Popular Location
- Balcony
- Large Apartment
- Lounge/Diner
- Chain Free
- EPC Rating: C

£184,995



### THE CHASE, HARLOW

- One Bedroom
- Decked Courtyard
- Open Plan
- Chain Free
- Apartment
- Ground Floor
- Allocated Parking
- EPC Rating: TBC

£192,500



### CANOPY LANE, HARLOW

- Two Bedrooms
- Allocated Parking
- Modern Fitted Kitchen
- Chain Free
- Second Floor Apartment
- Popular Location
- Intercom Entry System
- EPC Rating: C

£214,995



NEW

### BROMLEY CLOSE, HARLOW

- Two Double Bedrooms
- Close To Amenities
- Allocated Parking
- Chain Free
- Ground Floor Apartment
- Lounge/Diner
- Ensuite To Master
- EPC Rating: C

£214,995



### BLACKBUSH SPRING, HARLOW

- Two Double Bedrooms
- Lounge/Diner
- Large Rear Garden
- Popular Location
- End Terrace
- Modern Fitted Kitchen
- Westerly Garden
- EPC Rating: TBC

£259,995



### FENNELLS, HARLOW

- Three Bedrooms
- Kitchen/Diner
- Cloakroom/WC
- Chain Free
- Terraced House
- Popular Location
- Outskirts Of Town
- EPC Rating: D

£264,995



### GREEN HILLS, HARLOW

- Three Bedrooms
- Two Receptions
- Popular Location
- CHAIN FREE
- Terraced Home
- Conservatory
- Enclosed Garden
- EPC Rating: D

£264,995



### LONG LEY, HARLOW

- Three Bedrooms
- Lounge/Diner
- Popular Location
- CHAIN FREE
- Terraced Home
- Modern Kitchen
- Private Garden
- EPC Rating: E

£264,995



### SPRUCE HILL, HARLOW

- Three Bedrooms
- Well Presented
- Lounge/Diner
- Ground Floor WC
- Middle Terrace
- Popular Location
- Fitted Wardrobes
- EPC Rating: TBC

£279,995



### PEACOCKS, HARLOW

- Three Bedrooms
- Two Receptions
- Modern Kitchen
- Allocated Parking
- End Of Terrace
- Popular Location
- Close To Amenities
- EPC Rating: D

£279,995



NEW

### ABBEYDALE CLOSE, CHURCH LANGLEY

- Two Bedrooms
- Modern Kitchen
- Lounge/Diner
- Allocated Parking
- Terraced House
- Westerly Garden
- Popular Location
- EPC Rating: C

£284,995



### MALKIN DRIVE, CHURCH LANGLEY

- Two Bedrooms
- Lounge/Diner
- Cloakroom/WC
- Garage To Rear
- Terraced Home
- Crudeace Build
- Southerly Gardens
- EPC Rating: C

£294,995



### WILLOWFIELD, HARLOW

- Three Bedrooms
- Conservatory
- Lounge/Diner
- Chain Free
- End Terrace Bungalow
- Southerly Garden
- Popular Location
- EPC Rating: C

£299,995



NEW

### FAIRFIELD ROAD, HODDESDON

- One/Two Bedroom
- Driveway
- Popular Location
- Chain Free
- Semi Detached Bungalow
- Westerly Garden
- Well Presented
- EPC Rating: E

£299,995



### GLAN AVON MEWS, HARLOW

- Three Bedrooms
- Allocated Parking
- Modern Kitchen/Diner
- Well Presented
- End Terrace Home
- Quiet Cul-De-Sac
- Ground Floor WC
- EPC Rating: TBC

£304,995

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## ...A Selection Of Homes From Our Extensive Portfolio...

NEW



### ALBERT GARDENS, CHURCH LANGLEY

- Three Bedrooms
- Kitchen/Diner
- Cloakroom W.C
- Double Driveway
- Semi Detached
- Conservatory
- Popular Location
- EPC Rating: D

£339,995

### LATTON GREEN, HARLOW



- Three Bedrooms
- Driveway
- Two Receptions
- Chain Free
- Semi Detached
- Popular Location
- Potential To Extend (STPP)
- EPC Rating: TBC

£339,995

### PRIORY COURT, HARLOW



- Four Bedrooms
- Recently Redecorated
- Driveway
- Overlooking Latton Common
- Town House
- En-suite To Master
- Private Close
- EPC Rating: TBC

£339,995

NEW



### SPARROWHAWK WAY, HARLOW

- Two Double Bedrooms
- Well Presented
- Overlooking New School
- NHBC Warranty
- Link Detached
- Kitchen/Diner
- Driveway
- EPC Rating: TBC

£349,995

NEW



### PADDOCK MEAD, HARLOW

- Three Bedrooms
- Garage & Driveway
- Cul-De-Sac Location
- Chain Free
- Semi Detached
- Popular Location
- Conservatory
- EPC Rating: C

£349,995

NEW



### REDWING WAY, HARLOW

- Two Double Bedrooms
- Open Plan
- Driveway
- NHBC Warranty Remaining
- Semi Detached
- Quiet Cul-De-Sac
- Immaculate Throughout
- EPC Rating: B

£349,995



### PYENEST ROAD, HARLOW

- Three bedrooms
- Driveway
- Un-Overlooked Garden
- Popular Location
- Semi Detached
- Two Reception Rooms
- Ground Floor WC
- EPC Rating: TBC

£369,995



### CHALLINOR, CHURCH LANGLEY

- Three Bedrooms
- Two Receptions
- Private Rear Garden
- Garage & Drive
- Detached House
- Immaculate Home
- En-Suite & W.C
- EPC Rating: D

£384,995



### MOSS LANE, NEWHALL

- Three Double Bedrooms
- Kitchen/Breakfast Room
- Sun Terrace
- Driveway
- Link Detached
- Two Receptions
- Ground Floor WC
- EPC Rating: B

£399,995



### ALBERT GARDENS, CHURCH LANGLEY

- Four Bedrooms
- Garage & Driveway
- Well Presented
- Chain Free
- Detached Home
- Two Reception Rooms
- Conservatory
- EPC Rating: TBC

£449,995

NEW



### HILLY FIELD, HARLOW

- Four Bedrooms
- Two Receptions
- Garage & Driveway
- Chain Free
- Detached House
- Premium Location
- South Facing Garden
- EPC Rating: TBC

£499,995

NEW



### RUNDELLS, HARLOW

- Five Bedrooms
- Extended Property
- Kitchen/Breakfast Room
- Garage & Driveway
- Semi Detached
- Large Corner Plot Garden
- Rarely Available
- EPC Rating: TBC

£499,995



### CHELSEA GARDENS, CHURCH LANGLEY

- Six Bedrooms
- Two Receptions
- En-Suite Shower
- Garage & Drive
- Utility & W.C
- Riptide Swim Spa
- EPC Rating: TBC

£549,995



### CHELSEA GARDENS, HARLOW

- Five Bedrooms
- Two Reception Rooms
- Southerly Garden
- Tandem Garage & Driveway
- Detached Home
- Quiet Cul-De-Sac
- WC & Utility Room
- EPC Rating: TBC

£559,995

NEW



### THURSTANS, HARLOW

- Four/Three Bedrooms
- Three Receptions
- Premium Location
- Detached Double Garage
- Detached Home
- Stunning Orangery
- Large Garden Plot
- EPC Rating: D

£599,995

SOLD STC

MORE NEEDED



### LITTLE CATTINS, HARLOW

- One Bedroom
- Lounge/Diner
- Fitted Kitchen
- Juliette Balcony
- Apartment
- Top Floor (2nd)
- CHAIN FREE
- EPC Rating: C

£164,995

SOLD STC

MORE NEEDED



### WATERHOUSE MOOR, HARLOW

- Three Bedrooms
- Lounge/Diner
- Conservatory
- Double Driveway
- Terraced House
- Popular Location
- Chain Free
- EPC Rating: D

£299,995

SOLD

MORE NEEDED



### RUNDELLS, HARLOW

- Four Bedrooms
- Garage & Driveway
- Extended
- Chain Free
- Semi Detached
- Desirable Location
- Three Receptions
- EPC Rating: TBC

£349,995

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e: info@rjestateagents.co.uk



A NEW HOME MEANT

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Estate and Letting Agents



SAWBRIDGEWORTH,  
AWAITING EPC BAND, £315,000



CHURCH LANGLEY  
EPC BAND C, £1000 PCM\*



SAWBRIDGEWORTH,  
EPC BAND C, £380,000



HARLOW,  
EPC BAND D, £600,000



HARLOW,  
EPC BAND B, OFFERS IN EXCESS £250,000



SAWBRIDGEWORTH  
EPC BAND B, £1300 PCM\*



HARLOW  
EPC BAND D, £900 PCM



SAWBRIDGEWORTH  
EPC BAND C, £1100 PCM\*

WHAT WOULD A NEW HOME MEAN TO YOU?

\* IMPORTANT NOTE: When you apply for a tenancy there will be an administration fee to pay - ask our branch staff or visit our website <http://www.intercounty.co.uk/tenant-fees> for further details of this fee and other fees which may become payable during the lifetime of your tenancy.





SAWBRIDGEWORTH, EPC BAND C, £1200 PCM\*

GILSTON, EPC BAND B, GUIDE PRICE £599,950



MULBERRY GREEN, EPC BAND B, £550,000

HARLOW EPC BAND C, £1,350 PCM\*

CALL US TODAY FOR  
A FREE VALUATION

HARLOW  
01279 639666

SAWBRIDGEWORTH  
01279 600333





Price  
Reduced

## COALPORT CLOSE

OIEO £270,000

- Two Bedroom Home
- Allocated Parking Space
- Stamp Duty Free for First Time Buyers
- Lounge Diner 14'3 x 13'1

- Fitted Kitchen 6'11 x 9'8
- Bedroom One 11'2 x 13'0
- Bedroom Two 6'4 x 12'10



## PEACOCKS Offers over £278,950

- Three Bedroom Family Home
- End of Terrace
- Fitted Kitchen & Bathroom
- Open Plan Lounge Diner
- Garage En Bloc
- No Onward Chain



## CARTERSMEAD Offers Over £265,000

- Extended Two Bedroom Family Home
- Well Presented Throughout
- Large Lounge
- Fitted Kitchen
- Modern Family Shower Room
- Gas Radiator Central Heating
- Potter Street Location



## MOORFIELD £155,000

- One Bedroom Ground Floor Flat
- Large Kitchen & Lounge Diner
- Modern Fitted Bathroom
- No Onward Chain
- Gas Central Heating
- Outlets of Harlow
- Walking Distance to Shops



## FOLDCROFT OIEO £195,995

- Two Bedroom Maisonette
- Close to Train Station & Hospital
- Close to Harlow Town Centre
- Gas Central Heating
- Double Glazing
- Fitted Kitchen and Bathroom
- Offered with No Onward Chain



## Shawbridge OIEO £280,000

- Three Bedroom Family Home
- Chain Free
- End of Terrace
- Three Double Bedrooms
- Popular Location
- Gas Central Heating



New  
Instruction

## POTTER STREET

£275,000

- No Onward Chain
- Rarely Available
- Two Good Size Bedrooms
- Lounge 12'1 x 18'3

- Kitchen 8'7 x 5'11
- Fitted Bathroom
- South Facing Garden
- Set on Private Road



## CHAPELFIELDS Offers over £280,000

- Three Bedroom Home
- Mid Terrace
- Potter Street Location
- Gas Central Heating
- Double Glazing
- Open Plan Kitchen Diner Lounge



## THE READINGS £280,000

- Three Bedroom Family Home
- Mid Terrace
- Double Glazing
- Gas Central Heating
- Close to Amenities
- Good Size Rear Garden
- No Onward Chain



New  
Instruction

## FELMONGERS

£275,000

- Three Bedroom Family Home
- No Onward Chain
- Kitchen 8'1 x 13'7
- Lounge 10'5 x 21'5

- Rear Garden Approx 40ft
- Fitted Bathroom
- Gas Central Heating
- Close to Schools & Amenities



## THE MAPLES £280,000 - £285,000

- Chain Free
- Three Bedrooms
- In Need of Modernisation
- Lounge 15'11 x 11'8
- Kitchen 15'11 x 9'3
- Two Double Bedrooms
- Downstairs Cloakroom



## PRIORY COURT £290,000

- Three Bedroom Town House
- Own Drive
- Close to Schools & Amenities
- Good Size Garden
- Downstairs Cloakroom
- Fitted Kitchen
- Lounge & Dining Area



New  
Instruction

## SPINNING WHEEL MEAD

£284,995

- Three Bedrooms
- Utility/Storeroom
- Close to Amenities
- L-Shaped Kitchen

- Lounge Diner
- Modern Fitted Bathroom
- Gas Central Heating
- Newly Fitted Windows





New  
Instruction

## HIGH STREET

Offers in excess of £355,000

- Period Cottage
- Modernised Throughout
- Three Bedrooms
- Open Plan Ground Floor Area

- Real Oak Floors & Doors
- Fitted Wooden Kitchen
- Parking Space to Front
- Courtyard Style Garden



## BARN MEAD £290,000

- Three Bedroom Home
- Mid Terrace
- Large Lounge Diner
- Fitted Kitchen & Bathroom
- Good Sized Bedrooms
- Close to Local Amenities & Schools
- Double Glazing



## THE FORTUNES £323,000

- Four Bedroom Family Home
- Corner Plot
- Large Lounge
- Kitchen Diner
- Utility Room & Downstairs Cloakroom
- Modern Fitted Bathroom
- Viewing Recommended



## EAST PARK

£395,000

- Popular Sought After Location of Old Harlow
- Lounge 10'5 x 23'9
- Dining Room 10'1 x 9'7
- Modern Kitchen 17'3 x 8'11

- Garage
- Close to Old Harlow High Street
- Walking Distance of Train Station
- Close to Local Schools



## PEACOCKS Offers in excess of £284,995

- Three Bedroom Family Home
- Fitted Kitchen & Bathroom
- Gas Central Heating
- Allocated Parking Space
- Outskirts of Harlow
- Open Plan Lounge Diner
- Double Glazing



## RADBURN CLOSE £285,000

- Three Bedroom Family Home
- Close to Harlow Common
- Unoverlooked Garden
- Good Size Lounge Diner
- Close to Schools & Shops
- Lounge Diner 16'6 x 9'11
- Bathroom & Separate WC



## CHURCH LANGLEY £330,000

- Extended Family Home
- Three Bedrooms
- Modern Fitted Kitchen
- Family Bathroom
- Gas Central Heating
- Double Glazing
- No Onward Chain



## ONGAR £575,000

- Three Bedroom Bungalow
- High Specification Throughout
- Dressing Room
- Family Bathroom
- Two Further Dorma Rooms



## OLD HARLOW Asking price £700,000

- Four Bedroom Detached
- Kitchen & Dining Area
- Downstairs Bathroom
- Downstairs Bedroom & en-suite
- Lounge
- Double Garaging
- Underfloor heating



New  
Instruction

## HIGH HOUSE ESTATES

£550,000

- Extended Family Home
- Three/Four Bedrooms
- Lounge & Separate Dining Area
- Conservatory 21'10 x 9'5

- Excellent Condition Throughout
- Kitchen & Utility Area
- Gas Central Heating & Double Glazing
- Garage



## BENTLEY DRIVE £349,995

- Three Bedroom End of Terrace Home
- Modern Fitted Kitchen & Bathroom
- Gas Central Heating & Double Glazing
- Allocated Parking
- Conservatory
- Close to All Amenities



## NAZEING OIEO £450,000

- Three/Four bedroom Property
- Potential for loft conversion (subject to planning)
- Parking for five vehicles
- Double Glazing & GCH
- Spacious Lounge/dining area
- Family friendly rear garden
- Two annexes in garden area offering both living ac



New  
Instruction

## SPARROWHAWK WAY

£349,995

- Well Presented
- Two Double Bedrooms
- En-Suite to Master Bedroom
- Driveway to Front

- Sun Terrace
- Modern Kitchen Breakfast Room
- Lounge 13'7 x 11'4
- Downstairs Cloakroom





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HARLOW, CHURCH LANGLEY & NEW HALL | **01279 444988**



**NEWMANS END £2,500 PCM**

- 5 Bedrooms
- En-suite to Master
- Semi Rural Location
- \* Admin Fees Apply
- EPC Rating D
- Must Be Viewed
- Beautiful Views
- Parking
- Available Now



**VICTORIA GATE £925 PCM**

- Two Bed Apartment
- Top Floor
- Intercom Entry
- Allocated Parking
- \* Admin Fees Apply
- EPC Rating C
- Available End Jan

**NEW LISTING**



Bonded Client Account



**MOORFIELD £825 PCM**

- Two Bedroom Flat
- First Floor
- Gas Central Heating
- EPC Rating D
- Unfurnished
- \* Admin Fees Apply
- Available Now

**NEW LISTING**



**TYE GREEN £775 PCM**

- One Bed Bungalow
- Oven Only
- Shower Only
- Garden
- EPC Rating D
- \* Admin Fees Apply
- Available Now



Massive reach via our marketing



**SHAWBRIDGE £1,150 PCM**

- Three Bed House
- Conservatory
- Close To Schools
- White Goods Only
- EPC Rating D
- \* Admin Fees Apply
- Available 9th Feb

**LET AGREED**



**PEACOCKS £1,100 PCM**

- Three Bed House
- Modern Property
- Must Be Viewed
- EPC Rating D
- \* Admin Fees Apply
- Oven Only
- Available Now

**LET AGREED**



Regular Property Visits



Referenced Tenants

**Properties urgently required for waiting tenants**

- Fully managed or let only
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- Fully referenced tenants
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**IMPORTANT INFORMATION:**

When you apply for a tenancy, there will be an administration fee to pay, contact our rentals team or visit our website [www.geoffreymatthews.co.uk](http://www.geoffreymatthews.co.uk) for all fees which will become payable during the length of your tenancy.



Call us today for a free valuation  
**01279 444988**



# CENTURION

SALES: 01279 417234

LETTINGS: 01279 400444

**HERONS WOOD, HARLOW****£475,000**

- FOUR BED DETACHED
- LARGE EXTENSIONS
- GARAGE & DRIVEWAY
- CLOAK ROOM
- LARGE PLOT
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- INTERNAL PHOTOS ONLINE

**CLOVERFIELD, HARLOW****£229,950**

- TWO BED MAISONETTE
- GROUND FLOOR
- LONG LEASE
- MODERNISED THROUGHOUT
- PRIVATE GARDEN
- NO SERVICE CHARGES
- GAS HEATING
- UPVC D/GLAZED WINDOWS

**ABBEYDALE CLOSE, CHURCH LANGLEY****£297,500**

- TWO BED SEMI
- GARAGE & DRIVEWAY
- SOUTH FACING GARDEN
- SOUGHT AFTER LOCATION
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE

**ELM COURT, HARLOW****£229,950**

- TWO BEDROOM APARTMENT
- SECOND FLOOR
- PRIVATE PARKING
- CURRENTLY LET
- IDEAL INVESTMENT
- GAS HEATING
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE

**CHAPEL FIELDS, HARLOW****£265,000**

- TWO BED SEMI
- CUL-DE-SAC LOCATION
- MODERNISED THROUGHOUT
- NO ONWARD CHAIN
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE

**SOVEREIGN COURT, HARLOW****£180,000**

- ONE BED GROUND FLOOR FLAT
- PRIVATE LOCATION
- ALLOCATED PARKING
- NO ONWARD CHAIN
- LONG LEASE
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- INTERNAL PHOTOS ONLINE



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UNIT 4, CHURCH LANGLEY WAY, CHURCH LANGLEY

### 01279-410084



MUST BE SEEN!

**Chelsea  
Gardens**

£235,000

- STAMP DUTY EXEMPT
- A Two Bedroom Ground Floor Flat
- Allocated Parking
- Lounge/Diner
- Telephone Entry System
- E.P.C Rating: awaiting



VIEWING ADVISED

**Tickenhall Drive**

£235,000

- One Bedroom End Of Terrace House
- Lounge/ Diner
- Conservatory At The Rear
- CHAIN FREE
- Two Allocated Parking Spaces
- EPC Rating: D



MUST BE SEEN!

**The Gardiners**

£269,995

- A Two Bedroom Terrace House
- Situated At The End Of A Residential Cul-De-Sac
- Allocated Parking
- Lounge/Diner
- Fitted Kitchen
- E.P.C. Rating: C



VIEWING ADVISED!

**Chamberlain  
Close**

£270,000

- A Two DOUBLE Bedroom Terrace House
- Allocated Parking For Two Cars
- Fitted Kitchen
- Lounge/ Diner
- Secluded Private Rear Garden
- E.P.C. Rating: D



CHAIN FREE

**Doulton Close**

£320,000

- Three Bedroom End Of Terrace House
- Situated In Cul-De-Sac Location
- En-suite To Master Bedroom
- Garage
- Driveway For One Vehicle
- EPC Rating: C



NEW/ALL LOCATED

**Bunting Street,  
Newhall**

£360,000

- A Two Bedroom Linked- Detached House
- Open Plan Living/ Diner and Kitchen
- Garage & Private Driveway For One Car
- Downstairs WC
- Secluded Garden
- EPC Rating: B



CHAIN FREE

**Great Auger  
Street**

£449,995

- Four Bedroom Detached House
- Over Three Floors
- Decked Balcony Area Off Master Bedroom
- Approximate 35ft Rear Garden
- Garage To Side With Power Lighting & Driveway
- EPC Rating: C



NEW INSTRUCTION

**Pilkingtons**

£475,000

- Five Bedroom Detached House
- Separate Lounge & Dining Room
- Four DOUBLE Bedrooms
- Conservatory To The Rear
- Parking For Multiple Vehicles
- EPC Rating: C



NEW INSTRUCTION

**Denby Grange**

£380,000

- Four Bedroom Semi Detached House
- CHAIN FREE
- Three Double Bedrooms
- En-suite to Master Bedroom
- Driveway For Two Vehicles
- EPC Rating: C



NEW INSTRUCTION

**Malkin Drive**

£415,000

- A Four Bedroom End Of Terrace Townhouse
- Downstairs W/C & First Floor Bathroom
- En-suite To The Master Bedroom
- Overlooking Playing Fields
- Driveway For Two Vehicles
- E.P.C. Rating: D







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19 EASTGATE, HARLOW  
**01279-433033**



PUBLIC NOTICE

CHAIN FREE

**Gladwin Way**

Offers Over -  
£170,000

- Public Notice 66 Gladwin Way, Harlow, Essex, CM20 1AS
- We are acting in the sale of the above property
- and have received an offer of £170,000
- Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place. EPC Rating: B



PUBLIC NOTICE

**Hull Grove**

O.I.R.O -  
£245,950

- Public Notice: 103 Hull Grove, CM19 5RR
- We advise That An Offer Has Been Made
- Property In The Sum Of £236,000.
- Anyone Wishing To Increase On This Offer Should Notify The Agents Of Their Best Offer Prior To Exchange
- Of Contracts. Kings Harlow Town- 01279 433033



CHAIN FREE

**Rye Croft**

O.I.E.O -  
£260,000

- Three Bedroom Terraced House
- Chain Free
- Spacious Lounge/Diner
- An Ideal First Time Buy Or Investment Opportunity
- Approx. 50ft Rear Garden
- EPC Rating: D



VIEWING ADVISED!

**Moorfield**

O.I.R.O -  
£264,995

- A Two Bedroom Mid Terrace House
- Immaculate Condition In Our Opinion
- Kitchen/ Diner
- Brick Built Stove For Outside Dining
- Approx. 30ft Rear Garden
- Awaiting EPC Rating



MUST BE SEEN!

**Tanys Dell**

O.I.R.O -  
£ 275,000

- Three Bedroom Mid Terrace
- Fitted Kitchen
- Lounge
- Perfect Home Or Investment
- Approx. 50ft Rear Gardens
- Awaiting EPC Rating



CHAIN FREE

**Pegram's Court**

O.I.R.O -  
£290,000

- Three Bedroom House
- Fitted Kitchen
- Chain Free
- Two Double Bedrooms
- Perfect Home Or Investment
- EPC Rating C



VIEWING ADVISED!

**Pittmans Field**

O.I.R.O -  
£290,000

- Three Bedroom End Of Terrace House
- Cul De Sac Location
- Easy Reach Of Schools & Local Amenities
- Fitted Kitchen
- Landscaped Garden To Rear Aspect
- EPC Rating: Awaiting



MUST BE SEEN!

**Collins Meadow**

O.I.R.O -  
£295,000

- Three Bedroom Terrace House
- Fitted Kitchen
- Lounge/ Diner
- Conservatory To Rear
- Downstairs WC
- Awaiting EPC Rating



NEW INSTRUCTION

**Risdens**

O.I.R.O -  
£210,000

- FOR SALE BY ONLINE AUCTION
- Starting Bid 160,000 Terms and Conditions Apply
- Call Now To Book Your Viewing Slot
- CHAIN FREE
- Two Bedroom Split Level Maisonette
- EPC Rating : Awaiting



VIA AUCTION



NEW INSTRUCTION

**Brays Mead**

O.I.R.O -  
£295,000

- Three Bedroom Terraced House
- Chain Free
- Well Presented In Our Opinion
- Lounge/Diner
- Approx. 40ft Rear Garden
- Awaiting EPC



CHAIN FREE





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WHY INSTRUCT  
ANYONE ELSE?

# AFFORDABLE LETTING FEES LANDLORDS WANTED TENANTS WAITING



19 Eastgate, Harlow  
**01279-450400**



**Milestone Road, Newhall**

- Two Bedroom Flat
- Modern Interior and Double Bedrooms
- EPC Rating - C
- Additional Fees - see in branch

£975



**The Dashes**

- Two Bedroom House
- Moments from the Town Centre
- EPC Rating - D
- Additional Fees - see in branch

£1,000



**Northbrooks**

- 3 Bedroom House
- Next to Princess Alexandra Hospital
- EPC Rating - D
- Additional Fees - see in branch

£1,200

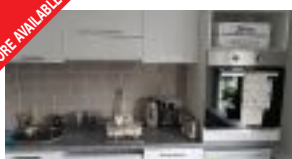


**Gladwin Way**

- 1 Bedroom Flat
- Minutes from Harlow Train Station
- EPC Rating - C
- Additional Fees - see in branch

£850

LET BY



**Terminus House, CM20**

- Immaculate Studio Flats
- In the heart on Harlow Town
- Fully furnished with brand new appliances
- Additional Fees - see in branch

£625

MORE AVAILABLE

**WINNERS OF A RECORD  
13 ESTAS AT THE 2016  
ESTATE & LETTING  
AGENT AWARDS...**



IN THE BIGGEST CONSUMER SURVEY OF ITS KIND IN THE PROPERTY INDUSTRY, THE PRESTIGIOUS ESTATE AND LETTINGS AGENTS AWARDS 2016, AS VOTED FOR BY THE GREAT BRITISH PUBLIC, WE CAME OUT ON TOP...AGAIN! INCLUDING BEST OFFICE IN THE UK!!

**COMPETITIVE AGENCY FEES**

**RENTAL GUARANTEE\***

**FREE INVENTORY\***

**DEDICATED PROPERTY  
MANAGEMENT DEPARTMENT**

\*Terms and conditions apply.

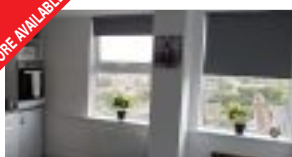


**Bentley Drive, Church Langley**

- Two Bedroom Flat
- Newly Decorated Throughout
- EPC Rating - C
- Additional Fees - see in branch

£850

LET BY



**Terminus House**

- Immaculate Studio Flats
- In the heart on Harlow Town
- Fully furnished with brand new appliances
- Additional Fees - see in branch

£650

MORE AVAILABLE

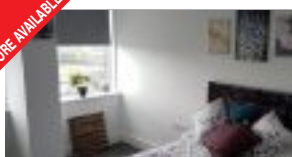


**Elm Court, Commonsde Road**

- Two Bedroom Ground Floor Flat
- Close To Local Amenities
- EPC Rating - C
- Additional Fees - see in branch

£950

LET BY



**Terminus House, CM20**

- Immaculate Studio Flats
- In the heart on Harlow Town
- Fully furnished with brand new appliances
- Additional Fees - see in branch

£675

MORE AVAILABLE



**Doulton Close, Church Langley**

- Three Bedroom House
- Master to Ensuite
- EPC Rating - C
- Additional Fees - see in branch

£1,250

LET BY

Fees - Please see in branch for details.





**£224,950 SAWBRIDGEWORTH (Burtons Mill)**  
First floor 2 bedroom apartment with just a 3 minute walk to train station. Private balcony, sitting room, kitchen and bathroom. Offered with no onward chain. Approx. rental value of £850 pcm. Sole agents.



**£239,950 HARLOW (Gladwin Way)**  
2 double bedrooms with balcony. 3 mins walk to station and 10 mins walk to town centre. 1.5 length carport. Modern interior with a high spec kitchen and bathroom. Approx. rental of £975 pcm. Sole agents.



**£240,000 HIGH WYCH (Orchard Lea)**  
1 bedroom ground floor apartment set in a retirement village for the over 55's. Good size living room with sliding doors on to communal gardens, kitchen, bathroom, private residents parking. No onward chain. Sole agents.



**£319,950 LITTLE DUNMOW (Flitch Green)**  
3 bedroom end of terrace modern family home with a fitted kitchen, large living/dining room, downstairs w.c., 3 bedrooms, en-suite shower room, further family bathroom, enclosed rear garden, single garage and parking. Must be viewed. Sole agents.



**£395,000 OLD HARLOW (Hobbs Cross)**  
2 bedroom detached country bungalow with a modern kitchen, sitting room, conservatory, 2 en-suite bath/shower rooms, 80ft rear garden and stunning views.



**£429,950 GREAT HALLINGBURY (Howe Green)**  
Newly converted 2 double bedroom unique detached home. Views over paddocks, good size garden, plenty of parking, gated entrance, large open plan ground floor with a high quality kitchen, conservatory/dining room. Fully carpeted and ready to move into. No chain. Sole agents.



**GUIDE PRICE £489,950 HARLOW**  
Fantastic detached 4 bedroom family home with a 65ft south facing rear garden, garage and parking, playroom/office, large living room opening through to dining room, en-suite bathroom. Well maintained. Owners found and keen to move. Sole agents.



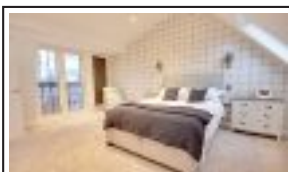
**£512,000 HIGH WYCH (Wisemens Gardens)**  
Extended 4 bedroom family home with huge sitting room, impressive kitchen/family/dining room, cinema room, study, downstairs shower room, main family bathroom plus en-suite, driveway and parking for 3 cars, landscaped garden. Sole Agents.



**£539,000 LITTLE LAVER (Ongar)**  
Rare barn conversion with fantastic rural views, exposed period features, vaulted ceilings, exposed brick walls, open plan living, 2 bedrooms, good size garden, parking and cartlodge. No chain. Recommended.



**£555,000 BISHOPS STORTFORD (Dove Close)**  
4 bedroom detached home with an extensive driveway, parking, single garage and office. High quality kitchen/dining room, sitting room, family room, cloakroom, master bedroom with balcony and en-suite shower room, main family bathroom, 40ft garden. Sole agents.



**£700,000 TERLINGS PARK (Hodgson Way)**  
Detached 5 bedroom, 3 bathroom luxury family home in this modern development. Walking distance of train station. Large kitchen/dining room, living room, study/playroom, detached garage and driveway. Owner found and ready to move. Joint agents.



**£769,000 SAWBRIDGEWORTH (The Forebury)**  
Centrally located new 4 double bedroom detached family house with a large loft space, large living room, separate dining room, study/office, large kitchen, downstairs w.c./shower room, en-suite and family bathroom, lots of parking. Situated opposite F&B school and 5 mins walk to station.



**GUIDE PRICE £975,000 MAGDALEN LAVER**  
Unique 3-4 bedroom barn conversion in a courtyard setting. Double garage, annexe, good size garden, views over farmland, gated parking. Lots of charm and character with light, bright spacious accommodation. Sole agents.



**£1,100,000 HATFIELD BROAD OAK**  
5-6 bedroom detached village house. Central village position with independent annexe, if required. Sitting room, dining room, study, gym/hobby room, 2 en-suites, recently fitted family bathroom. Sunny south westerly plot of 1/3 acre. Lots of parking and double garage.



**£1,450,000 LITTLE LAVER**  
5,500 sq ft. Fabulous barn conversion. Many period features, large kitchen/breakfast room, magnificent living room, vaulted dining hall, 5 double bedrooms, master bedroom suite with stunning views, impressive gallery, lots of parking, triple bay cartlodge and store. No onward chain.



**£795pcm SAWBRIDGEWORTH**  
Unfurnished one bedroom first floor maisonette just a short walk from facilities and mainline station. Shower room, fitted kitchen, large double bedroom and good size lounge/diner. Double glazing throughout, gas fired central heating and parking. Available early February.



**£895pcm SAWBRIDGEWORTH (Barn Court)**  
2 bedroom maisonette, with recently updated kitchen and bathroom, and newly decorated throughout, close to town centre and station. Large living room, fitted kitchen, bathroom, two bedrooms, double glazing, gas central heating, parking to front and available early February.



**£925pcm SAWBRIDGEWORTH (Lawrence Moorings)**  
A well presented, 2 bedroom, second floor apartment situated in a just a short walk from mainline station. Bright lounge with over the river, fitted kitchen with appliances and bathroom. Parking and communal gardens. Available.



**£1095pcm BISHOPS STORTFORD (Cannons Close)**  
2 bedroom semi-detached bungalow situated in a quiet location just a short distance from Town. Fitted bathroom and kitchen, 2 good size bedrooms and a bright lounge overlooking the rear garden. Parking for one car as well as casual parking. Available.



**£1050pcm STEBBING (Bran End)**  
3 bedroom detached unfurnished cottage with family bathroom to the first floor, ground floor sitting room, dining room, kitchen with breakfast area, conservatory and downstairs wc. Good size garden with storage area, off road parking and garage. Available Mid February



**£1395pcm SAWBRIDGEWORTH (The Crest)**  
3 bedroom extremely well presented family home only a short walk from amenities. 3 bedrooms to first floor plus shower room, with a sitting room opening through to kitchen/diner to ground floor, garden to rear and casual parking to front. Unfurnished and available immediately.



**£1395pcm BISHOPS STORTFORD (East Road)**  
Immaculately presented, 3 bedroom home situated in an ideal location within short walking distance of station. Living room, stunning open plan kitchen and dining area, brand new bathroom and three bedrooms. Good size rear garden and permit parking on the road to the front. Available



**£1495pcm SAWBRIDGEWORTH (Bickerton Court)**  
1200sqft duplex apartment in a newly constructed development only a short walk to the station. Comprising huge lounge/dining room with balcony, fitted kitchen, 2 bedrooms and 2 bathrooms. Parking, gas fired central heating and available.



**£1795pcm BARNSTON (Bishops Green)**  
3 bedroom detached chalet bungalow set in just over three acres which is maintained. Entrance hall, ground floor bedroom with bathroom, kitchen/breakfast room, utility, sitting room, dining area, study, with 2 bedrooms and shower room to the first floor. Ample parking, detached double garage.



**£2750pcm MATCHING GREEN (Downhall Road)**  
Detached 4 bedroom family home in a highly sought after location. Large kitchen with separate utility, opens onto sitting/dining room area with bi-folding doors, ground floor bedroom and 3 bedrooms and 3 bathrooms to the first floor, parking and detached double garage.



# Howick & Brooker



Gothic House, Station Road, Old Harlow, CM17 0AP



CHAIN FREE

**£184,995**  
**WILLOWFIELD, HARLOW**

- Two Bedrooms
- Chain Free
- Popular Location
- Ground Floor
- Storage Shed
- EPC Rating : D



CHAIN FREE

**£279,999**  
**WEDGEWOOD DRIVE, CHURCH LANGLEY**

- Two Bedrooms
- Two Parking Spaces
- No Onward Chain
- End Terrace
- Separate Dining Room
- EPC Rating: D



NEW PRICE

**£285,000**  
**CARTERS MEAD, HARLOW**

- Two Bedrooms
- Modern Decor
- Off Street Parking
- Mid Terrace Property
- Conservatory
- EPC Rating: TBC



NEW PRICE

**£285,000**  
**EAST PARK, OLD HARLOW**

- Two Bedrooms
- No Work Required
- Views Over Woodland
- Mid Terrace Property
- Lounge/ Diner
- EPC Rating: D



NEW ON

**£294,995**  
**MARKWELL WOOD, HARLOW**

- Two Bedrooms
- Extended Ground Floor
- Allocated Parking
- Mid Terrace
- Two Receptions
- EPC Rating: D



CHAIN FREE

**£299,995**  
**LITTLE BRAYS, HARLOW**

- Three Bedrooms
- Single Garage
- Conservatory
- End Of Terrace
- Chain Free
- EPC Rating: TBC



NEW ON

**£310,000**  
**BROADWAY AVENUE, OLD HARLOW**

- Three Bedrooms
- Good Size Garden
- Ground Floor Bathroom
- Semi Detached
- EPC Rating :- D



NEW ON

**£319,995**  
**GUILFORDS, OLD HARLOW**

- Three Bedrooms
- Refurbished Throughout
- South Facing Garden
- End Of Terrace
- Chain Free
- EPC Rating :- TBC



NEW PRICE

**£349,995**  
**SPARROWHAWK WAY, NEWHALL**

- Two Double Bedrooms
- Link Detached
- Sun Terrace
- Driveway
- En-Suite
- EPC Rating: C



**£350,000**  
**PERRY LANE, NEWHALL**

- Two Bedrooms
- Terraced
- Kitchen/Diner
- Two Bathrooms
- Garage & Carport
- EPC Rating: C



**£395,000**  
**ALLENS GREEN, SAWBRIDGEWORTH**

- Two Bedrooms
- Open Plan
- Off Street Parking
- Mid Terrace
- Mains Services
- EPC Rating: D



**£400,000**  
**FLINT LANE, NEWHALL**

- Three Bedrooms
- Two Bathrooms
- Under Floor Heating
- Sun Terrace
- Parking
- EPC Rating: TBC



**£410,000**  
**HEATHCOTE GARDENS, CHURCH LANGLEY**

- Three/ Four Bedroom
- Garage Conversion
- South Facing Garden
- Detached Property
- Three Bathrooms
- EPC Rating: E



**£449,995**  
**PETAL LANE, NEWHALL**

- Three Bedrooms
- En- Suite Bathroom
- Landscaped Gardens
- Study/ Bedroom Four
- Fully Integrated Kitchen
- EPC Rating: C



BARN

**£650,000**  
**THE BARNS, OLD HARLOW**

- Three Bedrooms
- Two Bathrooms
- Semi Detached
- Walk To Station
- Courtyard Setting
- EPC Rating: E



STUNNING VIEWS

**£700,000**  
**THE STREET, SHEERING**

- Four Bedrooms
- Two/Three Receptions
- Two Bathrooms
- Extended Family Home
- Upgraded Throughout
- EPC Rating: TBC





# HOME ADVICE

With Alex Neill of Which?

## UP, UP AND AWAY

Is there anything we can do to ease the pain of price rises?

**I**t's a far from happy start to the year for home owners as household bills soar way beyond most people's wage packet growth.

Whether renting or buying a property, you can expect to pay more for your home this coming year. And that's on top of big increases last year.

Already stretched households across the UK paid 13 per cent more last year than in 2016 for must-haves – in addition to rising prices for food and other necessary items.

The typical energy bill rose 17 per cent £1,625 last year, according to comparison site Compare The Market as gas and electricity costs shot up despite promises to help moderate costs. These bills have increased unevenly with consumers in Wales the hardest hit – their energy typically cost £458 more last year.

A substantial part of car insurance is postcode related so motor cover is another household bill. Last year, the typical bill rose £43 – not as bad as the £100 increase in 2016 – but there are no signs of rates falling.

The increase from 9.5 to 12 per cent in insurance premium tax is one reason but insurers also blame higher repair costs on more complicated cars and bigger injury bills.

If you travel by train, you will have seen fares rise this month by an average 3.4 per cent, typically adding up to an increase of nearly a third since 2010, although some journey prices have increased more. Meanwhile parking fees at stations – unregulated – have jumped by up to nine per cent.

The first interest rate rise in 10 years, last November, has already impacted home buyers on variable

rate loans. And, as fixed rate deals expire, borrowers can expect new mortgages to be more expensive. Some landlords will use these increases as a reason to charge tenants more. Many economists forecast interest rates will rise again this coming year.

There are some brighter spots though. Insuring your buildings and contents stayed almost unchanged over the year while home phone and broadband costs actually fell for some households.

**Which?**



It's not only train ticket prices that are on the increase, so it's time to take a hard look at what we are spending



Home insurance is necessary, but expensive, so make sure you are only paying for the cover you really need

### SIMPLE CHECKS THAT COULD SAVE YOU CASH

■ You can't rely on companies to come up with lower costs even when they have cheaper deals available. You have to do this yourself.

■ Use that new calendar or diary to ring dates when you phone and other contracts expire or when annual insurances are up for renewal. Companies often manage to "find" better deals if you challenge them and threaten to go elsewhere a couple of weeks ahead. Many would rather accept less than lose a customer.

■ Energy companies do best from the millions of consumers who are on the standard variable tariff. They do least well from in the know customers who are prepared to shop around. You can

find lots of free help on comparison sites including Which? Switch (phone 0800 410 1149 or 01259 220 235). You can also reduce bills with better insulation and not leaving the heating on when everyone is out for the day.

■ Check that deals fit your needs. Don't pay for "free" UK calls if you've already got a no-limit or thousands of minutes deal on your mobile phone. Likewise, there's no point paying to insure £10,000 worth of valuables if you don't have anything like that.

■ WHICH? Mortgage Advisers (phone 0800 316 4071) can help you find a better home loan.

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# GUARDIAN

residential lettings



Guardian are delighted to offer this one bedroom ground floor flat located at a short walk from the town center and train station. This property benefits from gas heating and is close to local amenities. Available end of January. EPC - D.

**£680 PCM**

Amberly Court



Located in this popular area. One bedroom, unfurnished, ground floor flat in good decorative order. Property comprises fitted kitchen, lounge, bedroom, bathroom and allocated parking. Available early March. EPC - D.

**£725 PCM**

Markwell Wood



Available Now

One bedroom ground floor flat in Dads Wood. Walking distance to town and hospital. Available Now! EPC - C.

**£750 PCM**

Dads Wood



Available Now

Guardian are delighted to offer this spacious two bedroom flat that is in close proximity to the shops and amenities of Staple Tye. The property is available now and offered part furnished. EPC - E.

**£825 PCM**

Shawbridge



Available Now

Guardian are delighted to offer for rent this lovely two bedroom maisonette close to the Staple Tye. This first/top floor property is offered part furnished. Gas heating, double glazed windows, two large bedrooms and wooden floors. Available now. EPC C.

**£825 PCM**

Five Acres



Available Now

The property comprises entrance hallway, downstairs WC, large fitted kitchen, lounge over looking rear garden, three bedrooms, en-suite shower room to master bedroom and family bathroom. Garage included. Available Now! EPC - C.

**£1250 PCM**

Doultton Close



Great two bedroom top floor apartment in Priory Court, on the outskirts of Harlow. With modern fitted kitchen, gas central heating, two double bedrooms and balcony. Available early February - call to view. EPC - C.

**£885 PCM**

Priory Court



Available Now

Guardian are delighted to offer this two bedroom top floor flat which is situated in close proximity to the shops and amenities of Staple Tye. The property is available now and is offered part furnished. An internal viewing is advised. EPC - C.

**£875 PCM**

Aylets Field



Guardian are delighted to offer this three bedroom maisonette with garden. The property is located in close proximity to shops and amenities and is available early February. An early internal viewing is advised. EPC - B.

**£925 PCM**

Mercers



Guardian are delighted to offer this three bedroom house located within walking distance to the shops and amenities of Staple Tye, an internal viewing is advised. The property is available early February. EPC - D.

**£1000 PCM**

Milwards



Guardian are delighted to offer this three bedroom House, the property is in excellent condition throughout and is available early March. An internal viewing is advised. EPC - D.

**£1195 PCM**

Seymours



Available Now

Lovely three bedroom house within walking distance of Bush Fair. Comprising entrance hallway, large fitted kitchen with space for dining table, good sized lounge, three bedrooms and bathroom. Manageable rear garden. Available Now! EPC - E.

**£1225 PCM**

Longfield



Available Now

Ideal for NHS professional requiring immaculate, fully furnished accommodation within walking distance of Princess Alexandra Hospital, available early January. EPC - B.

**£1450 PCM**

Bowhill Way

www.guardianresidential.com

01279 635685



# your property...our passion

# GUARDIAN

## residential sales



EPC: C  
Fantastic for both first time buyers and investors alike, Guardian are proud to be offering this one bedroom flat in the very sought area of Dadswood, situated in the town centre.

**£160,000**

Dadswood, Harlow



EPC: C  
O.I.E.O - Guardian Sales are delighted to offer you this one bedroom top floor flat in the area of Church Langley.

**£184,995**

Wedgewood Drive, Harlow



EPC: D  
Guardian are delighted to offer for sale this immaculate two bedroom first floor maisonette with a large private garden. Boasting two double bedrooms, modern fitted kitchen, modern bathroom and large rear garden with patio and decking area.

**£195,000**

Cloverfield, Harlow



EPC: D  
Guardian are delighted to offer this immaculate 2nd floor flat in the popular private area of Bromley Close. The property is conveniently located and ready to move into.

**£219,999**

Bromley Close, Harlow



EPC: E  
No-Onward Chain - A fantastic opportunity for both first time buyers and investors. Guardian are excited to be offering this large 3 bedroom house in the area of Cannons Brook.

**£220,000**

Cannons Brook, Harlow



EPC: D  
On the market with Guardian, well maintained two bedroom terraced house in the desirable location of Pittmans Field, Harlow. Two good sized bedrooms, a family bathroom and tucked away in a quiet cul-de-sac, this is a brilliant first time buy or investment.

**£245,000**

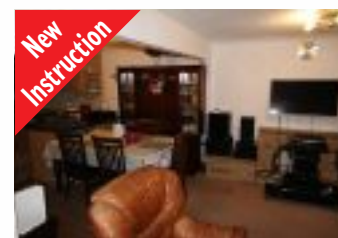
Pittmans Field, Harlow



EPC: C  
Ideally located for easy access to the M11 junction, two bedroom terraced property in the popular Potter Street area of Harlow. The property boasts two large double bedrooms, a modern fitted galley kitchen and large through lounge.

**£249,995**

Pottersfield, Harlow



EPC: C  
Guardian are delighted to present a three bedroom mid terrace house in Berecroft. Great first time buy or investment, current tenant paying £1,095.00 pcm. Double glazing, gas central heating. Downstairs WC and three good sized bedrooms.

**£250,000**

Berecroft, Harlow



EPC: E  
Guardian are delighted to offer for sale this three bedroom terraced family home. This property has lots of scope for the future.

**£262,500**

Nicholls Field, Harlow



EPC: C  
Guardian are delighted to offer a rarely available two bedroom mid terrace house in a quiet, cul-de-sac location in sought-after Archers.

**£270,000**

Archers, Harlow



EPC: D  
Guardian are delighted to offer for sale this end of terrace family home with easy access into North London! A three bedroom end of terrace.

**£275,000**

Taylifers, Harlow



EPC: E  
Coming to the market with Guardian is this well maintained 4 bedroom town house located near to the town centre as well as shops and schools.

**£295,000**

Pittmans Field, Harlow



EPC: B  
Guardian are delighted to offer this faultless immaculate four bedroom semi detached extended house with conservatory.

**£395,000**

Byngams, Harlow



SOLD - MORE REQUIRED - QUALIFIED BUYERS WAITING

**£179,999**

Aynsley Gardens, Church Langley



SOLD - MORE REQUIRED - QUALIFIED BUYERS WAITING

**£239,995**

Gladwin Way, Harlow



SOLD - MORE REQUIRED - QUALIFIED BUYERS WAITING

**£340,000**

Albert Gardens, Church Langley

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**An Ideal Starter Home** £275,000  
**Coalport Cose, Church Langley** EPC C  
Located on the ever popular Church Langley development is this two bedroom starter home ideal for a first time buyer. Internal viewing is highly advised. Ref 13933  
A Must View



## Calling All First Time Buyers

The Downs

£200,000

The Downs is located within walking distance to the town centre, college and local amenities. The property is situated on the top floor and benefits from having 2 external storage sheds as well as a communal garden. Internally the flat is well presented and would suit a first time buyer. Internal viewing is highly advised. Ref 14060

Ring Today

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from **haart**

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**Well Presented Family Home** £279,995  
**Potters Field**

If you are looking for a family home then make this property a priority to view. Located in a popular turning in Potter Street and within walking distance to amenities and schools is this well presented three bedroom home. Ref 14071  
Why Wait? View Now!



## On Top Of The Town

Rectory Wood

£265,000

Offered for sale chain free is this two bedroom end of terrace. The property is located within walking distance to PAH Hospital, Town Centre and Harlow Town Station and benefits from a family lounge, fitted kitchen, a good size rear garden and two double bedrooms. Internal viewing advised. Ref 13073

Call For More Information



**It Has Everything You Need** £299,995  
**Woodcroft** EPC E

Beautiful inside and out is this well presented three bedroom terrace in the popular area of Woodcroft. With two reception rooms, a spacious kitchen and a conservatory, there is nothing not to like about this family home. Ref 13973  
You Can't View Unless You Call



**Room For The Family** £299,995  
**Kingsland**

Located in an elevated position in the popular area of Kingsland, is this three bedroom family home. The property offers spacious living accommodation and offers access to Staple Tye Shopping Centre and local schools. Ref 12531  
Call Today



**Guide Price** £600,000 - £650,000

## Beautiful House In A Beautiful Setting

EPC B

**Arbour Mews**

Surround yourself in peace and tranquillity with this executive five bedroom detached family home set in a private road on the edge of Harlow's Town Park. Arbour Mews enjoys an idyllic, secluded and verdant environment and yet is ideally located for the town's railway station and all the local leisure, culture and shopping facilities. Everything is within walking distance making this the perfect purchase for families. Ref 13863.

- Five Bedrooms
- Detached
- Garage
- Well Presented
- Private Road
- Close To Station

Viewing Highly Advised



**Guide Price** £325,000 - £350,000  
**Potential To Extend** EPC C

**Davenport, Church Langley**

We are delighted to offer for sale this chain free three bedroom end of terrace home with allocated parking and conservatory. Ref 13792  
Start Dialling



**Another One Sold** £275,000  
**Church End** EPC TBC

After a number of viewings our sales team have now agreed an offer on this property. If you are thinking of selling then please call Dan to arrange a free, no obligation valuation. Ref 14083  
View To Appreciate



**Another Wanted** £269,950  
**The Fortunes** EPC E

This spacious three bedroom terraced home has now been sold SSTC. If you are looking to sell a property in this area please call us and book your free, no obligation valuation now. Ref 13871  
View By Appointment







**Guide Price** £375,000 - £400,000  
**Space For The Family** EPC D  
**Morningtons**  
Located in one of Harlow's most sought after cul de sac turnings is this three bedroom link detached family home, benefiting from a ground floor rear extension. Ref 13975  
Call us on 01279 443311



**Guide Price** £250,000 - £260,000  
**Meyrick Mead**  
**Live Life At The Top**

Live Life At The Top Located within the popular area of Potter Street is this two bedroom top floor flat benefitting from a balcony and allocated parking space. The property is stunning throughout and ready for you to unpack and enjoy. Call today to book your viewing. Ref 14131

Ring In Today!



**Guide Price** £290,000 - £310,000  
**Modern & Contemporary Living** EPC B  
**Meyrick Mead**  
Located on the outskirts of Harlow is this modern built, two bedroom middle terrace with allocated parking spaces ideal for a first starter home. Ref 13983  
Not To Be Missed!



**Guide Price** £250,000 - £265,000  
**Fantastic Family Home** EPC TBC  
**Joyners Field**  
Offered chain free is this three bedroom middle terrace property that has been recently re-decorated by the current owners. The property is close to local schools. Ref 13919  
Call Now!



**Guide Price** £380,000 - £400,000  
**Wedgewood Drive, Church Langley**  
**Must Be Viewed**

If you are looking for a detached family home, then look no further than this detached three bedroom home located on the popular Church Langley development. This property offers many benefits including a driveway with parking for multiple vehicles, a downstairs cloakroom, fitted kitchen opening into a dining area and a garage. There is even scope for the potential to extend (STPP). Ref 14102

View By Appointment



**Family Home** £270,000  
**Taylifers** EPC D  
This three bedroom end of terrace family home needing some TLC is located in the Summers area on the outskirts of Harlow. The property offers access to local schooling, shops, bus routes & a road networks via the Crooked Mile into North and East London. Ref 13797  
Phone In Today!



**Are You Looking To Downsize?** £220,000  
**Priory Court** EPC D  
Are You Looking To Downsize? Are you looking for life on one level but are struggling to find a bungalow? Then why not consider this good sized two double bedroom ground floor flat with its own garage. The property benefits from a long lease. Ref 14062  
Why Wait? View Now!



**Spacious Family Home** £750,000  
**Barrells Down Road** EPC C

Spacious Family Home Located on the North West side of Bishop's Stortford is this well presented four bedroom detached bungalow. The property is within a short walk to railway line & Bishop's Stortford high street, as well as a choice of restaurants. Internal viewing advised. Ref 14132

- Four Bedrooms
- Detached
- Three Bathrooms
- Fitted Kitchen-Diner

Call For More Information!

- Sun Room
- Ample Parking
- BBQ House
- Set Behind Gates



**Buy To Let Opportunity** £255,000  
**Moorfield** EPC D  
Buy To Let Opportunity Located in a cul-de-sac turning in the Staple Tye area of Harlow is this three bedroom terraced family home with two reception rooms. Call haart today to book your viewing. Ref 14103  
Viewing Highly Advised



**Ideal Family Home** £270,000  
**Spring Hills** EPC D  
This three bedroom family home has now been sold STC. If you are thinking of selling please call us today to book in your free valuation. Ref 11740  
Viewing Advised



**Modern Living** £240,000  
**Torkildsen Way** EPC B  
This modern 2 bedroom apartment has now been sold STC after many viewings and many interested applicants. If you are thinking of selling in this area please call 01279 443311. Ref 14085  
Call Today



# SHOP HOME

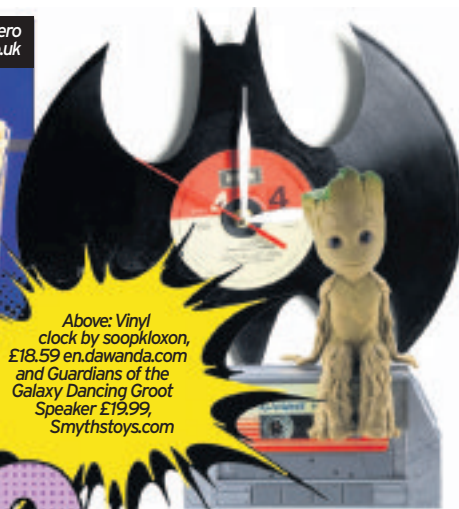


Mighty Thor Comic Cover  
Becky & Lolo,  
£39.99,  
beckyandlolo.co.uk

Popcorn boxes - comic superhero  
Ginger Ray, £3.99, gingeray.co.uk



Above: Vinyl clock by soopkloxon,  
£18.59 en.dawanda.com  
and Guardians of the  
Galaxy Dancing Groot  
Speaker £19.99,  
Smythstoy.com



Marvel Avengers duvet cover,  
single, £21.79, Amazon.co.uk

## COMIC GENIUS

Create a kids' bedroom full of action and colour, inspired by your children's heroes says **DAN BEAVAN**



Above: Spiderman comic poster, 40x50cm,  
frame not inc, £5.80, yellowoctopus.com.au

Below: Batman on the loo print, £18.95,  
available from limelace.co.uk



Superhero cushion, £45,  
smithersofstamford.com

Right: Deadpool mug,  
£7.54, yellow octopus.com



Star Wars film pop art collage wallpaper,  
£10.40 per roll, from manomano.co.uk  
\*Follow Dan at @danbeavan

Iron Man 3D light FX,  
£34.95, red5.co.uk



Personalised Beano big heads  
canvas pencil case -  
Dennis the Menace,  
£9.99, Getting  
Personal.co.uk



Flash Seletti Studio  
Job plates, Smithers  
of Stamford, £25,  
smithersofstamford.com



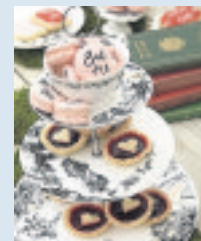
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tch.net



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Two-tier vintage  
style stand, £11.95  
livelaughlove.co.uk



**JAM TARTS, ANYONE?**  
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In Wonderland three-tier  
cake stand, £40,  
creative-tops.com



**GOLDEN RULES**  
Lily cake stand, 24k gold  
plated, £125  
beandliv.com





# YOUR HOME

With Bake Off finalist and builder Richard Burr

**H**ouses get damaged – it's a fact of life – but damage to walls always seems to stump people. You can get holes in your plasterwork for many reasons: maybe the plaster is old and wearing out or has been damaged, maybe some drywall (plasterboard) has been bashed, or even – and this is more common than you'd think – someone's put their foot through the ceiling while trampling around in the loft.

Here are my top tips for patching holes...

## WHAT YOU NEED FOR PLASTERING

1. A pencil (when do you ever NOT need one?)
2. A spirit level
3. A stud detector (if you're repairing a stud wall)
4. A drywall saw (or pad saw)
5. A tape measure
6. A stiff brush (a dustpan brush is fine)
7. A soft brush – anything bigger than a 2" brush is fine
8. 25x50mm wood – enough to frame your hole if you're repairing drywall
9. 40mm drywall screws
10. A roll of scrim (coarse fabric, for if you're repairing a solid wall)
11. Some primer, or PVA
12. A plasterer's trowel
13. Some repair plaster
14. Sheets of fine sandpaper, 80-100 grit

## WHAT TYPE OF WALL ARE YOU REPAIRING?

This advice covers two types of wall. Drywalling (or plasterboard) goes onto studding. So stud walls are the hollow kind, usually made up of a frame of wood covered in sheets of plasterboard or in plastered laths (thin strips of wood nailed to the studding). Holes in these are usually pretty easy to fill, but you'll need to fix some new plasterboard into the hole before you can make it good.

Solid walls are walls that are... solid! Usually, they're made of brick or block, plastered over with a bonding plaster (or a stuck sheet of plasterboard) and topped with a

finishing plaster. These walls are unlikely to need any framing or plasterboard fitting, but will need more than one layer of plaster to repair.

## HOW TO FIX A DAMAGED STUD WALL

Before we start filling and smoothing out our surface, we need to fix the hole. For stud walls, this means more cutting. Using a spirit level, mark horizontal and vertical lines on your wall to make a rectangle that closely fits the shape of the damaged area. Then, using a stud detector, check that you have no studs, pipes or wires in that area and cut out the rectangle using a drywall saw.

Put a sheet down when sawing, as this can be a dusty job.

Once you have cut out the rectangle, you can use a tape measure to check the depth of plasterboard needed to go back in – usually this will be either 9.5mm or 12.5mm for plasterboard studding, but you can double-up the thickness of boards to fill in lath and plaster studding. Cut your plasterboard to the size of the hole (minus 2mm around each edge for wriggling in) and set this aside.

With your neat rectangular hole in front of you, you need to create a wooden frame within the hole to attach the replacement

plasterboard to. Using your 25x50mm wood, cut four pieces to attach to the inside of the hole. With the 50mm-wide wood, 25mm should be visible and the other 25mm should be screwed to the existing plasterboard inside of the hole. Hold the wood in place as you screw into the wall and be careful not to screw into your hand! Once the four pieces surround the

inside of the hole, you can screw your replacement rectangle of plasterboard into the hole onto this wood.

Tape a layer of plasterer's scrim over the edges of your hole. This prevents cracks forming in the plaster when it dries. You are now ready for finishing.

## HOW TO FIX DAMAGED SOLID WALLS

For solid walls, you'll need to crack out your plasterer's trowel and a brush. Also, make sure you are sheeted-up well, this can get messy...

# Smooth talk

No need to call in the professionals with this step-by-step guide to DIY plastering



Richard patches up some plasterwork

To start, you'll need to remove all the loose plaster – use a stiff brush for this. Next you are going to need to make up some primer. You can either buy this or make it with PVA glue in a ratio of 5:1 (water to PVA). This solution will stop the dry surface of your damaged wall from sucking all the water out of your repair plaster, and allow it to dry well and stick to the wall. Paint it liberally onto the damaged area, so it soaks in, and clean your brush immediately afterwards or it will be ruined.

For damage more than 5mm deep, you will need some repair plaster. This comes premixed, which is by far the cleaner option compared to knocking up plaster from dry.

Scoop it out using your plastering trowel and press into the damaged area, scraping the trowel from the middle of the hole to the outside edge. Spread more plaster into the hole until it is filled and smooth to 3mm shy of the finished surface. Work this out by laying a spirit level, or straight

piece of wood over the hole so it touches the undamaged edges and checking whether your plaster is touching the straight surface.

Use your trowel to scrape any plaster residue from the undamaged surface of the wall and leave for about an hour to firm up. Clean your trowel and put the lid back on the plaster to stop crusty, half-dried plaster from ruining the final stage.

## FINISHING THE REPAIR

Whether you have just plastered a hole or put scrim on your plasterboard patch, you are now ready to finish your repair. You can use the same repair plaster mentioned above, but you are now going to feather it away on the wall – spreading it out to nothing. First you'll need to strip away any loose wallpaper around the hole.

Using a soft brush, clean away any dust and grit around your repair. This is important, as a few specks of grit in your finish plaster will drag across your work and ruin the finish.

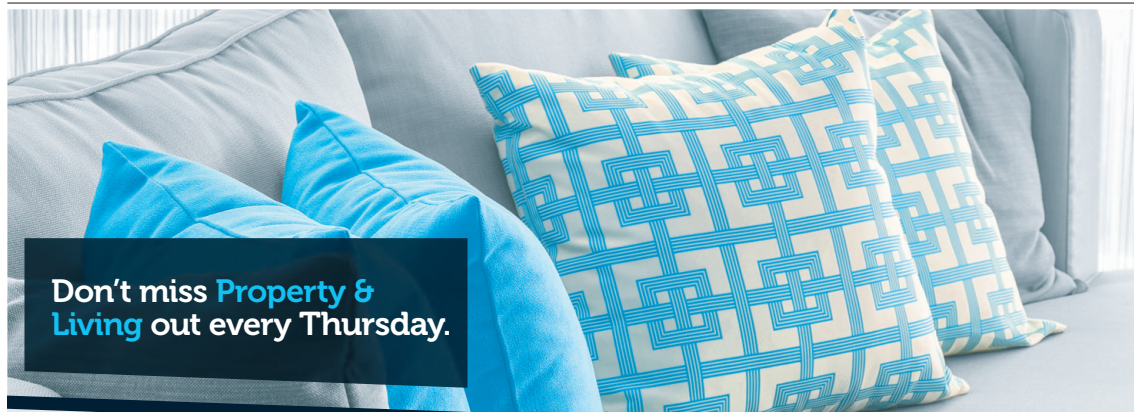
Wet the surface with a little primer. Scoop a small amount of plaster out of your tub and spread onto the surface, going from the middle of the damage to the outside edge. You will need to spread this beyond the patch and onto the surrounding wall very thinly, so the joint disappears.

Don't worry, with a little patience and perseverance you can do this, and you can always sand-off any ugly ridges in the plaster once it has fully dried. If the plaster begins to drag or dry up on the edges of your repair, you can use a wet brush to keep these thin areas of plaster damp enough to work with.

Once you're happy with the finish, clean up. Leave your sheet down on the floor until the following day if you can, so you can lightly rub the surface with sandpaper and get rid of any imperfections. You have now patched some plaster – but keep quiet about it, or you'll get the job when your mates' rental contracts are coming up and they need their deposits back...



Measuring out plasterboard



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# HOME STYLE

With Lesley Taylor



A geometric rug will instantly update a room without costing a fortune

This season's new trends put flooring firmly in the spotlight

**P**laning to revamp your home décor? A lick of paint, a massive de-clutter and the addition of some on-trend accessories are typically the go-tos for an instant style update.

However, one area largely overlooked is the floor.

And it's easy to see why. Replacing the flooring can be expensive as well as a mammoth job that usually involves relocating every item of furniture.

However, it's a move that can pay dividends. So if you're seriously considering giving your home a new look, why not start from the bottom up? Here's my guide to the biggest flooring trends of 2018.

## ON-TREND FLOORING TIPS

### 1. Do your homework.

Most flooring changes are expensive so make sure you know exactly what you want before you buy.

2. Measure, measure and measure. Triple check measurements before ordering.

3. Consult an expert. As we've established, flooring can be expensive so don't install it yourself unless you know what you're doing.

4. Use your home's existing décor to help your decision.

5. Rugs and runners are fantastic for small injections of style.



Traditional parquet flooring works beautifully in a living area

The Chevron Floor collection from The Baked Tile Company combines classic shapes with on-trend grey. Available from [bakedtiles.co.uk](http://bakedtiles.co.uk)

# FLOOR SHOW

## 50 SHADES OF GREY

The grey palette is one of the big interior success stories of recent years, and our passion for the hue shows little sign of abating.

So it's no surprise then that flooring is getting in on the act too.

Grey floors are amazingly versatile, complementing both contemporary and traditional interiors and everything in between.

They also offer a neutral backdrop around which the rest of the scheme can be designed.

When it comes to materials, if you prefer a softer finish, a grey carpet is the way forward; or, if you like easy-to-maintain tiles, there are plenty of wood-effect, stone-effect and patterned collections to ensure your new floor packs a punch.

## BACK TO BASICS

Taking its lead from primary schools up and down the country, the classic parquet flooring is back. It's a timeless look, and this year it will break out from the confines of period properties and into modern homes.

Short-plank parquet will be huge, especially in areas with high traffic such as hallways and landings. But don't be afraid of using it in living areas either. If you're unsure about the



These bold tiles from The Baked Tile Company will cement the geometric trend

formality of parquet, use the more relaxed herringbone – these longer length planks look stunning.

## RUG-GED GOOD LOOKS

One of the huge décor trends for 2018 is geometrics.

If you want to embrace this scheme wholeheartedly, there are some amazing geometric floor tiles – everything from the classic checkerboard to intricate Victorian-inspired patterns, which will, quite literally, cement the look.

However, if you're not feeling bold enough to brave a big change, invest in a beautiful geometric-inspired rug. Not only will it bring your home up to date, it will protect the floor underneath from any unsightly spills.

Just remember to buy some grips to ensure it doesn't present a trip hazard.

## PANEL SHOW

Wooden flooring will be given a modern makeover for the new year. Gone are uniform planks, instead,

expect to find wooden flooring featuring panels of varying widths and lengths.

It gives the floor a unique, bespoke finish but will take longer to install so be prepared for a prolonged commitment and more upheaval. The finished result will no doubt be worth it.

## MATERIAL MATTERS

If you thought flooring was a choice solely between carpet, tiles and wood, you'd be wrong. We are starting to see the emergence of new materials, especially as we become more eco-conscious.

And top of the trends is cork. It's relatively simple to install and maintain, and looks fabulous in contemporary settings. Unsure? Try it in an office or spare room to get a feel for it before taking it through the whole house.

■ Lesley Taylor is the author of 10 interior design books and has appeared on a range of network TV shows, including *This Morning*, giving inspirational advice on home styling. She lives in Wales where she is the founder and design director of luxury interiors lifestyle store *Taylor's Etc.*



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# WHEELS

TEST DRIVE: BMW X3 xDrive 2.0dM Sport review by David Ward

## NEW SPORT IS A GOOD OMEN

### AT A GLANCE

- **Model:** BMW X3 2.0dM Sport
- **Price:** £41,380
- **Engine:** Two-litre 190bhp turbo diesel
- **Transmission:** Eight-speed automatic with manual mode
- **Performance:** 0 to 62mph eight seconds, top speed 132mph
- **Fuel consumption:** 54.3mpg combined
- **CO2:** 138 g/km
- **Insurance Group:** 31E
- **BiK:** 29%
- **Warranty:** 36 months/99,999 miles
- **On Sale:** Now



Since BMW first introduced their X3 mid-sized Sports Utility Vehicle back in 2003 the sector has grown enormously with many new rivals arriving on the scene so it was obvious to the Bavarians they needed to up their game to stay ahead of the chasing pack.

To their credit they clearly appeared to have done so with this latest batch of diesel and petrol powered X3s with its comprehensive update that includes a new platform, better looking body styling, more high tech on-board features and an improved driving experience.

From the outside most drivers at a glance will think it looks much the same as its immediate predecessor but there are subtle changes although it's inside and underneath where the majority of the homework has been carried out.

There are three trim levels – starting with the SE, then the xLine and finally the M Sport (as tested here) – with prices from a competitive £37,890 on-the-road all with BMW's now familiar xDrive giving permanent four-wheel-drive across the range.

This latest third generation X3 body is slightly longer (51mm), wider (10mm) and BMW say overall 55kg lighter but crucially it uses the underpinning from the latest 5 Series which is clearly a good omen.

At the front there's a wider light cluster, longer kidney-shaped grille and overall more

sloping glass on the body which in essence gives the car a more muscular look about it this time around.

Jump inside and that's where most of the changes are more noticeable with far more generous levels of quality finish with wood and alloy trims, nicer leather and more decent soft plastic finish in the lower parts of the cabin.

Another major improvement is that there's now more interior space, particularly for rear seat passengers, and the actual seats front and rear have excellent all-round lumbar support making it about the most comfortable and spacious cabin in its class.

For the driver behind the wheel of the 2.0d xDrive M Sport tested here the two main bonus points are the eight-speed automatic gearbox and the on-windscreen head-up display which not only gives you an instant speed readout but also warns if you stray too close to the car in front.

The gearbox, which effectively replaces the old six-speed auto box, is a joy to use whether the driver leaves in normal auto mode or changes it into manual and uses the paddle shifts on the steering wheel to move up or down the gears.

Either way the gear movements are highly impressive, extremely quick, slick and without any stuttering in gear changing movements and by far the most impressive all round over any rivals in this department.

The M Sport tested (priced at £41,380

OTR) was powered by BMW's standard two-litre, four cylinder 190bhp turbo diesel engine – there is a bigger three-litre 265bhp turbo diesel on offer – while for drivers who prefer petrol there's the standard two-litre 184bhp or the range-topping M40i with its three litre, six cylinder 360bhp unit.

The M Sport has a few extras on board over the SE or xLine models but across the whole range BMW's backroom team there are improved semi autonomous driving aids and functions and with the now highly regarded xDrive system too it makes driving such a big car so easy and relaxing.

The panoramic roof (now 25cm longer) also makes for a more airy feel particularly for rear seats passengers and overall this new X3 is far more comfortable to both drive and ride, particularly on long distance cruising as encountered on test.

Fuel consumption is also improved and on test the X3 returned an average of 46.5mpg in comfort mode, which is decently near the official 54.3mpg combined figure, and it only dropped to around the 41mpg mark when driven for a time in sport mode and in a more spirited fashion.

With the wintry weather conditions encountered over the test to have the 4x4 permanently on board proved reassuring and was helped by positive steering and even with the M sport lower suspension on board the body roll as such was well controlled with the general ride remaining

on the firm side.

Taking the test car off road across well saturated fields and down country lanes it proved reliable, dependable and stuck to its task without any dramas.

Overall the M Sport version naturally offers the best of both worlds with simple, relaxing day-to-day use in both urban traffic and out on the motorways cruising while also then switching it into sport mode obviously offers the ability for sensible, sporty driving.

There's also one minor little driver aid that's not been on previous X3 models – two small spotlights situated behind either sides of the front wheels which automatically come on helping getting in and of the car, particularly in the dark, so much safer and convenient. Simple idea but so effective.

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# WHEELS

TEST DRIVE: Ford Ranger Wildtrak by John Murdoch

## WILD AT HEART

### AT A GLANCE

- **Model:** Ford Ranger Wildtrak double cab
- **Price:** £33,404
- **Mechanical:** 200ps, 3,198cc, 6cyl diesel engine driving four wheels via 6-speed automatic gearbox
- **Max speed:** 109mph
- **0-62mph:** 10.9 seconds
- **Combined mpg:** 33.6
- **Insurance group:** 12
- **CO2 emissions:** 221g/km
- **BIK rating:** 37%
- **Warranty:** 3years/60,000 miles



**B**ig, bold and all-American the Ford Ranger is a tough and rugged pick-up that is a global success for the manufacturer.

It can be bought in many a variety of styles and with a choice of a couple of engines and right at the top of the range sits the double-cab Wildtrak.

It combines the ability to shift

and move bags of hardware with the comfort and luxury of an SUV. The Wildtrak also offers fantastic towing capacity as well as the talent to go off-road and tackle the rough stuff.

A good-looking pick-up, the Ranger's exterior style is improved by a number of upmarket design features but it is no soft touch.

You can wade through rivers,

traverse rough terrain, slip through mud and snow with ease because the Ranger has enough grunt to do it.

On regular roads the Wildtrak behaves like most very large SUVs although it does feel a bit bouncy at times and on motorways it will cruise with decent ride and handling.

The Wildtrak features 18-inch machined alloy wheels, a Titanium effect front grille, power-foldable door mirrors with integrated turning lights, side steps, aluminium finish roof rails, puddle lights and an aerodynamic sports bar with loadbox illumination.

Inside the double-cab offers enough room for a family or for five workers and boasts equipment to satisfy leisure owners. You get satellite navigation, Bluetooth with voice control, a rear view camera, a large touchscreen with Ford SYNC 3 technology, a DAB radio, heated windscreen, rear parking sensors, a choice of seven interior lighting colours, a coolbox in the centre console and a number of power sockets.

You can also switch at the touch of a button between a choice of drives and low and high ratios.

Safety features include a raft of



airbags, hill launch assist, hill descent control and an electronic stability programme with traction control and emergency brake assist.

This Wildtrak came with the larger 3.2 TDCi diesel power plant combined with a manual six-speed gearbox. It punts out 200ps and gives the Ranger a top speed of 109mph and a 0-62mph time of

10.9 seconds. It has a claimed combined figure of 33.6mpg and I got surprisingly close to that.

The sporty Wildtrak styling certainly makes the Ranger the best-looking pick-up on our roads and it has what it takes to attract business and lifestyle buyers. It is a head-turner but is more than capable of doing the business in any conditions.





# WHEELS

TEST DRIVE: Volkswagen Golf R-Line 1.5 TSI EVO by Lee Gibson

## SOMETHING FOR EVERYONE

**Y**ou can't please all of the people all of the time according to the old adage. The Volkswagen Golf, however, has been flying in the face of this perceived wisdom for more than four decades – steadfastly appealing to all and sundry since it's 1974 launch.

Now in its seventh generation, well over 33 million have been sold worldwide, two million here in the UK, and it is the most popular European car ever.

A Golf has emerged from Volkswagen factories around the globe at an average rate of one every 40 seconds for the last 43 years to meet the demand and it has become the benchmark against which all others in its class are judged.

Sustained success isn't achieved by resting on your laurels, though, and with the current version having been around since 2012 this year's

mid-life refresh was timely.

In true VW Group fashion, design modifications are subtle to say the least but look closely and you'll spot new bumpers, new halogen headlamps with LED daytime running lights, new front wings and new full LED rear lights.

Updated wheel designs and colour choices round off the exterior updates, while new trim panels and materials consolidate an interior that was already impressively premium feeling.

More significant changes come in the shape of a new and updated engine range, improved infotainment systems and more digital technology and connectivity available across the usual wide range of trims and body styles.

Perhaps the most significant development is the debut of the turbocharged 1.5 TSI Evo petrol engine which powered



my car and will eventually replace the old 1.4-litre TSI across the Volkswagen range.

This new four-cylinder powerplant features active cylinder management technology – shutting down cylinders when not needed – to help deliver a potential 56.5 miles per gallon on average.

Kicking out 150ps and mated to a newly developed

seven-speed dual clutch gearbox it proved a versatile and refined performer.

Acceleration, either off the mark or on the move, won't set the heart racing but, with a top speed of 134mph, it is certainly not sluggish. The automatic transmission is also efficient and unobtrusive and progress is smooth and refined at all times.

Alongside the Golf's characteristic well-weighted steering, solid and predictable handling and impressive grip and body control, this is a very capable mid-range proposition which copes equally well around town or on the open road – which is appropriate, because to get this engine you have to step up to mid-range GT or R-Line trim.

The R-Line model I drove adds a sporty edge with a bespoke styling pack that includes more muscular bumpers, sills, spoilers and radiator grille, while inside front sports seats feature R-Line detailing.

Standard equipment on this new VW Golf model includes an 8.0 inch touchscreen infotainment and navigation system, DAB radio, air conditioning, adaptive cruise control, automatic emergency braking, electric folding door mirrors, rear privacy glass, automatic lights and wipers

and front and rear parking sensors.

Typically of VW, though, there is a long list of options, 55 in all, which can be added. In fact, my car had more than £7,000 worth of extras to help give it a really premium feel.

These are not essential, of course, but you do have to pay extra for some things you might reasonably expect to be included on a car already costing more than £26,000. A rearview camera, for instance, which many cheaper rivals offer as standard, will set you back an extra £265.

Having said that, when the only thing you can find to moan about is the price of the options, it's a sign that a car must be getting most other things right.

That is precisely what the Golf does – and why it will continue to be the hatchback with the everyman (or woman, or couple, or family) appeal.

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# WHEELS

**TEST DRIVE:** Subaru BRZ 2.0i SE Lux by John Murdoch

## AT A GLANCE

- **Model:** Subaru BRZ 2.0i SE Lux
- **Price:** £26,050
- **Mechanical:** 197bhp 1,998cc, 4cyl petrol engine driving rear wheels via 6-speed manual gearbox
- **Max speed:** 140mph
- **0-62mph:** 7.6 seconds
- **Combined mpg:** 36.2
- **Insurance group:** 31
- **CO2 emissions:** 180g/km
- **BIK rating:** 35%
- **Warranty:** 5years/100,000 miles



# BRZ'S FRESH NEW LOOK

**T**he Subaru BRZ sports coupe has had a fairly mild exterior facelift to give it a fresh look.

The interior was also worked on to give it a needed lift and there have also been improvements to the engine, suspension and safety features.

The coupe was developed in partnership with Toyota's GT86 which was refreshed at the start of 2017 so it was no surprise when the BRZ went under the knife.

Subtle tweaks have improved the car's looks and there is a new front bumper and grille, full LED headlights and new rear lamps. A chunky rear spoiler and new 10-spoke alloy wheels complete the visual package.

The BRZ's cabin was a disappointment when the car was launched so the refresh is more than welcome. The new multifunction steering wheel is a big improvement and better materials have also helped improved the ambience.



A new addition is a 4.2-inch trip display set in the dials which features a G-force meter, a lap timer and a torque power curve graph.

The cabin certainly has a sporty feel to it but sadly it still lags behind most hot hatches and feels slightly dated. It is mainly let down by the fiddly and difficult to master infotainment system and satnav still costs extra. It is a £1,250 option.

Thankfully the driving position is perfect and the sports seats are very comfortable.

The BRZ's real appeal is based on its great driving experience which is now even better than before.

Subaru's iconic 2.0-litre flat-four Boxer engine has been revised to improve response and lower emissions, although sadly there is no extra power. New

dampers have improved ride comfort and you can still have great fun working the gearbox to extract all the 197bhp on offer.

It is good enough to take you to 62mph in 7.6 seconds and on to a top speed of 140mph.

It is a shame there is no extra power as the excellent chassis could certainly cope with it.

The BRZ is extremely agile



and corners as if it was on rails, while the new dampers help it to deal with difficult road surfaces.

The steering is sharp and accurate, while the gearchange has a lovely action that makes you want to use it even more than you need to.

Subaru now only offers the BRZ in SE Lux trim and it offers good value over its Toyota GT86 cousin. You can buy an entry GT86 for less but at this trim level the BRZ is considerably cheaper.

The specification includes heated Alcantara clad seats, keyless entry and Bluetooth, as well as a raft of safety features.

The BRZ is billed as a 2+2 but the rear seats are frankly useless for anyone larger than a small toddler. The boot does offer decent space but you won't buy this car for its practicality.

If its driving fun your after then the BRZ will certainly put a smile on your face and at this price few others can match it.



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ABS, Multiple Airbags, Power Steering, Air Conditioning, Bluetooth, Electric Windows, Electric Mirrors, Half Leather, Remote Central Locking, CD Player, AUX Input  
**Monthly Price From £106.98**

2011 Mini Hatch Cooper D 3dr



**£6,995**

ABS, air conditioning, electric mirrors, CD player, multiple airbags, half leather, electric mirrors, power steering, cruise control, remote central locking  
**Monthly price from £160.16**

2013 Hyundai ix35 Gdi S



**£8,995**

ABS, Multiple Airbags, Power Steering, Air Conditioning, Electric Windows, Electric Mirrors, Remote Central Locking, CD Player  
**Monthly Price From £176.36**

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OVER 36 MONTHS (48 AVAILABLE)**

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Fiat 500 (63) .....£158 a month for 3 years  
Peugeot 208 (13) .....£157 a month for 3 years

**2010 (60) Peugeot RCZ 1.6 Hdi,**  
white, alloy wheels, air con, remote locking, full heated electric leather seats, e/windows, e/mirrors, cruise control, parking sensors, CD player, 9,000 miles only  
**Sale Price £10,995 - £65 per week**

**2011 (61) Nissan Qashqai N-Tec**  
grey, panoramic roof, reversing camera, sat nav, e/windows, e/mirrors, alloys, remote locking, 49,000 miles  
**Sale Price £9,995 - £62 per week**

**2013 (63) Hyundai ix35,**  
White, 1.6, air con, e/windows, e/mirrors, CD player, iPod, USB, Aux, alloys, remote locking, 41,000 miles  
**Sale Price £8,995 - £59 per week**

**2012 (12) Peugeot RCZ 1.6,**  
Grey, alloy wheels, air con, full leather heated seats, remote locking, cruise control, SAT NAV, parking sensors, e/windows, e/mirrors, 61,000 miles  
**Sale Price £8,495 - £53 per week**

**2015 (65) Fiat 500 S 3dr,**  
White, 1.6, air con, e/windows, e/mirrors, remote locking, only 8,000 miles,  
**Sale Price £7,495 - £47 per week**

**2011 (11) Nissan Juke Acenta Sport dCi,**  
Red, 5 dr, e/windows, e/mirrors, CD player, Bluetooth, remote locking, power steering, 10,000 miles  
**Sale Price £6,995 - £44 per week**

**2011 (11) Mini Cooper D, 1.6, Diesel**  
Goodwood Green, e/windows, e/mirrors, cruise control, CD player, alloys, half leather, Diesel, air con  
**Sale Price £6,995 - £44 per week**

**2011 (11) Hyundai i30 CRDi Automatic 1.6,**  
blue, 10,000 miles, air con, e/windows, e/mirrors, air con, USB port, CD player  
**Sale Price £6,695 - £42 per week**

**2013 (63) Fiat 500 1.2,**  
White, alloy wheels, remote locking, panoramic roof, Bluetooth, e/windows, e/mirrors, one owner, 30,000 miles only,  
**Sale Price £5,995 - £38 per week**

**2011 (61) Renault Grand Scenic 1.5 Dci Automatic,**  
red, alloys, air con, remote locking, e/windows, e/mirrors, 7 seater, cruise control, 29,000 miles only  
**Sale Price £6,395 - £41 per week**

**2014 (14) Hyundai i20,**  
5dr, red, air con, CD player, bluetooth, alloys, e/mirrors, e/windows, 28,000 miles, FSH, one owner  
**Sale Price £5,995 - £38 per week**

**2010 (60) Renault Scenic 7 seat DCI,**  
Bronze, air con, e/mirrors, e/windows, 58,000 miles, 2 owners, CD player  
**Sale Price £5,995 - £38 per week**

**2011 (11) Ford Focus Titanium,**  
Silver, 1.6, air con, e/windows, e/mirrors, cruise control, CD player, Bluetooth, 43,000 miles  
**Sale Price £5,695 - £37 per week**

**2013 (63) Fiat 500 1.2,**  
Black, alloys, air con, CD player, e/windows, e/mirrors, remote locking, only 23,000 miles  
**Sale Price £5,995 - £38 per week**

**UP TO  
£1,000  
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PRICES**

**2013 (13) Peugeot 208 1.2,**  
Black, air con, remote locking, e/windows, e/mirrors, cd player, £20 a year Tax, one owner,  
**Sale Price £5,495 - £35 per week**

**2007 (07) Nissan Qashqai Acenta DCI,**  
black, remote locking, cruise control, CD player, climate control, e/windows, e/mirrors, Bluetooth, 65,000 miles, one owner  
**Sale Price £5,495 - £35 per week**

**2010 (60) Citroen C3 Picasso Exclusive 1.6 HDI,**  
Silver, e/windows, e/mirrors, alloys, CD player, air con, 2 owners, FSH, only 28,000 miles  
**Sale Price £4,995 - £31 per week**

**2013 (63) Peugeot 107 1.0**  
red, alloy wheels, air con, remote locking, e/windows, e/mirrors, £0 a year Tax, 12,000 miles only  
**Sale Price £5,495 - £35 per week**

**2010 (60) Citroen C3 Picasso 1.6 VTR + HDI,**  
Blue, alloys, air con, cruise control, parking sensors, remote locking, e/windows, e/mirrors, £30 a year Tax, 23,000 miles only  
**Sale Price £4,995 - £31 per week**

**2010 (10) Citroen DS3 1.4,**  
Blue, alloys, air con, CD player, e/windows, e/mirrors, central locking, 40,000 miles  
**Sale Price £5,395 - £34 per week**

**2011 (61) Toyota Aygo 1.0,**  
silver, air con, central locking, e/windows, cd player, insurance, 1st car, cheaper than new, 10,000 miles only  
**Sale Price £4,495 - £28 per week**

**2012(12) Citroen C1 1.0**  
Silver, Air CON, Remote Locking, E/ Windows, CD Player, £20 a year Tax, 51,000 Miles  
**Sale Price £3,995 - £25 per week**

**2008 (58) Renault Megan Convertible, Diesel,**  
Grey, panoramic roof, e/windows, e/mirrors, alloys, cruise control, air con, full leather interior, 53,000 miles  
**Sale Price £3,995 - £23 per week**

**2009 (09) Citroen C5 Exclusive Convertible 1.4,**  
silver, 1.4, 16v, e/windows, e/mirrors, e/hood, C5, 120,000 miles only  
**Sale Price £3,695 - £24 per week**

**2007 (57) Volkswagen Eos 2.0 Diesel,**  
blue, alloy wheels, air con, heated leather seats, cruise control, remote locking, e/windows, e/mirrors, electric power hood, 90,000 miles  
**Sale Price £3,695 - £24 per week**

**2010 (10) Hyundai i10 Style,**  
blue, 5 dr, air con, e/windows, e/mirrors, CD player, 1st seats, remote locking, 10,000 miles  
**Sale Price £3,695 - £24 per week**

**2008 (58) Ford Focus 1.6 TDCi,**  
Black, 1.6, 16v, e/windows, e/mirrors, computer, remote locking, 10,000 miles  
**Sale Price £2,995 - £19 per week**

**2008 (08) Ford Focus 1.6 TDCi,**  
Silver, £30 per year Tax, e/windows, e/mirrors, alloys, remote locking, 120,000 miles  
**Sale Price £2,995 - £19 per week**

**2008 (08) Renault Clio 1.6,**  
3 door, 1.6, 16v, air con, remote locking, 10,000 miles, cd player, 69,000 miles  
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alloys, leather seats, e/hood, 100k  
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**2002 (52) Hyundai Amica 1.0**  
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**£5,495**

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2010 Citroen C3 Picasso Picasso VTR Plus Hdi



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**£6,395**

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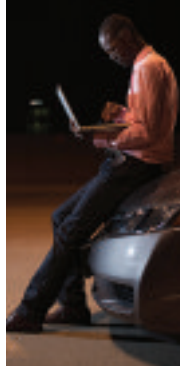
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There will be two separate Taster Days:  
 Thursday 1<sup>st</sup> February 2018  
 Wednesday 7<sup>th</sup> March 2018



Event Venue:  
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Experience of timber construction would be an advantage.

If you are interested, please contact Sarah on m: 0790 996 3893

[www.allseasonslandscape.co.uk](http://www.allseasonslandscape.co.uk)

SIGN UP FOR JOB  
 ALERTS AT  
**FISH4JOBS.CO.UK**

**FISH4JOBS**

### Transport Planner

Required to plan outbound groupage loads and customer collections in our busy transport office. This requires good geographical knowledge of the UK, a strong work ethic and experience in general haulage & pallet network operations.

### Forklift Driver

Counter balance licence required, various working hours options, reliability & attention to detail imperative. Come and join our award winning team

**Matthews Haulage Limited**

Mead Lane, Hertford, Herts SG13 7AX  
 01992553737  
[sales@matthewshaulage.co.uk](mailto:sales@matthewshaulage.co.uk)



~Haulage Excellence~



WCI Ltd is a Construction and Interior Office Refurbishment company based in Harlow and due to continuous growth we are looking for the following:-

**Experienced Foreperson Fixer:-**  
 Salary, Circa £40k, Use of Company Van, Company pension and training opportunities.

Please send CV's and please include any certification obtained to [Steve@wcil.co.uk](mailto:Steve@wcil.co.uk)  
 cc [Kevin@wcil.co.uk](mailto:Kevin@wcil.co.uk)

**Contact: 01279 426555**



## CAREERS EVENT

**SATURDAY 27 JANUARY  
10AM-1PM**

**(DOORS CLOSE AT 12.45PM)  
MBDA, SIX HILLS WAY,  
STEVENAGE, HERTS SG1 2DA**

**We're a market-leader in missile systems, providing the armed forces with some of the most advanced defence capability in the world. With opportunities for experienced professionals and graduates in both engineering and business, we can offer you an exciting, rewarding and meaningful career.**

Come along to our Careers Event with an up-to-date CV. In order to apply for the roles you are interested in, you will need to be eligible for SC UK Security Clearance with no restrictions. **PHOTO ID WILL BE REQUIRED FOR ENTRY ON THE DAY.** Children under the age of 16 will not be permitted. Relocation assistance may be offered as part of the employment package (subject to terms and conditions).

[www.mbdacareers.co.uk](http://www.mbdacareers.co.uk)

PRIDE IN ACTION

**MBDA**

Join our LinkedIn Group:  
**Engineering UK (Defence)**  
or follow us on Twitter:  
**@MBDAcareers**

**synergy**

### EXCELLENT OPPORTUNITY TO JOIN OUR EXPERT DRINK TESTING PANEL AS A SENSORY PANELLIST

**Location:** Bishops Stortford

**Pay:** £8.50 per hour

**Position:** Permanent, part time

**Hours of work:** Tuesday, Wednesday & Thursday fixed hours from 10am to 1pm

A fantastic opportunity to join an established expert drinks panel with the view to contribute to product development. Full training will be given; you must be in good health, with no allergies/intolerances to any foods/drinks. It is essential that you are prepared to taste a wide range of drink samples. You need to be computer literate and have excellent interpersonal skills with the ability to communicate effectively within a team. Most importantly, you must be an excellent time keeper, reliable, conscientious and willing to commit long term to this part-time role.

For more information or to apply please email:

[tastepanel@synergyoutsourcing.com](mailto:tastepanel@synergyoutsourcing.com) with your CV and we will contact you to discuss the requirements of the role in more detail



## PASSMORES ACADEMY

Tracyes Road, Harlow CM18 6JH  
Telephone: 01279 770800 | Website: [www.passmoresacademy.com](http://www.passmoresacademy.com)

### MIDDAY ASSISTANTS & CLEANERS REQUIRED IMMEDIATELY

We are seeking to appoint:

**Midday Assistants** to oversee the students during the lunch period. Applicants will need to have a rapport with the 11-16 year age group, patience and a sense of humour. Fixed term contract, 7.5 hours per week, term-time only (38 weeks per year) Band 1 Point 8, £2,554.59 p.a. & £98.02 fringe allowance p.a.

**2 x Cleaners** within the Premises department to carry out the daily cleaning at the Academy

- Early morning / afternoon Cleaner - 2 hours per day - Monday - Friday (10 hours per week)

- All day Cleaner - 6 hours per day (9.00am - 3.00pm - 30 hours per week)

Please specify your preference on your application  
Band 1 point 6 plus fringe allowance / 43 working weeks per year (48.8 paid weeks)

If you want to join our family-friendly, vibrant school, we want to hear from you

For further information and to apply, please visit [www.passmoresacademy.com](http://www.passmoresacademy.com)

**Closing date: Thursday 25th January 2018 (midday)**

'Passmores is committed to safeguarding and promoting the welfare of young people. The successful applicant will be subject to an enhanced disclosure through the Disclosure Barring Service'



HTS (Property & Environment) Limited  
"Proudly serving Harlow"

### VACANCY OPPORTUNITIES

HTS (Property & Environment) Ltd launched as a new company providing housing repairs and maintenance and environmental services for Harlow Council from 1<sup>st</sup> February 2017. We are pleased to announce we have job opportunities, serving the local community of Harlow which offer competitive salaries and excellent benefits.

**We are currently looking to recruit for the following positions:**

• Electrician	£26,505.26
• Gardener/Ride on Mower Operative/Watchperson	£18,897.28
• Office Cleaner (20 hours per week)	£9,079.20

Should you be interested in the above role and would like a copy of the **job description** and **personal specification** please click on the link to the position or call Charlotte Askew on 01279446968. Please submit an **up-to-date CV** with 2 sides of an A4 sheet explaining how you meet the points set out in the Person Specification to [hr.admin@htsgrouppltd.co.uk](mailto:hr.admin@htsgrouppltd.co.uk) or post to **HR & Communications Coordinator, HTS (Property & Environment) Ltd, Mead Park Estate, Harlow Essex CM20 2SE**  
Closing date - 19th January 2018  
Interviews - 29th January 2018 - 2nd February 2018

HTS are committed to equal opportunities and welcomes applications from all sections of the community.



Browse 24-7  
**ONLINE**



**Sold £8**

**FREE** for any item under £100, higher priced items just £10 when booked online. Excludes pets, motors and trade.

**marketPLACE**  
essexlive.news



### Drivers Required for Class 2 Multi-drop FMCG Operation

We are recruiting for experienced drivers to deliver frozen & chilled products with a high level of accuracy and customer focus

This position offers excellent opportunities for the right applicant. Full training is provided. This is an active role, which requires a positive attitude and brings new challenges on a daily basis.

**Current DCPC required**

**Location:** Harlow

**Competitive Salary:** From £30,000 to 35,000 per annum

**Hours:** Average 45 Hours per Week

To discuss the role further please call  
**Mark Peacock on 07912 797 003 or  
Tony Shipman on 07545 433 909**

To apply please visit

<https://www.jobtrain.co.uk/brakesgroup/>  
and complete an online application or for a paper application please contact  
**Mark or Tony above**

## BECOME A TOP SALES NEGOTIATOR

Role to include arranging viewings, calling applicants, negotiating offers, providing feedback to clients and providing a high level of customer service at all times. Experience is not essential as full training will be given. After an initial trial period, you will receive an annual basic salary of up to £15,000 depending on experience, plus commission, incentives and a company vehicle or car allowance, so a full driving licence is essential. By meeting sales targets you can expect to earn up to £30,000.



Come and join our winning team!!  
Please email your CV to  
[roydon.weekes@kings-group.net](mailto:roydon.weekes@kings-group.net)



### BISHOP'S STORTFORD TOWN COUNCIL ADMINISTRATION, TOURISM AND EVENTS ASSISTANT

We seek an enthusiastic person for an exciting, varied role where you will experience many aspects of the Council. Full time, 1 yr contract (may become permanent)

Full details at [www.bishopsstortfordtc.gov.uk/vacancies](http://www.bishopsstortfordtc.gov.uk/vacancies)



## COMMUNITY FUNDRAISER

**SALARY: £22,000 PA FTE  
(FULL TIME 37.5 HOURS PER WEEK)**

We are looking to recruit a Community Fundraiser to build relationships, support local community groups, schools and individuals to develop engaging fundraising activities to generate income. This is a great opportunity for an enthusiastic target driven individual with excellent communications skills to join our Income Generation team.

For full information, job description, person specification & application form, please visit: [www.stclarehospice.org.uk](http://www.stclarehospice.org.uk)  
Registered Charity No. 1063631.

Closing Date for Application: **Sunday 21<sup>st</sup> January 2018**  
Interview Date: **Monday 5<sup>th</sup> February 2018**  
No agencies please.

## Make a Speedy Sale

[classifiedmarketplace.co.uk](http://classifiedmarketplace.co.uk)



### COPPER PIPELINE INSTALLATION/MEDICAL GAS ENGINEERS TRAINEES REQUIRED

Enthusiastic, reliable and hard-working Trainees, ideally College leavers, to work alongside an experienced Engineer on a day to day basis. Ability to work to deadlines, keen attention to detail, working as part of a team and independently in the future.

Full industry training and certification given to the right candidates.

CSCS card would be beneficial but not essential. Must possess a full clean driving licence.

Please e-mail your CV to  
[admin@khmedical.co.uk](mailto:admin@khmedical.co.uk)

**NO AGENCIES**

## FISH4JOBS

Search 1000s of jobs online now.

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[Fish4jobs.co.uk](http://Fish4jobs.co.uk)



# BuySell marketPLACE

essexlive.news/marketplace



**ONLINE ONLY DEALS \* • FREE FOR ANY ITEM UNDER £100 • ANY ITEM ANY PRICE NOW JUST £10**

**Free** Adverts  
under **£100\***

\*ONLINE ONLY DEALS FREE for any item under £100, higher priced items just £10 when booked online. Excludes pets, motors and trade.

**Sales** From  
**£10.00**

**Motors** From  
**£15.00**

**Pets** From  
**£10.99**

**Free** **ONLINE**  
**PICTURES**

## How to advertise



**Buy&Sell** wherever, whenever  
you want **24/7 online!**

**PRIVATE ADVERTISING**

**BROWSE ONLINE**

essexlive.news/marketplace

**BOOK ONLINE**

essexlive.news/bookonline

Our friendly **Live Chat** team is waiting to help!

**Call: 01462 504155**

Monday - Friday: 8.30am - 5.30pm (Any item from just £10 over the phone)

**TEXT YOUR AD**

**Text 82070**

Start your text with **HARLO** followed by a space.  
Advert to comprise of no more than 20 words.

£15.00, plus your network charge, all advertisements are subject to approval.  
Private bookings only, under the value of £100.

**TRADE ADVERTISING**

**BROWSE ONLINE**

essexlive.news/directory

**BOOK ONLINE**

essexlive.news/bookonline

**Call: 01992 526666**

Monday - Friday: 8.30am - 5.30pm

**NEWSPAPER SUBSCRIPTIONS**

Get extra **Plus** benefits

when you subscribe to your local newspaper

**Online: newspapersubs.co.uk**

**Call: 0333 2028000**

**Buyaphoto**

essexlive.news/buyaphoto

**Call: 03444 060 910**

Monday - Friday: 9am - 5pm



\*FREE for any item under £100, higher priced items just £10 when booked online. Excludes pets, motors and trade.

## Items Wanted

**24/7 Advertising for private and trade**

### FOOTBALL PROGRAMMES WANTED

Local collector seeks especially pre-1970 items, Finals, European, England, Spurs, Arsenal, West Ham, Chelsea etc and Whole Collections.

**01245 358660**

### WANTED

#### FOOTBALL MEMORABILIA

PRE 1970s FOOTBALL MEMORABILIA WANTED. PROGRAMMES, TICKETS, PRESS PHOTOS, PIN BADGES, ANY CLUBS, ANY COMPETITIONS, ANYTHING PAPER RELATED - \*\*\*NO BOOKS, SIGNED ITEMS, VIDEOS\*\*\*.

**Tel: 07930 330485**

### WANTED

#### RACING CYCLES/ FRAMES

1920s to 1990s. Any condition.

**Tel: 01642 555168  
or 07990972470**

## Family

**24/7 Advertising for private and trade**

### Baby & Children

**BOYS SKI** trousers / jacket PROTEST limegreen ski trousers 176cm, slightly worn at bottom and mixed colours ski jacket 164cm. Excellent condition. £25.00 each or both £45. Blvd £45 Tel: 07952 464099

**BOY CLOTHES** aged 8-10 40 items, shirts, T's, jeans, jackets inc several Benetton, Quiksilver, Timberland, Levi's & 2 old Barca kits. VGC £40 Tel: 01376 573492

**MARKS & SPENCER** boys black leather jacket size 7 - 8 years. Great quality and worn once so excellent condition. (Chelmsford Area) £8 Tel: 01245 469544

**BOYS XL HOLLISTER** T shirt Never worn. Wide navy and blue stripes. Red bird symbol. £7 Tel: 07952 464099

**CRGS BLAZER** Size 34 - only worn for 5 weeks, as good as new £50 Tel: 01376 573492

**NIKE SOCK** Boots Yellow sock boots size 6 - Very Good Condition £15 Tel: 01376 573492

### WANTED

#### BICYCLES AND SPARES

Any condition and anything pre 1980 will be considered. Town bikes, Tandems, Shoppers, Choppers, Racers, Tricycles etc. Adults and children. Also job lot of spares bought. Anything older than 1980.### no mountain bikes please ###. Local man will collect and pay cash.

**Tel: 07972 630090**

### WANTED

#### OLD CAMERAS

Best prices paid for your old photographic equipment. 35mm or Digital Camera, lens Canon, Pentax, Nikon, Olympus, Bronica Tamron, Minolta, or any other photographic equipment you might think of interest. Bellows Cameras Perhaps??? ptturnerphotographics@gmail.com

**Tel: 07929 340709**

### Self-serve it for FREE

### 24/7

### marketPLACE

### Bicycles & Accessories

**BICYCLE MANS** Dutch style Ammaco Royale 6 speed ex condition 8 months old view. Daily 9 am to 1pm £50.00 Tel: 01245 460184 or 07902024568



#### ECO BIKE

Sparta. Ebike. Bought new July 2014. Really good condition. Regularly serviced and looked after. Large 58cm frame.

**£450**

**Tel: 01245 223478**

**STABILISERS PAIR** in good condition £10 ovno Tel: 01702 231002

### Books, Comics & Magazines

**'ROOF OVER BRITAIN', WORLD WAR TWO** Book, The Official Story of the A.A. Defences 1939-1942, printed 1943 by HMSO, 88 pages in good condition with b/w pics, my RAF father's book, £7 Tel: 07780 994135

**AUTOCOURSE F1** year book Motor racing F1 year book Autocourse 2005/6, A massive book for the F1 follower in superb condition with D/C very collectable. Priced to sell £6 Tel: 01277 500568

**RAILWAY MODELLER MAGAZINES** FROM 1999 TO 2015.50 pence each, will sell 10 magazines for a £4 or make me an offer for the lot!! £1 Tel: 01702 231002

**'ROOF OVER BRITAIN', WORLD WAR TWO** Book, The Official Story of the A.A. Defences 1939-1942, printed 1943 by HMSO, 88 pages in good condition, my RAF father's book, £7 07780 994135

### Clothes for Her

**ITALIAN PURE WOOL SUIT** by Mario Barutti, dark blue, double breasted 44" chest, trousers 38" waist/33" length only worn once, excellent condition £90 ovno Tel: 01277 652018

**JACKET GEORGE** Collection Size 8, Linen, Khaki, Tie fastening. Length from shoulder 21ins. New unworn cost £28, has tags still attached £12 Tel: 01621 854820 or 07756 047022

**MENS LEATHER** coats size XL Black jacket very good condition £15.00, tan jacket excellent condition £20.00, dark brown padded 3/4 length coat never worn £35.00 £70 Tel: 01245 327754

**COAT MENS (M&S)** formal dark grey/black, double breasted, wool/cashmere coat, never worn, size 37inch chest. £65 Tel: 07736 165651

**GOLDIX QUALITY** jacket brown with thick faux fur lining, collar and cuffs. Extremely warm and in vgc Size 12 Purchased from Selfridges cost £450. £45 Tel: 01277 652018

**MENS FATFACE** navy T shirt Brand new (label attached) Size medium. Main colour navy, slight lime pattern, subtle palm tree image. £5.00 £5 Tel: 07952 464099

**NEXT SHORTS** Next Mens 'skinny' jeans shorts 30" (76cm) worn for one week on holiday (2 pairs) as new (button flies) £7.50 each or 2 pairs for £12 Tel: 07736 165651

**USA ARMY** Clothing jacket, shirts, sweaters, gloves, poncho, scrim net, tng65. USAF CAMMO jackets, poncho, slacks, hat, scrim nets. bargain £85 Tel: 01277 200530

**AIDIDAS SPORTS** Jacket/Coat Small Men/Boys (age 15) quilted, black - excellent condition £10 Tel: 07736 165651

### Clothes for Her

**DUNLOP STEEL TOE** Safety footwear, Black Size 6, in excellent condition, worn once £12 ono Tel: 01702 231002

**EDINBURGH TARTAN** SKIRTS NEW 2 ladies pure wool scotch orig. tartans size 18 both. bargain £40 Tel: 01277 200530

**FUCHS CHECKED** shirt Brand new blue and white checked FUCHS shirt. Size medium. £8 £8 Tel: 07952 464099

**JEANS BLACK** Primark Mens Skinny black jeans W30 L30 (wore £10 new - still with tags on) £5 Tel: 07736 165651

**LADIES COAT** Next Maxi Overcoat. 80% wool. Navy blue. Size 12. Good condition. £20 Tel: 01621 893321

**LEATHER JACKET** black leather biker style with tassels, size small, hardly worn, bargain £30 Tel: 01277 200530

**MANS SUIT** GREY FLANNEL jacket Reid size 48R jacket 44R trousers new condition £40 ovno Tel: 07961 142187

**WEST END SHIRTS** 9 hardly used, bargain £20, city velvet collar coat dk. gray, as new bargain £40 Tel: 01277 200530

**CAMEL COAT** camel coat size 14 made by elvi good condition £20 ono Tel: 01245 443149

**MENS SHEEPSKIN** coat sheepskin coat size L hardly worn £40 ono Tel: 01245 443149

**STEEL CAPPED** Safety Shoes, black, size 6 in excellent condition £12 ono Tel: 01702 231002

**GENUINE BEAUTIFUL MINK** STOLE GOLDEN BLONDE COLOUR. A STUNNING ADDITION TO ENHANCE ANY SPECIAL OCCASION. REAL BARGAIN! £100 01992 581564

**MEN'S** black Ciro Citterio suit Men's black Ciro Citterio suit/Trousers 32 waist and 33 length. Jacket 38R. £18 in good condition Letchworth 07448661291 £18 07448 661291

**NEXT** men's black suit Next black men's suit. 32" trousers. Pure new wool natural stretch. Jacket 40". Has been dry cleaned and in good condition £20 Letchworth 07448661291 £20

**VANS TRAINERS** size 40 and 42 Brand new (label attached) grey / black VANS trainers size 40. £25.00 VANS trainers size 42. hardly worn £20.00, £40 both. £25 Tel: 07952 464099

### Clothing Accessories

**AIRWALK** men's shoes Airwalk black men's shoes size 9. Suede upper, padded tongue and collar, cushioned footbed £10 £10

### Dance Clothes & Shoes

**WHEELCHAIR** cushion Transfo foam and gel cushion in cover 18"x17". Karomed pressure relief cushion. Suitable for chair or bed. Handicap, excellent condition, little use. Cost £135 selling for £50 Letchworth £50 07448 661291

### Fashion

**LADIES DESIGNER TRENCH COAT** EXCELLENT CONDITION. BEAUTIFULLY MADE BY DANNIMAC U.K. SIZE 16, COLOUR: BEIGE, RECENTLY CLEANED, ALL ORIGINAL BUTTONS, ROYAL COLLECTION QUALITY FABRIC, TWO POCKETS, BELT, CUFF STRAPS, SHOULDER EPUAULETTES, NECK STRAP.

**DETACHABLE ZIPPED CHECK WOOL/ CALF MIX LINING REAL BARGAIN!** £35.00 01992 581564

### Footwear

**LADIES LEATHER BOOTS SPANISH** 'B THE BEST' BOOTS SIZE 40 (6 1/2 UK) UNKILTED TAN SOFT LEATHER, SYNTHETIC SOLE, POINTED TOES, ZIP FASTENING, 2" HEELS 13" to 13 1/2" CALF. MIN WEAR. £22 Tel: 07914 613112

**BRAND NEW** Gents Slippers (8) Clifford James black mocha moccasins (size 8) Duplicate purchase so unworn and in original box with despatch packing. Photo on internet (hutton) £15 Tel: 07713 869612

### Footwear

**STEEL TOECAP** Safety Shoes UK11 Dr. Martens Men's Black Industrial Occupational Steel-Toe Safety Shoes (Oil, Fat, Acid, Petrol & Alkali Resistant). Almost new. VGC Size UK 11 £12 ono Tel: 01245 223995

### Footwear

**DOLCIS** ladies shoes Leather ladies black Dolcis shoes with back strap, size 4, 3 and a half inch solid heel. Very smart looking and in great condition, little wear. £12 Letchworth 07448661291 £12

### Mobility

#### MOBILITY SCOOTER

Shopperider, new solid tubeless tyres, good runner.

**£250**

**Tel: 01245604606**

#### MOBILITY SCOOTER

As new.

Phone Linda

**£400**

**Tel: 07449930433**

### Toys & Games

**MOBILITY SCOOTER** three wheel good condition T G A buddy, dismantles to put in boot complete with charger. £100 ono Tel: 01245 361581

#### STRYDER MOBILITY SCOOTER

2 batteries  
Range - approx 25 miles  
Lights -  
Colour - Burgundy  
Large comfortable seat  
vgc

**£325.00 ono**

**Tel: 01245 223124  
or 0787310665**

**ROLLATOR** is 4 wheel type in blue with brakes and seat, excellent condition. £40 ono Tel: 01702 231002

**BATH BOARD** with handle, as new. £13 ono Tel: 01702 231002

**HANDLING** belt Maxi handling belt with four handling straps to aid the lifting up or putting down of a disabled person with more control. New condition, barely used. £30 Letchworth 07448661291 £30

**WHEELCHAIR** cushion Transfo foam and gel cushion in cover 18"x17". Karomed pressure relief cushion. Suitable for chair or bed. Handicap, excellent condition, little use. Cost £135 selling for £50 Letchworth £50 07448 661291

### Newspapers & Magazines

**CRYSTAL GAME SET** Comprises Chess, Draughts and Backgammon, in good condition never used £10 ono Tel: 01702 231002

### Toys & Games

**LITTLE TIKES** FRONT END LOADER RIDGE/IT ON BULLDOZER LOADER IN VGC - NO MARKS OR CRACKS. STURDY CONSTRUCTION - LITTLE TIKES Length 20" (51cm) width 12" (30cm) Height 9" (23cm) £25 Tel: 07914 613112

**BOOK SETS** Doctor Who box set (10 books) & Horrible History books (16 books) excellent condition ONLY £15.00 the lot £15 ono Tel: 01279 600701

**FURREAL FRIENDS** Scamps My Playful Pup Dalmatian Dog with accessory bone & rope. Responds to touch with sound & motion. Hasbro Toy 30cm Tall. Excellent condition. £10.00 Tel: 01277 655272

**PIXEL CHIX** Mattel Electronic Toy baby sister slither toy house & two storey house with roof pool. Can be linked together. Excellent working condition. £8.00 Tel: 01277 655272

**SKYLANDS, GIANTS & Swap Force** figures, all 3 Wii games, portals and carry bags, circa 75 figures and expansion chests. Excellent condition. Chelmsford area. £30.00 Tel: 07913 407155

**BIONICS** APPROXIMATELY 20 bionics. Unboxed but with instructions. would cost £300-£400 to buy via amazon or ebay now. £100 ono Tel: 01279 600701

**FURREAL FRIENDS** Newborn Bunny Rabbit grey with white tummy. Responds to touch with sound & motion. Hasbro Toy 18cm long. Very cute. VGC. £4.00 Tel: 01277 655272

**LEGO BASIC** bucket, mixture of cars and people or house, build your own. For average 7 years. Good value to add to collection for Christmas. £15 Tel: 01277 226427

**MAMAS & papas** Childs Pram. With Under Tray, Hood, Cover, Parasol. adjustable height handle and bag. vgc. £12 ono Tel: 01277 632696 or 07759 978449

**BARBIE SCOOTER** Barbie 3 wheeled scooter, Barbie roller skates and protective pads. £4 Tel: 01376 573492

**FOOTBALL TABLE BARGAIN** Ok for table top as legs missing, but works fine. Needs a ball £5 Tel: 07736 165651

**MEGABLOCKS** Large quantity of clean Megablocks with foldaway table to build it on. Can send photo on request. £10 Tel: 07941 654570

**BuySell  
marketPLACE**



# Mind, Body & Soul

24/7 Advertising for private and trade

## Chiropodists

**JULIE** GOLDEN HPC STATE  
REGISTERED CHIROPDIST HOME  
visits. 01279 873492 07916 075451

## Hairdressers

**MOBILE** Hairdresser  
Reliable, friendly service.  
Call Lisa 07717710419

## Massage & Therapy

**QUALIFIED THERAPIST THERAPEUTIC MASSAGE**

for relaxation  
and stress relief

Tel 07940820725

## Massage & Therapy

**RELAXING FULL BODY MASSAGE.**

Any details  
please Call

Laura

07597 514536

in print,  
online  
and mobile

# Wedding Directory

24/7 Advertising for private and trade

## Wedding Wear & Bridal Wear

**REMINGTON HEATED ROLLERS** Set of last heat 20 rollers, only used a few times, has a crack on the corner of the plastic lid. £15 Tel: 01621 854820 or 07756 047022

# Pets

24/7 Advertising for private and trade

## Dogs

## FRENCH BULLDOG PUPPIES

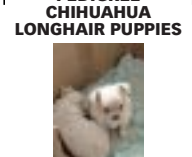


Mum can be seen. Two blue fawn dog pups and one fawn bitch pup. Vet checked, advocate and microchipped.

£975

Old Welwyn 01438 811675

## PEDIGREE CHIHUAHUA LONGHAIR PUPPIES



K/C reg vaccinated, wormed, home reared, microchip ed, ready for new loving home. phone for full details

saffron walden 07908 163752 or 01799 585974

## Pet Grooming

## HOME COMFORTS

Dog Grooming Salon based in Sawbridgeworth. Also Mobile.

Call Samantha

01279 601010, 07768 078126

## MUTZ KUTZ DOG GROOMING

Qualified / Insured.

Former Veterinary Nurse, Collection / Delivery.

07706 253886,

01279 426729

**We are MOBILE!**

BuySell marketPLACE

Small Fur Pets

LARGE GERBIL Cage Savic Large Gerbilium, size 56x70x37cms. Feeding bowl, water bottle and running wheel included. Used but in excellent condition. £25 Tel: 01376 528802 or 07521 773000

# Equestrian

24/7 Advertising for private and trade

## Horse Feeds

**EASTWICK ANIMAL FEEDS**  
T: 01279 442388  
F: 01279 419845  
www.eastwicklodge.co.uk

Self-serve it FOR FREE

24/7  
BuySell marketPLACE

# Home

24/7 Advertising for private and trade

## Aerials & Digital Receivers

**PANASONIC CORDLESS** Answering Phone System, base unit with phone and one other for another room. Compatible with Caller ID and SMS. Good condition. £10 Tel: 01277 228427

## LOW NOISE Block Down Converter (LNB), 4 outputs suit 2 Sky Plus boxes or similar, brand new still boxed £10 ono Tel: 01702 231002

## Articles Wanted

## RECORDS WANTED

Cash Paid For LP/EP And Single Records In Good Condition.

(No 78's)

07906224080

01371876968

## FREE LISTINGS

classifiedmarketplace.co.uk

## RECORDS WANTED

CASH PAID FOR LP/EP AND SINGLE RECORDS IN GOOD CONDITION.

(NO 78's)

07906224080

01371876968

## RECORDS WANTED

50's, 60's, 70's ROCK, PUNK, REGGAE, INDIE LP's, EP's AND 45's

01279 813400

07881 453435

## Bathrooms & Accessories

BATHROOM/CLOAKROOM SUITES.

Retro style. Two matching suites each including a toilet, cistern, basin and pedestal with floral design. Excellent condition. £150 for pair or each £90 Tel: 01621 893321 or 07887842073

GOLD PLATED bathroom set, double towel rail, toilet roll holder and lovely oval mirror with matching gold plated fittings. These are top quality items. Reduced £25 Tel: 01277 226427

SPLASH GUARD for bath with shower, holds the shower curtain in place against wall to stop water splash and leaks. Good condition and value. £10 ono Tel: 01277 226427

DOUBLE BED. Black iron 4ft 6" double bed. Comes complete with new mattress. £85.00 Tel: 01245 222601

TOWEL RAIL Hard Wood Antique Vintage with Brass brackets collection Great Baddow, Chelmsford. £300 Tel: 07754 972942 or 01245476144

## Bathrooms & Accessories

**MODERN TOILET** for sale. Blanco Close Coupled Toilet while with soft close seat. W405 D670 H790 (MM). Bought in error last June. £60 ovno Tel: 01277 625208

## RADIATOR

ladder towel rails For bathroom or cloakroom to be fitted to central heating. £10 each x 2. 500cm x 1100cm. £10 07763 839884

## Beds, Bedding, Bedrooms

**ELECTRIC ADJUSTABLE BED** hand-made in the UK. 3 ft 6 (107cm) wide x 81" (205cm) long x 22" (56cm) high. Low height ideal for problem knees and hips. Memory foam mattress. £100 Tel: 07941 272120

**DRESSING TABLE** Victorian style pine dressing table in good condition. 90cms wide. In 2 parts for easy transport. Buyer collects. £79.00 ono Tel: 01245 382133

**SINGLE BED** with pull out guest bed which fits underneath when not in use, good condition, with headboard, collection only. £5 Tel: 07392 078443

**WARDROBE** 50's style, size 19 inches deep x 48 inches wide x 72 inches tall. Centre door with 2 rails and shelves each side. £20 ono Tel: 01702 231002

## BOOK ONLINE

## MATTRESS KOMFI DELUXE DOUBLE

135"190"20CM

Memory foam mattress 7.5cm mem foam layer and 12.5cm ventilated base + washable cover.

10yrs old, 15yr warranty. Clean condition.

Soft - medium. Selling as I need a firm mattress.

C/w separate zip off waterproof washable cover. From a pet / smoke free home.

£120.00 ovno

Tel: 01277 215619 or 07929361977

## SOFA BED

Sofa bed settee, very good quality, excellent condition, no marks, only used a few times, light green upholstery. £200

£200

Tel: 01245 476935 or 07767618742

## VICTORIAN DOUBLE BEDSTEAD

1880 black bedstead, good quality ornate bedstead with porcelain plaques and brass rosettes. With sprung base. A very comfortable bed and good condition.

£200

Tel: 01277 212909

## Beds, Bedding, Bedrooms

**CLOTHES RAIL** double hanging. Brand new from argos £15, used for a week. Chelmsford area. £5.00 Tel: 07913 407155

**QUILT SET** for TODDLERS BED new unused still sealed. size 115x87cm(45x34")swedish made. bargain £25 Tel: 01277 200530

**SINGLE BED** Grey Single bed with 2 storage drawers, grey padded headboard all in vgc £50 ono Tel: 07767 365455 or 07802941616

**SOLID PINE** Headboard. Fits double bed. Excellent Condition, came from Conway Pine. Chelmsford area. £60.00 Tel: 07913 407155

**MAN UT** Curtains, bedside lamp, ceiling lampshade, bin and clock £20 Tel: 07736 165651

**SINGLE BED** slumberland sprung base with two drawer buyer collects £30 Tel: 01279 444786

**FUNKY FUTON** Sofa Bed 6'8" by 4' Antique pine stained bed frame. Black Futon 6'6" by 4'. Good clean cond. Folds up for chair, flat for bed. Small dbl & good guest/student bed. £95.00 Tel: 01277 215619 or 07929361977

**STAG** Minstral wardrobe Stag Minstral single wardrobe, mahogany. With 2 draws, shrives and hanging space. Already dismantled. £80 0744861291 Letchworth £80 07448 661291

**FOLDING** Bed, Complete with mattress, cover & pillow, folds to a chair when not in use, good condition. £50 07961 094167

## Carpets & Rugs

**RUG** In lovely cream long pile. Size approximately 32" wide (80cm) x 59" long (150cm). Brand new so in vgc £30 Tel: 01277 652018

## Photography

**EPSON PICTUREMATE** Photo Printer with manual, CD ROM driver, power lead & sealed ink cartridge. Not boxed, but never used. Ring after 7.30pm. £35.00 ono Tel: 01245 610330

**PALM VX** Handheld PDA Hot sync cradle & battery charger via serial port. Leather case, stylus pens. Handbook & CD ideal for enthusiasts/collector of vintage electronics £10.00 Tel: 01277 655272

**SKYLANDERS, GIANTS & Swap Force** WI games and figures, with expansion packs, figure cases and portals. Full working order. Roughly 75 figures. Chelmsford area. £30.00 Tel: 07913 407155

## Computer Accessories

**SAT-NAV** BINATONE F435 satellite navigation system with case, car charger, windscreen holder and user guide. All in new condition & never used. £30.00 ono Tel: 01245 610330

**DESK OAK** effect, suitable for home or office use L 120 x D 65 x H 70, good condition £15 Tel: 07736 165651

**FILING CABINETS** 3 x wooden cabinets: W 18" x H 14" x D 11" 1/4" x H 38" x 1/2" £10.00 each or 3 for £25 Tel: 07736 165651

**COMPUTER DESK** with sliding shelf for keyboard, in excellent condition. £13 ono Tel: 01702 231002

**KEA DESK CHAIR** Wooden/oak effect/chrome legs & wheels, excellent condition £15 Tel: 07736 165651

Abs keep fit sit up equipment To strengthen abs £2 £2

## Games Consoles & Games

**NINTENDO WII** Band in a Box wireless guitar, drum kit & Beatles Rock Band game. Not boxed, but hardly used & in great condition. Ring after 7.30pm. £80.00 ovno Tel: 01245 610330

## Curtains & Blinds

## INTERIOR BLINDS

All types Call Martin on 01279 726088 07836 702734

## INTERIOR BLINDS

All types Call Martin on 01279 726088 07836 702734

**NET CURTAINS** Assorted sizes, Jardine, Straight, Festoon and Café Drops 49"-51". Widths 5ft-18ft (Romford) £10 Tel: 07948 318956

**PAIR CURTAINS** VELOUR light brown exc. cond.size each 9ft wide 7ft long bargain £10 Tel: 01277 200530

**BAMBOO** blind, brand new Bamboo blind, brand new, not hung. 120cm wide 160cm drop. With fixings and instructions £8 Letchworth £8 07448 661291

## Dining Furniture



## OLD CHARM CABINET

Genuine Old Charm display cabinet / sideboard. Light inside display cabinet. Solid oak, very good condition, been in family since new, early 50's.

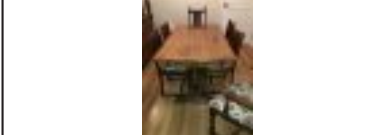
£100 ono

Tel: 01245 324815 or 07973 414439

Self-serve it ANYTIME 24



essexlive.news/marketplace



## OLD CHARM TABLE & 6 CHAIRS

Genuine Old Charm solid oak dining table & 6 chairs (2 carvers). Been in family from new since early 50's. Hand made with ornate carvings. Very good condition, very hard wearing.

£100 ONO

Tel: 07973 414439 or 01245 324815

## Dining Furniture



## DUCAL VICTORIA CORNER CABINET

in antique pine with interior light. Width 71cms/28ins, depth 45cms/18ins, height 189cms/75ins. VGC. Buyer would need to collect. The top and base come apart for easy transportation

£95

Tel: 07776 223500 or 01245223500

## WOODEN WINDOW

815 wide x 1200 high, opening window and fan-light. Could be used in a garage or outbuilding £33 ono Tel: 01702 231002

**PILLAR TAPS** Brand new never used. Bought for a now abandoned project. Suitable for a utility room or similar. £10 ono Tel: 01702 231002

**VERTICAL SLIDING** Sash Weights 2 x 65 pounds, 2 x 6 pounds. They were used on sash windows. £20 ono Tel: 01702 231002

**STEPLADDER** WOODEN Vintage Height 6ft folded, 7 steps (Romford) £10 Tel: 07948 318956

**LADDER** 14FT (4.3m) aluminium builder's ladder, extends to 25ft (7.7m) approx. Wheeled top section. Grooved safety rungs. New ladder feet. £65 ono Tel: 01245 353992

## WOODEN LADDER

13 foot extending wooden ladder with steel rungs, good condition. £30 ono Tel: 01376 513998

## DVD Players

**SURROUND SOUND** Philips 5.1 new boxed with DVD player, bargain £50 Tel: 07727 200530

## Fires, Heaters & Surrounds

**WOODEN FIRE** surround with marble insert and grate with cut-out to host standard electric fire. Surround size W120 H115 D15-Grate size W120 D35 cms. Excellent condition. £60.00 ono Tel: 01245 327754

**DIMPLEX OIL** radiators 1 x 1kw 2.1 kw perfect condition £35 Tel: 01268 758609

**GAS FIRE** ornate gas fire good working order £10.00 Tel: 01245 250461

**GAS COOKER** cannon chesler gas double oven excellent working condition £100 ono Tel: 07792 130468

**TROUSER** Press. Corby 7700. 3 timer settings, LED countdown display, silver finish, good. Letchworth, Harlow £10 07789 435112

## Home Appliances

**GAS COOKER** cannon chesler gas double oven excellent working condition £100 ono Tel: 07792 130468

**TROUSER** Press. Corby 7700. 3 timer settings, LED countdown display, silver finish, good. Letchworth, Harlow £10 07789 435112

**COFFEE CUPS** & Saucers Set BEAUTIFUL Aynsley Blue Mist delicate design, 6 piece set, still boxed never used. £45 Tel: 07736 165651

**BISTRO** dining table Bistro Dining table with two chairs. In light wood colour, with a diameter of 80cm. ideal table if space an issue. All in excellent condition. £40 ono 07736 466716

**COFFEE CUPS** & Saucers Set BEAUTIFUL Aynsley Blue Mist delicate design, 6 piece set, still boxed never used. £45 Tel: 07736 165651

**PAIR CURTAINS** VELOUR light brown exc. cond.size each 9ft wide 7ft long bargain £10 Tel: 01277 200530

**BAMBOO** blind, brand new Bamboo blind, brand new, not hung. 120cm wide 160cm drop. With fixings and instructions £8 Letchworth £8 07448 661291

**COALPORT** CHINA PLATES. 4 VERY COLLECTABLE GARDEN VISITORS CHINA PLATES. ALL IN THERE BOXES WITH CERTIFICATE OF AUTHENTICITY. £20 ono Tel: 07751 364936 or 07751364936

**CANTEN** OF CUTLERY Bestecke Qualitat Set 1829 Solingen German 70 piece stainless steel cutlery in lovely case. Only used once or twice. An absolute bargain. £100 Tel: 01277 652018

**CORDON BLEU** Cookery books, its the complete set of 24 small hard back books, one on each subject of cooking. Old, original, but in great order, with no damage. £45 ono Tel: 01277 226427

**ETERNAL BEAU** crockery Various items priced from £1 to £10. Pls phone for items available. Some used but in very good condition/no chips, stains or glass defects (nuton) £1 Tel: 07713 869612

**NORTAKE** LEGENDARY dinner and tea ware 45 pieces, includes 3 size plates, bowls, tureen salts & pepper pots, sauce boat, cups, saucers, teapot, milk and sugar, vgc £95 Tel: 01277 652018

**ROYAL DOULTON** Lambethware, Will o' the Wisp. (2 items) Milk Jug + Sugar Bowl with lid. Both approx. 4ins tall. Rarely, if ever used VGC £15 Tel: 01621 854820 or 07756 047022

**ROYAL DOULTON** PASTORALE fine porcelain tea/dinner ware 41 pcs consisting of cups, saucers, tea, salad and dinner plates, bowls, teapot, sugar bowl, milk jug, cake plate £65 Tel: 01277 652018



Household  
Miscellaneous

## LAUREL BUSHES

SUPERB QUALITY POT  
GROWN IN HOLLAND.

4ft  
NOW IS THE TIME TO  
PLANT FOR A FAST  
GROWING HEDGE.

at CM11 1QN  
ONLY: EACH

£6.50  
Tel: 01268 711002  
or 07954990188

COMPUTER DESK 3-tier, on wheels,  
pull out tray for keyboard and two  
lower shelves £14 £14 Tel: 07736  
165651

DESK OAK effect, suitable for home  
or office use L 120 x D 65 x H  
70, good condition £15 Tel: 07736  
165651

FILING CABINETS 3 x wooden cabi-  
nets: W 1ft 7 1/4" x D 1ft 11" x  
4" x H 3ft 3 1/2" £10 each or 3  
for £25 Tel: 07736 165651

HORS D'OEUVRE dish 1970s, made  
in France Veropa, clear patterned  
glass, 3 compartments, bowed. £8  
Tel: 07736 165651

JAG MEAKIN ICA RETRO COFFEE  
SET 1960s never been used still in  
original 'Bull in China Shop' box £35  
Tel: 01277 652018

L.E.D COLORED LIGHTS +DISPLY  
'fishbow' glass bowl. 200  
lights, white, mid colored - new cost  
£25 bargain £10 Tel: 01277 200530

ROCKING HORSE Mame and  
Papas 'chestnut' seat height 76CM  
cups £80 Tel: 01277 632066 or  
0775997849

ROYAL GRAFTON fine bone china  
teaware, white with gold trim, six  
cups and six saucers, unused £20  
Tel: 01277 652018

CURTAINS NEW, size W52" x L54",  
emerald green. £8 Tel: 07736  
047022

PATIO DOORS Synseal Doors  
length 2100 Height 2130 new no  
glass £50 ovno Tel: 01245 223192

PATIO DOORS Synseal Patio Doors  
new Length 2340 Height 2130 no glass  
£50 ovno Tel: 01245 223192

VERTICAL BLIND natural hessian  
colour still boxed 236cms W x  
207cms D £40 Tel: 07961 142187

CURTAINS NEW, size W52" x L54",  
Emerald green. £8 Tel: 07736 047022

PAPER shredder. ATIVA AT—  
18Xld. for office or home, large  
capacity, cross cut shred, size 29" x  
20" x 2", very good condition.  
Harlow cost £340 new, £35 ovno  
07789 435112

## Lounge &amp; Conservatory Furniture

## G PLAN 3 PEICE SUITE

Dark red, in excellent condition. Sale due to down sizing.

£500

Tel: 01277413607 or 07746659734

3 SEATER M & S  
BROWN LEATHER  
SOFA. GOOD  
CONDITION

01279659597

£160 ovno  
Bishops Stortford 01279  
655957 or 07791062465

G PLAN Tree Double Wall Unit in-  
cludes drinks cabinet with folding  
doors, lighting, glass display shelves  
and two cupboards. W55 H510 D21"  
Excellent condition. Buyer collects.  
£100 Tel: 01621 893321 or  
07887842073

2 Seater reclining sofas X 2 Pair  
of brown 2 seater sofas. Each seat  
fully reclines separately. Ex. Cond.  
Buyer collects. (can be individually  
disassembled for transport) £100 Tel:  
01277 840973

ARMCHAIR ANTIQUE/VINTAGE  
tapestry seat & backrest and  
wooden arms good condition and  
comfortable. Collection from Great  
Baddow, Chelmsford. £50.00 Tel:  
07754 972942 or 01245476144

CHRISTMAS PLATES Royal Doulton  
1st/2nd/3rd Xmas plates: 1977/1978/1979  
still boxed-beautiful Victorian designs,  
excellent raffle prizes or collectors  
items £20ea or 3. £15 Tel: 07736  
165651

G PLAN Tree Single Wall Unit in-  
cludes lighting, glass display shelves  
and two drawers. Width 2' 6" Height  
5' 10" Depth 21". Excellent condition.  
Buyer collects. £75 Tel: 01621  
893321 or 07887842073

BuySell  
marketPLACE

Household  
Miscellaneous

RABBIT Hutch. Quite large. Fine  
for Guinea—plugs too. Opening door  
at front. Good condition. Could  
deliver. £20 ono 01462 639410  
07833 626029

SWIVEL Chair for home or office,  
blue upholstery, with arm rests,  
black base with casters, height  
adjustment, very good condition,  
Harlow £15 07789 435112

WOODEN letter rack 17w, 12h,  
100 light oak colour, 7 divided  
spaces. Very good condition.  
Buyer collects. £5 01279 777121  
07741004174

LARGE ironing board actual board  
51 half x 18 inches very sturdy  
needs new cover vgc: £15.00 ono 01279  
455917 07957400911

OFFICE chair on wheels Office chair  
on wheels. Good condition.  
Buyer collects. £8 01279 777121  
07741004175

## Free To Good Home

FREE BROKEN pallets 4  
firewood We have a quantity of  
broken pallets which are ideal for  
kindling, firewood etc please  
collect from Kings Transport  
based at North Weald Airfield Tel:  
01279 882822 or Jayne Arnold

Kitchen Electrical  
Appliances

HOSTESS TROLLEY Phillips. sliding  
top with 3 heat trays to take oval  
pyrex dishes plus middle heated  
shelf pull down door. Storage under-  
neath £90 Tel: 07961 142187

DISHWASHER Hotpoint  
Integrated dishwasher. In good  
working order. Two shelves with  
cutlery holder. £60 07763 839884

LOGIC Fan Assisted oven Brand  
new, never used stainless steel fan  
assisted oven. £85.00 07941  
881047

TUMBLE dryer Hoover 8kg. In  
good working order. £50 07763  
839884

Kitchen Furniture  
& Fitments

KITCHEN TABLE & 4 chairs with  
padded covers. Metal frames with  
wood effect tops. 120 x 76 cms.  
Very good condition. £25.00 ono  
01245 327754

LARDER Unit Slide out Internal for  
cabinet 300 mm deep, 1920 mm  
high. soft stop. Chrome plated. Still  
boxed. £25 ono Tel: 01277 632066  
or 0775997849

WELSH DRESSER with cupboard &  
2 drawers as new £75.00 Tel: 01268  
768909

BOOKCASE/SHOWCASE  
GLASS fronted late 1960s med/  
dark hardwood. excellent  
condition adjustable shelving 48" x  
36" x 11". £35 Tel: 01245  
223493

ARMCHAIR Green cloth and  
velour armchair. Good clean  
condition from pet and smoke free  
home. 39" W 38" L 35" H £45 Call  
07448661291 Letchworth £45  
07448 661291

ROSEWOOD Retro Coffee table  
89cm x 42cm x 42cm Used but in  
vgc with a few old marks. Worth  
every penny, proceeds to charity  
£15 07957 818049

TV unit TV unit, silver with two  
glass shelves. Size 70.5cm long  
47cm high 49cm deep. £25  
07448661291 (Letchworth) £25  
07448 661291

OLD Charm DVD/CD Cabinet Has  
space for Television. Has side table  
to match at extra cost of £15 £40  
01279 815653

RECLINING Chair, with extending  
footrest, green cloth material with  
wooden frame, good condition  
£45.00 07961 094167

WOODEN TELEVISION Cabinet  
Golden colour, elm. Suitable for 32  
inch screen and separate storage for  
additional satellite box. 18" (44cm) x  
35" (89cm) x 36" (90 cm) £45  
Tel: 07941 272120

DERWENT EASY Chair in wine floral  
patterned quality fabric, leather cush-  
ion, walnut legs, arms and trim, vgc  
cost £850 accept £75 Tel: 01277  
652018

TELEVISION STAND wooden, silver  
colour. H19", D22.5", W34.5" re-  
ducing to 22" at back. Base shelf and  
middle shelf. (Romford) £7 Tel:  
07948 318956

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Lounge &  
Conservatory Furniture

PARKER KNOLL  
LEATHER 3  
PIECE SUITE

Madison Suite in Mink.  
Excellent condition.  
Collect from Danbury

£295  
Tel: 07557 531983

2 BLACK METAL FRAME SHELF  
UNITS with 4 black wooden shelves  
each. H60" x L21.5" x W10". VGC  
£10 Tel: 01245 47487

COFFEE TABLE Square shaped, solid  
wood, good condition, would be-  
nefit from a varnish £40 Tel: 07736  
165651

COFFEE TABLE 36" Round 18"  
high in beech, with shelf under VGC  
(As Ikea Vejnorn for £90). £10 ono  
Tel: 01277 632066 or 07759 978849

COMPUTER DESK 3-tier, on wheels,  
pull out tray for keyboard and two  
lower shelves £14 £14 Tel: 07736  
165651

DESK OAK effect, suitable for home  
or office use L 120 x D 65 x H  
70, good condition £15 Tel: 07736  
165651

DESK UNIT 2 drawer/oak effect/  
wheels, bottom drawer for hanging  
files if desired W42x45x57" £15  
Tel: 07736 165651

PRINT OF Racheorse "Persian War",  
approximately 27" x 39", in lovely  
green/gold frame, vgc £40 ovno Tel:  
01277 652018

SOFA PARKERNOLL three Seater,  
gold and beige traditional upholstered  
pattern, very comfortable £80 Tel:  
07941 272120

TELEPHONE TABLE or Plant Stand  
Wooden Mahogany colour, oval with  
three shelves. H30.5" W15.5" D11.5"  
(Romford) £5 Tel: 07948 318956

COFFEE TABLE Walnut effect approx.  
3ft 6" £20.00 ono Tel: 01245 321461  
07941 272120

KEA DESK CHAIR Wooden/oak ef-  
fect/chrome legs & wheels, excellent  
condition £15 Tel: 07736 165651

TWO SEATER Chesterfield Sofa  
Good condition £50.00 Tel: 01245  
321461

BOOKCASE/SHOWCASE  
GLASS fronted late 1960s med/  
dark hardwood. excellent  
condition adjustable shelving 48" x  
36" x 11". £35 Tel: 01245  
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Golden colour, elm. Suitable for 32  
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# Public Notices

24/7 Advertising for private and trade

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Notice is hereby given that Mr Said Mustafa has lost his passport issued by United Republic of Tanzania. If found please send to 22 Wellers Grove Cheshunt EN7 6HU or hand over to Tanzanian High Commission London or the nearest police station.

07928226363

mustafa.said11@gmail.com

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## Public Notices

## Essex County Council

## (Hamlet Hill, Roydon) (Temporary Prohibition of Traffic) Order 2018

**Notice is hereby given** that the Essex County Council intends, not less than seven days from the date of this notice, to make the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

**Effect of the order:** To temporarily close that length of Hamlet Hill, Roydon in the District of Epping Forest, from its junction with Reeves Lane for a distance of approximately 95m in a westerly direction. The closure is scheduled to commence on 5th February 2018 for 2 days, or where stated on a valid permit (MX044280633600 - Affinity Water). The scheduled dates may vary for these works with appropriate signs showing and/or displayed on [www.roadworks.org](http://www.roadworks.org). The closure is required for the safety of the public and workforce while water main works are undertaken by Affinity Water.

An alternative route is available via Tylers Road, Epping Road Roundabout, Water Lane, Southern Way, Katherine's Way, Third Avenue, Velizy Avenue, Fifth Avenue, Edinburgh Way, A414 Between Northern Town Boundary And Burnt Mill Roundabout, Eastwick Road, A414 Ware Road Pepper Hill Roundabout, Amwell Link Road, A10 Amwell Link Roundabout, Hoddesdon Bypass S/b Entry Slip Amwell I/c, A10 Broxbourne Boundary To A414 Rush Green Roundabout, A10 Hoddesdon Link Road To East Herts Boundary, A10 Hoddesdon Link Southbound Offslip, Hoddesdon Link Road, Amwell Street, Dinant Link Road, Essex Road, Dobbs Weir Road, Sedge Green, Hamlet Hill and vice versa.

The Order will come into effect on 25th January 2018 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

## HARLOW DISTRICT COUNCIL (JOYNERS FIELD, HARLOW ESSEX) (INTRODUCTION OF DISABLED PARKING PLACE (OFF STREET) ORDER 2018 NOTICE OF MAKING

NOTICE is hereby given that on 18th January 2018 The District Council of Harlow ("the Council") in accordance with section 39(3) of the Road Traffic Regulation Act 1984 ("the 1984 Act") and under arrangements made with the said County Council pursuant to S.101 Local Government Act 1972 and the Local Authorities (Arrangements for the Discharge of Functions)(England) Regulations 2000 and after consultation with the Chief Officer of Police HEREBY intend to make the above Order under (a) the powers conferred by Section 1(1) and 2(1), 3(2) and 4(1) of the Road Traffic Regulation Act 1984 ("the Act") and of all other enabling powers in accordance with Part III to Schedule 9 to the Act and (b) section 74 (as modified by Statutory Instrument 2003 No. 2440) and Part 6 of the Traffic Management Act 2004 ("the 2004 Act") and (c) in accordance with Local Authorities Traffic Orders (Procedure)(England & Wales) Regulations 1996. HEREBY make the above Order under sections 1(1), 2 (1) to (3), 4(1), 4(2), 32, 35, 45, 46, 49 and 53 and parts III and IV of schedule 9 of the Road Traffic Regulation Act 1984. Harlow District Council (Joyners Field Harlow, Essex) (Introduction of Disabled Parking Place) (Off Street) Order 2018 The effect of this Order will be to;

a) Introduce a disabled parking bay (Off Street) to the area of the road shown on the plan and specified in the schedules to this Order.

A copy of the sealed Order and associated schedule is available for inspection at Harlow District Council Civic Centre Watergardens Harlow CM20 1WG and Chelmsford County Library, Market Road, Chelmsford, CM1 1LH during normal office hours. Copies can be acquired on payment at photocopying charges.

The Order comes into force on 13th February 2018, but if any person wishing to question the validity of the Order or any of its provisions on the grounds that it or they are not within the powers conferred by the Act, or that a requirement of the Act, or of any instrument made under the Act has not been complied with, that person may, within 6 weeks from the date on which the Order is made, apply for the purpose to the High Court.

Harlow District Council

3rd Floor Civic Centre

Watergardens

Harlow

Essex

CM20 1WG

This notice is dated: 18th January 2018.





## Public Notices

**TOWN AND COUNTRY PLANNING ACT 1990  
PLANNING (LISTED BUILDINGS AND  
CONSERVATION AREAS) ACT 1990  
Planning (Listed Buildings and  
Conservation Areas) Regulations 1990  
Town and Country Planning  
(Development Plans and Consultation)  
Directions 1992**

**PUBLIC NOTICE OF APPLICATIONS**

The following applications have been received by Harlow District Council. These applications and others received can be inspected online at [www.harlow.gov.uk](http://www.harlow.gov.uk) or at Harlow Council Planning Services, Civic Centre, The Water Gardens, Harlow, Essex CM20 1WG on Monday-Friday, 9am-4.45pm. If you are unable to view the plans during these times, please telephone Planning Services on 01279 446856 where a suitable appointment can be made with the relevant case officer.

Anyone who wishes to make representations about these applications should write to the Council at the above address within 21 days of the date of this notice.

**Application No** HW/FUL/17/00596 **Ward:** Old Harlow

**Application Type** Full Application

**Location** 69 The Hill, Harlow, Essex CM17 0BH

**Proposal** Provision of one new one-bedroom end-of-terrace dwelling.

**Reason for Advert** Conservation Area

**Application No** HW/FUL/17/00578 **Ward:** Little Parndon & Hare Street

**Application Type** Full Application

**Location** St Marys Church, Parndon Mill Lane, Harlow, Essex

**Proposal** Construction of a hall, toilets, and ancillary accommodation, within a detached annexe to the church, and including step free access to the church. Alterations to an existing window within the church to create a door opening, including removal of two rows of pews.

**Reason for Advert** Listed Building

**Application No** HW/LBC/17/00579 **Ward:** Little Parndon & Hare Street

**Application Type** Listed Building Consent

**Location** St Marys Church, Parndon Mill Lane, Harlow, Essex

**Proposal** Construction of a hall, toilets, and ancillary accommodation, within a detached annexe to the church, and including step free access to the church. Alterations to an existing window within the church to create a door opening, including removal of two rows of pews.

**Reason for Advert** Listed Building

**Application No** HW/HSE/17/00598 **Ward:** Old Harlow

**Application Type** Householder Application

**Location** 14 Mulberry Gardens, Mulberry Green, Harlow, Essex

**Proposal** Two-storey side and rear extension.

**Reason for Advert** Affects Setting of Conservation Area

**Application No** HW/TP/18/10001 **Ward:** Old Harlow

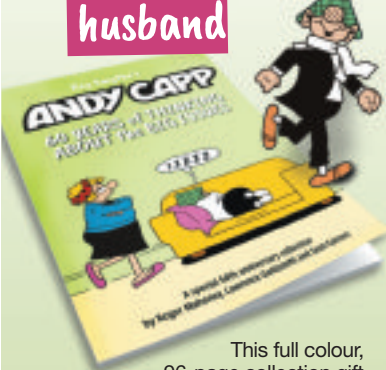
**Application Type** Works To Trees in a Conservation Area

**Location** 43 St Johns Avenue, Harlow, Essex CM17 0BA

**Proposal** Lime tree - cut back branches to clear property by three metres.

**Reason for Advert** Tree Works Within a Conservation Area

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#### Tour highlights

- ✓ Return direct flights from Luton & Stansted
- ✓ 7 nights HB accommodation in the 4\* Holiday Inn on the beach at Armação de Pêra
- ✓ 3 included guided excursions visiting Portimao, Silves, Cape St Vincent and Lagos
- ✓ Services of a tour representative



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#### Tour highlights

- ✓ Return direct flights from Luton & Stansted
- ✓ 7 nights 4\* HB accommodation on the coast in Taramay, Almunecar
- ✓ Included excursion to Granada and the Alhambra
- ✓ Included excursion to Almeria
- ✓ Option to extend your holiday by another week
- ✓ Services of a tour representative

### The Costa Blanca, Valencia & Guadalest

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Departs May 17, Sep 6, 27 & Nov 8 2018

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#### Tour highlights

- ✓ Return direct flights from Luton & Stansted
- ✓ 7 nights HB 4-star accommodation in Calpe
- ✓ Excursion to Valencia
- ✓ Excursion to Guadalest and Alcoy
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#### Tour highlights

- ✓ Return direct flights from Luton & Stansted
- ✓ 7 nights HB accommodation in a 4\* hotel in Isla Canela
- ✓ 3 guided walks
- ✓ Services of a tour representative



### Walking - the Julian Alps of Slovenia, Venice & Trieste

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Departs May 14 & Sep 10 2018

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#### Tour highlights

- ✓ Return direct flights from Luton & Stansted
- ✓ 7 nights HB hotel accommodation (3 Lido di Jesolo & 4 Kranjska Gora)
- ✓ 3 guided walks
- ✓ Services of a tour representative





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**PAULINE** mature lady, well  
dressed and petite. Fascinated  
about many things. Hoping to  
find a gent to share life's experi-  
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see how things work out. Ph text  
me. Tel No: 0906 515 4456 Box  
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**PJA** genuine, kind Thai lady.  
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busy. W/Thai white gent 35+. I  
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**LORREY** kind lady, 58yrs, gen-  
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**VICTORIA** elegant smart black  
lady, 40yrs, loves life, gym, sexy  
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**LINDA** late 50s, very attractive,  
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0906 515 4456 Box No:  
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**DISCREET** sexual and living  
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0906 515 4456 Box No: 429949

**ATTRACTIVE** blonde 40yrs.  
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tive lady, likes older men. I'm  
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**MARK** 40yrs, good figure, has an  
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**ELEGANT** smart black man, offi-  
cial figure, smart, honest, loyal,  
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**VINCE** 58, muscular, shaven  
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515 4456 Box No: 429839

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few weeks ago. Want to meet  
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tween 48-54, for adult fun and  
weekends away. Can accommo-  
date. Tel No: 0906 515 4456 Box  
No: 427856

**MALE** 55, N/5, looking for for-  
mal, 25-40, for friendship,  
relationship and to share week-  
ends and holidays away. Tel No:  
0906 515 4456 Box No:  
429111

**WHITE** male, 30, into music,  
movies, travelling, seeks simi-  
lar, 25-40, for long term rela-  
tionship. If you're interested  
please leave a reply. Tel No:  
0906 515 4456 Box No:  
429857

**GENUINE** male, attractive,  
D/M/C, honest, single dating in  
and out, TV, music and lots of  
other interests, seeks female with  
similar interests for relationship.  
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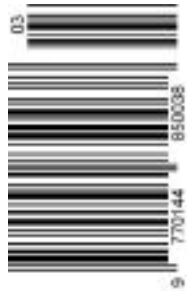
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# Boss goes back to the drawing board

## Hawks return to losing ways against Wingate & Finchley

By **Ian Barnham**

[sportsdesk@hertsessexnews.co.uk](mailto:sportsdesk@hertsessexnews.co.uk)

DESPITE a bright start, Harlow Town succumbed to defeat as Wingate & Finchley scored either side of half-time for a 2-0 win in the Bostik League Premier Division.

The Hawks had started the game on top, but when the lively Afolabi Obafemi was fouled in the box, Sean Cronin converted the penalty.

The visitors faded as the game went on, and shortly into the second half Wingate & Finchley doubled the lead with a close range header from Rob Laney to seal all three points.

Harlow Town put the pressure on early, and Alex Read went close after only five minutes when his shot from inside the area was well blocked by Cronin.

Charlie Edwards then also had a shot goal, but it flew across the face of the goal with no one else able to turn the ball into the net.

The hosts began to neutralise the early pressure, and when Luke Ifil dragged a shot across goal it hit the post before being smothered by David Hughes.

With 27 minutes gone, Obafemi was brought down inside the box after a tangle of legs with Hawks' right-back Paul Rodgers, and the referee pointed to the spot.

Cronin dispatched the penalty expertly with a powerful shot into the bottom left corner.

Marc Charles-Smith had a good opportunity to double the lead for Wingate when he was played through on goal. He hit the crossbar, and Reece Beckles-Richards' follow-up was then smothered by Hughes.

Harlow almost levelled in the

final minutes of the half when a scramble inside the six yard box was nearly turned in by Read. He saw his first shot blocked, and then when he teed the ball up for Jared Small, the winger sent the ball wide of the post.

The hosts were the stronger side in the second period and with eight minutes played after the restart they scored their second.

A quick attack down the right saw the ball lofted to Laney at the back post. He couldn't miss, and headed the ball in from close range.

The Hawks were not out of the game yet and when Small drove into the box his cross was deflected in to the path of Syrus Gordon, but his strike was blocked as Wingate defended stoutly.

### Blocked

The home back four were proving difficult to break down, and when Read's turn and shot was blocked by Ola Williams at the near post, a clean sheet seemed almost inevitable.

At the other end, Wingate & Finchley were still probing, and when Claudio Viclu's cross was met in the middle by Obafemi's wonderful volley, Hughes pulled off a great reaction save to deny a third goal.

Beckles-Richards then burst down the right before letting fly another shot, but once again Hughes was equal to the effort with another good save.

Harlow weren't able to sustain their early dominance, and with their attacking threat fading as the game went on, they were running out of time.

Substitute Tommie Fagg had a strong appeal for a penalty with four minutes remaining.



Harlow Town's Alex Read in action  
Photo: ALISON JENKINS

## Harlow club members set a host of best times

FOUR Harlow Running Club members participated in events at Victoria Park over the weekend.

At the half marathon, Kerry Mavris finished in 295th place out of 578 finishers and first female Vet 45 in 1hr 50min 06sec, and Laura Prime was 344th in a personal best time for the distance of 1.53:36.

At the 10k event, Craig Segal was sixth out of 461 finishers in an excellent PB of 37:33, and Julie Bradbury came home 391st in 1.03:02, also a PB.

Meanwhile, at the Harlow parkrun Danny McCree was victorious out of 171 finishers in a superb 20:28.

He was followed by Martin Westley second in 20:48, Martyn Coulter fourth in 21:03.

Catherine Ridge tenth and second female in 22:56, Paul Dixon 21st in 24:31, John Bull 25th in 24:39, Jim Bates 44th and first Vet 70 in 25:57, Andy Smith 46th in 26:08, Terry Ridge 47th in 26:04, Martin Elven 53rd in 26:40, Louise Kedge 54th in 26:53.

Alan Cootes 58th and first Vet 65 in 27:15, Debbie Barry 69th and first Female Vet 55 in 28:19, Saira Muschamp 74th in 28:51, Jane Evans 79th in 29:30, Austin Nyamande 95th in 30:29, Andy Kitson 98th in 30:35, Alan Wellbelove 109th in 32:53, Liz Roberts 126th in 35:21, Louise Cootes 138th in 36:40, Louise Peacock 144th in 37:32 and Sara Coombe 167th in 49:04.

### Hackney

At the Bishop's Stortford parkrun, Rich Hynes finished in fourth place out of 297 finishers in 19:24 and Peter Mills was 209th and third Vet 70 in 31:30.

At Hackney Marshes parkrun, Ryan Smith finished in 35th place out of 332 finishers in 20:08, while at the Burnham-on-Crouch parkrun Mark Hayward finished third out of 102 finishers in 22:10.

Graham Saville was 53rd out of 372 finishers and second Vet 60 in 23:28 at the Stevenage parkrun, while Spencer Brooks was 54th in 23:29.

At the Ware parkrun, Sean Flynn finished 12th out of 59 finishers in 24:47, and the Hertford parkrun saw David Page come home in 134th place out of 329 finishers in 27:47, and Janice Page was 209th in 31:16.

Further afield, at the Liverpool parkrun, Pushpa Mistry finished in 255th place out of 408 finishers in 30:13.

At Elstree, Brenda Clayton finished 55th place out of 118 finishers and was first female Vet 70 in 30:43.

The Brandon parkrun near Thetford saw Terry Pike cross the finish line in 105th place out of 169 runners in 30:50.

Finally, at the Edinburgh parkrun, Daniel Jephcott finished in 518th place out of 604 finishers in 32:53 and Jamie Jephcott was 519th in 32:54.

## Farmer named as Town's skipper for new season

DANIEL FARMER has been appointed as Harlow Town Cricket Club's new captain.

Town were looking for a new skipper with Scott Alderson stepping down from the role after a successful 2017 season for the first XI, which finished in promotion to Shepherd Neame Essex League Division Two.

Farmer, 24, will now take responsibility for leading the team into a new campaign.

He has been an ever present member of the first team for the past six seasons and has

developed himself into a key all-rounder for the side.

"Having been with the club since the age of 14, it is a great honour to have now become club captain," said Farmer.

"Thanks to Scott for guiding us to promotion last season, and I hope I can build on this achievement.

"Division Two looks to be a very competitive league which we have found out in previous seasons, and this will be a good challenge for us – one of which we are all looking forward to"

The 2018 campaign will also see Town play local rivals Harlow.

This will be the first time in several decades where both first XIs will meet in a competitive league fixture.

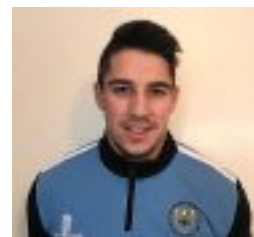
"I think that it's great for the town to see both sides play each other, and hopefully it will provide some great cricket," said Farmer.

His first competitive match in charge will be away in the League Cup to South Woodford on Saturday April 8.

Alderson was confirmed as second XI captain, Vic Goddard as third XI and Marko Jergic as fourth XI with the fourths being entered in to the Herts & Essex Cricket League for the new season.

Daniel Gleeson will take up the role as captain of the Sunday XI.

Chairman Lee Richardson added: "I'm very excited for the new season. We have a fantastic set of new captains ready to lead their teams through what I'm sure will be an excellent season."



New Harlow Town Cricket Club first XI skipper Daniel Farmer